

# Measurements of polarimetric sensitivity to hydrostatic pressure, strain and temperature in birefringent dual-core microstructured polymer fiber

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**Abstract:** We experimentally characterized a birefringent microstructured polymer fiber of specific construction, which allows for single mode propagation in two cores separated by a pair of large holes. The fiber exhibits high birefringence in each of the cores as well as relatively weak coupling between the cores. Spectral dependence of the group and the phase modal birefringence was measured using an interferometric method. We have also measured the sensing characteristics of the fiber such as polarimetric sensitivity to hydrostatic pressure, strain and temperature. Moreover, we have studied the effect of hydrostatic pressure and strain on coupling between the cores.

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## 1. Introduction

Photonic crystal fibers (PCFs) made of silica have been the subject of extensive research for over a decade [1]. It has been already demonstrated that silica PCFs can be used in numerous applications such as the generation of supercontinuum, compensation of chromatic dispersion, improvement in efficiency of fiber-optic lasers, and many others. There is also an increasing interest concerning metrological applications of silica PCFs [2–6], involving interferometric and polarimetric sensors of different physical parameters as well as evanescent field sensors for monitoring specific chemical compounds in gases and liquids [3,5].

In the last few years, interest in sensing applications of conventional polymer optical fibers (POFs) significantly increased. It is driven by the fact that POF possesses several advantages compared to silica fiber. In particular, POF is biocompatible, offers greater numerical aperture, more flexibility (lower Young's modulus) and can be exposed to much greater strain compared to silica. For these reasons, conventional POF has been already studied in numerous sensing applications including measurements of large strains [7–9], humidity [10], and pH [11]. The inscription of Bragg gratings in POF, first demonstrated in [12], opens now new sensing possibilities [13,14].

In the last decade the fabrication technology of microstructured polymer optical fibers (mPOFs) was mastered by several groups and mPOF of many different types has been reported in the literature. This new class of fibers combines the interesting physical and chemical properties of PMMA with the wide engineering freedom of microstructured fibers. The first single mode mPOF of hexagonal symmetry was demonstrated in [15]. As mPOF

fabrication is based on preform drilling it assures more flexibility in shaping fiber geometry than the stack and draw approach. Fibers with symmetry other than hexagonal can be fabricated [16], including structures with concentric rings of holes [17], dual core mPOF [18,19], elliptical core mPOF [20], mPOF with elliptical holes in the cladding [21] and hollow core mPOF [22]. The possibility of fabrication of Bragg gratings and long period gratings in mPOF was also demonstrated and several sensing applications of such elements have been already studied [23,24].

To our knowledge, so far there are no reports in the literature on the sensing characteristics of birefringent mPOF. In this paper, we present the results of investigations of a highly birefringent dual-core mPOF and report on the polarimetric and intermodal sensitivity of this fiber to hydrostatic pressure, strain and temperature.

## 2. Investigated mPOF

The investigated mPOF was purchased from Kiriama Pty Ltd. of Sydney, Australia. A SEM image of the fiber cross-section is shown in Fig. 1. In the microstructured region of this fiber there are two very large holes and a tiny bridge of PMMA between them. This bridge is so narrow that it does not permit light propagation. As a result, the modes are localized at both ends of the bridge where its thickness is greater. The diameter of small holes in the microstructured cladding vary in the fiber cross section in the range of 2-6  $\mu\text{m}$ , the large holes have elliptical shape with axes measuring  $14 \times 17.5 \mu\text{m}$  and the separation of the cores' centers is about  $11 \mu\text{m}$ . Both cores are single mode and possess high birefringence induced by lack of hexagonal symmetry in their surroundings. Numerical simulations show that higher order modes are strongly attenuated. The calculated loss for the first higher order mode is greater than 2 dB/cm. In the measurements no higher order modes were observed for propagation lengths longer than 20cm.

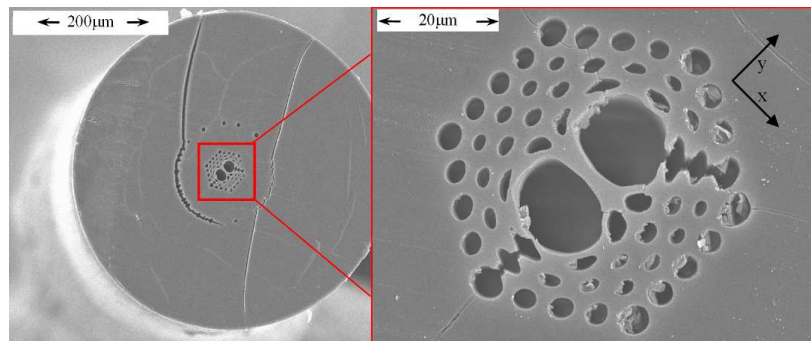


Fig. 1. SEM image of the investigated mPOF.

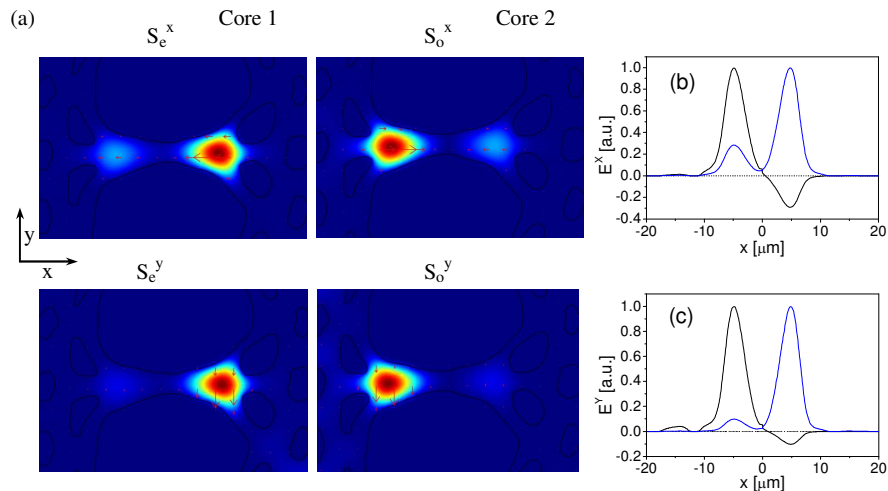


Fig. 2. Normalized maps of electric field distributions in all supermodes supported by the fiber (a) and cross-sections of field distributions in respective supermodes (b-c),  $\lambda = 560$  nm.

Because of the short distance between the cores a coupling effect is observed. In such a case, light is guided in the form of orthogonally polarized even and odd supermodes spreading simultaneously over both cores. This effect was investigated previously in silica microstructured fibers [18,19,25]. In Fig. 2, we show the calculated amplitude distribution in quasi-symmetrical and quasi-antisymmetrical supermodes of orthogonal polarizations (respectively  $S_e^x$ ,  $S_e^y$ ,  $S_o^x$ ,  $S_o^y$ ) that can propagate in the investigated fiber. The amplitude distributions were calculated using finite element method (FEM), with the geometry of the fiber cross section obtained from the SEM image. The results of numerical simulations suggest that a relatively small fraction of the supermode power is confined in the non-excited core.

When a light beam is focused by a microscope objective on one core only, both quasi-symmetrical and quasi-antisymmetrical supermodes are excited at the fiber input. They propagate along the fiber with different velocities thus giving rise to energy transfer between the cores. The coupling strength is determined by the power division between the cores in the supermodes. When the power of the supermode is confined mostly in one core, the effect of coupling is weak. More equal distribution of power between the cores results in stronger coupling.

The coupling effect is clearly visible in the investigated fiber. In Fig. 3, we present spectrograms obtained by collecting the light from the excited core on the slit of a miniature spectrometer. The spectrograms were registered for x- and y-polarization of light at the fiber input. The contrast of interference fringes in the registered spectrogram is about 0.6, which corresponds to power division between dominant and weak supermodes in the ratio of about 90:10. Certain variations in contrast of a random character present in the registered spectrograms are caused by unwanted coupling between the supermodes guided in the fiber cores and the cladding modes originating in the microstructured region because of its lack of periodicity. The spacing between successive interference fringes is lower for the y-polarization, thus showing that the difference of group refractive indices for y-polarized supermodes is greater than for x-polarized supermodes. The estimated power division between the supermodes confined in the excited core, leads to the conclusion that relatively weak coupling takes place in the investigated fiber. This is also in agreement with the results of numerical simulations obtained for the actual fiber geometry, Fig. 2.

Finally, we have observed a very high impact of the fiber bending on the coupling effect. Therefore, in all measurements reported in this paper, care was taken not to bend the fiber when the applied measurand was changed. In particular, the spectrograms shown in Fig. 3 were registered for straight fiber.

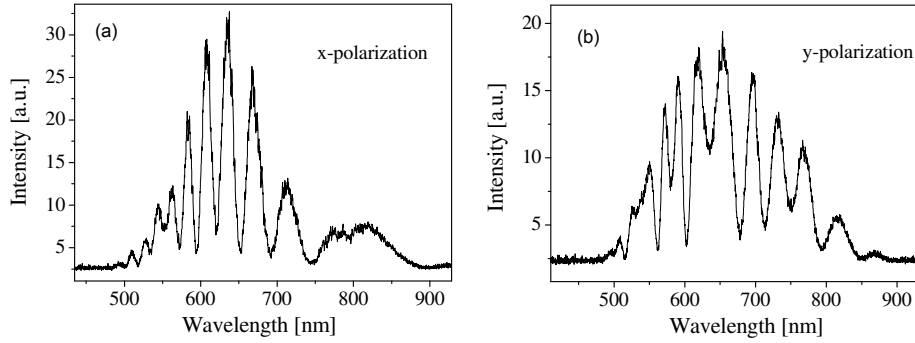


Fig. 3. Spectrograms registered at the output of the core 1 arising because of interference between the supermodes  $S_e^x, S_o^x$  (a) and  $S_e^y, S_o^y$  (b). The spectrograms were registered for straight fiber of length  $L = 0.362$  m, core 1 was excited at the fiber input with x- and y-polarized light, respectively.

### 3. Measurements of phase and group modal birefringence

Measurements of group modal birefringence and polarimetric sensitivities were carried out individually in both cores using a spectral interferometric method [4]. The measurement setup consisted of a broad band light source (supercontinuum), polarizer and analyzer placed at the ends of the tested fiber and aligned at  $45^\circ$  to its polarization axes, see Fig. 4. Such alignment causes pairs of orthogonally polarized supermodes to be excited in the fiber which interfere at its output after passing through the analyzer. A microscope objective formed a sharp image of the fiber end-face on the entrance slit of the spectrometer. In this way, we could register spectral interference fringes individually for each core. Due to interference between polarization supermodes of the same symmetry, the outgoing spectrum is modulated by high frequency interference fringes superimposed on low frequency fringes caused by intermodal interference of supermodes of the same polarization, Fig. 5. When the light polarized at  $45^\circ$  to the fiber symmetry axis is focused on core 1, we excite the dominant pair of supermodes  $S_e^x, S_e^y$  confined mostly in this core and also weaker supermodes  $S_o^x, S_o^y$  confined predominantly in core 2. As a result, the polarization interference fringes observed in core 1 are related to the interference of the dominating supermodes  $S_e^x, S_e^y$ . They have a very good contrast, which is only slightly perturbed by interference between the odd supermodes  $S_o^x, S_o^y$  mostly confined in the core 2 or by coupling to the cladding modes, see Fig. 5.

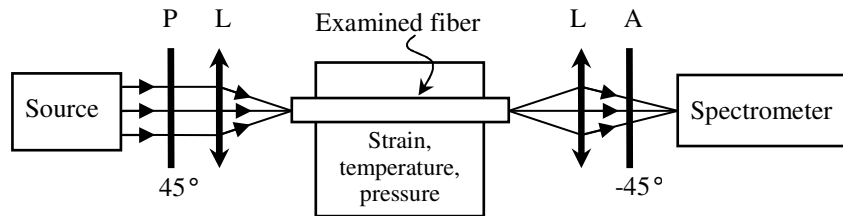


Fig. 4. Setup for measurements of birefringence and polarimetric sensitivity to different measurands in each core individually, P-polarizer, A-analyzer, L-microscope objective.

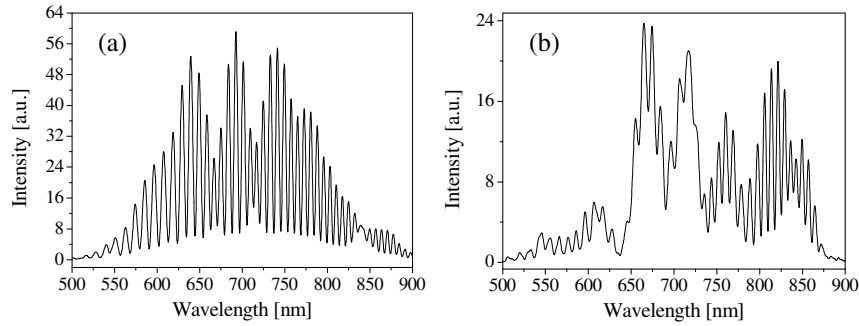


Fig. 5. Spectral fringes arising due to interference of orthogonally polarized supermodes at the output of core 1 (a) and core 2 (b) when core 1 is excited. The spectrograms were registered for straight fiber of length  $L = 0.258$  m.

When the image of core 2 is focused on the entrance slit of the spectrometer, much more noisy interference fringes are observed. Clearly visible contrast fading of the polarization interference fringes in core 2 is related to the superposition of two interference signals (having slightly different spatial frequency) produced by pairs of polarization supermodes  $S_c^x$ ,  $S_c^y$  and  $S_o^x$ ,  $S_o^y$ , which in the non excited core have similar amplitudes. An analogous effect is observed when core 2 is purely excited at the fiber input. In this case, dominating  $S_o^x$ ,  $S_o^y$  supermodes contributes mostly to the interference signal collected at the output of core 2. These observations lead us to the conclusion that because of the relatively weak coupling effect, we can measure birefringence and sensitivity in each core individually. In particular, to measure birefringence in core 1, we must purely excite and detect the interference signal at the output of this core. A similar procedure was applied to measure birefringence and sensitivity in core 2.

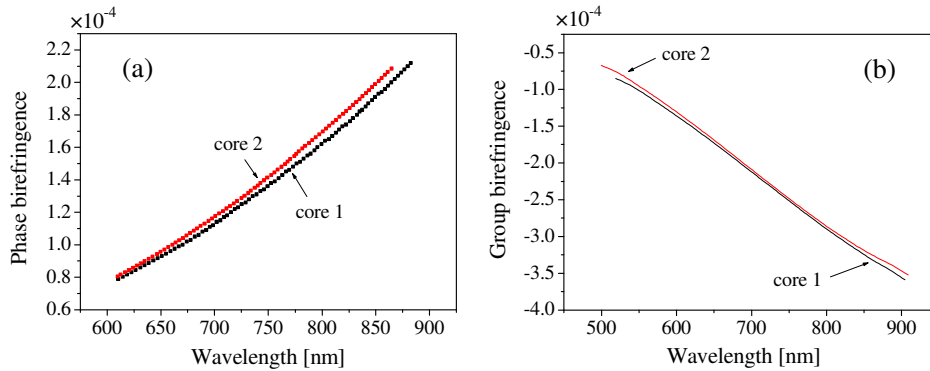


Fig. 6. Results of measurements of phase modal birefringence (a) and group modal birefringence (b) in the two cores.

To determine the spectral dependence of the phase modal birefringence  $B$  from the registered spectrograms, we first measured, using the lateral force method [26], the beat length defined as:

$$L_B = \lambda / B. \quad (1)$$

The obtained values at  $\lambda = 610$  nm were 7.75 mm and 7.61 mm, respectively, for the first and the second core. Using Eq. (1), we calculated the phase modal birefringence  $B$  at  $\lambda = 610$  nm and the absolute value of the phase shift between polarization modes at this wavelength.

When the absolute interference order is known at one wavelength, it is possible to determine the phase shift at each intensity extreme in the registered spectrograms and finally to calculate the spectral dependence of the phase modal birefringence using the following relation:

$$B(\lambda) = \frac{\Delta\phi(\lambda)\lambda}{2\pi L}. \quad (2)$$

The group modal birefringence was determined for both cores from the following relation:

$$G(\lambda) = -\frac{\lambda^2}{2\pi L} \frac{d(\Delta\phi(\lambda))}{d\lambda}. \quad (3)$$

To carry out the differentiation in the above equation, the dependence  $\Delta\phi(\lambda)$  was approximated with a 6th degree polynomial. The results of measurements of B and G are presented in Fig. 6. Birefringence in both cores strongly increases with wavelength and significantly exceeds  $10^{-4}$  in the visible range. This is a typical behavior of B and G for microstructured fibers with purely geometrical birefringence. Because both cores have similar shapes and sizes, the measured values of B and G differ only a little between the cores (a maximum of 10%).

#### 4. Measurements of the polarimetric sensitivity to hydrostatic pressure, strain and temperature

The polarimetric sensitivity of the fiber to a specific parameter, X, represents the phase difference between polarization modes induced by unit change of the parameter over unit length of the fiber and can be expressed in the following way:

$$K_x = \frac{1}{L_x} \frac{d(\phi_x - \phi_y)}{dX} = \frac{2\pi}{\lambda} \left[ \frac{\partial B}{\partial X} + \frac{B}{L_x} \frac{\partial L_x}{\partial X} \right]. \quad (4)$$

An interferometric system used to measure the sensitivity to hydrostatic pressure and elongation is shown in Fig. 4. A microscope objective formed a sharp image of the fiber endface on the entrance slit of the spectrometer. In this way, we could register spectral interference fringes for different values of applied measurand individually for each core thus making it possible to measure the polarimetric sensitivity for each core. To measure sensitivity in core 1, we introduced into this core a light beam polarized at  $45^\circ$  to the fiber symmetry axes and monitored the spectral interference signal at the output of this core. For such excitations  $S_e^x$ ,  $S_e^y$  supermodes contribute primarily to the interference signal. A similar procedure was applied to measure the sensitivity in core 2, in which the supermodes  $S_o^x$ ,  $S_o^y$  are predominantly confined. By aligning the input polarizer in parallel to one of the fiber symmetry axes, we could also selectively excite the supermodes of the same polarization and measure the intermodal phase sensitivity named by  $K_x^{\text{int-x}}$  and  $K_x^{\text{int-y}}$ , respectively for pairs of supermodes of x- and y-polarization.

To determine the  $K_x$ , the shift of spectral interference fringes was recorded as a function of applied measurand, Fig. 7. By registering the displacement of interference minima  $\lambda_{\min}(X)$  versus measurand change, we determined the polarimetric sensitivity from the following relation:

$$K_x = -\frac{2\pi}{L_x} \frac{d}{dX} \left( \frac{\lambda_{\min}(X)}{\Delta\lambda} \right), \quad (5)$$

where  $\Delta\lambda$  is the fringe spacing and  $L_x$  is the length of the fiber exposed to measurand change. One should note that displacement of the interference fringes towards shorter wavelength induced by increasing measurand corresponds to a positive sign of  $K_x$ .

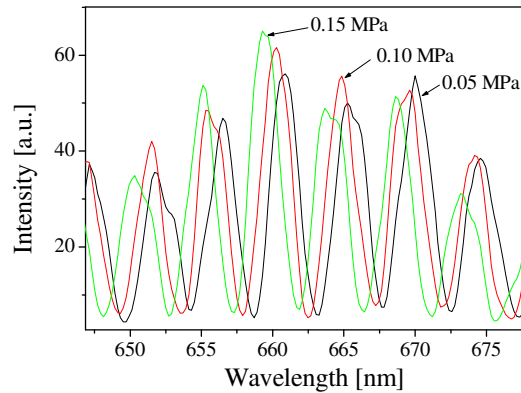


Fig. 7. Displacement of spectral interference fringes induced by increasing hydrostatic pressure. Length of the fiber exposed to pressure changes is  $L_P = 0.362$  m, total fiber length is  $L = 0.66$  m, spectrogram registered for core 1.

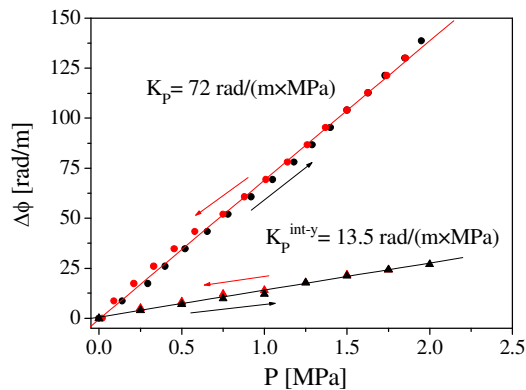


Fig. 8. Phase shift between polarization supermodes ( $K_P$ ) and supermodes of  $y$ -polarization ( $K_P^{\text{int-}y}$ ) induced by increasing and decreasing hydrostatic pressure. Measurements were carried out for core 1,  $\lambda = 710$  nm. Length of the fiber exposed to pressure changes is  $L_P = 0.362$  m, total fiber length is  $L = 0.66$  m.

In measurements of the pressure sensitivity, the tested fiber was installed in a specially designed oil chamber and subjected to pressure changes in the range from 0 to 2 MPa. The results of measurements of the polarimetric sensitivity  $K_P$  in core 1 are presented in Fig. 8. The fiber shows a repeatable response to hydrostatic pressure with small hysteresis in the investigated pressure range up to 2 MPa (20 bars) and relatively high polarimetric sensitivity up to  $K_P = 72$  rad/(MPa  $\times$  m) at  $\lambda = 710$  nm. The polarimetric sensitivity measured for core 2 is only 5% greater than that of core 1. In Fig. 8, we also present the effect of hydrostatic pressure on the interference of the supermodes of  $y$ -polarization. An increase of the phase shift between the supermodes is observed in response to applied pressure, with the rate of about  $K_P^{\text{int-}y} = 13.5$  rad/(MPa  $\times$  m). The value of  $K_P^{\text{int-}x}$  is the same within the measurement precision of about 3%.

The measured polarimetric sensitivity  $K_P$  has a positive sign, which means that birefringence increases in response to applied pressure. In the case of hydrostatic pressure, the last term in Eq. (4), representing the pressure-induced fiber elongation is small and therefore it



can be disregarded. Based on this assumption, we determined the sensitivity of the phase modal birefringence to pressure from the following relation:

$$\frac{dB}{dp} = \frac{\lambda K_x}{2\pi}. \quad (6)$$

As shown in Fig. 9, the sensitivity  $dB/dp$  is almost wavelength independent, while  $K_p$  strongly decreases against wavelength following a  $1/\lambda$  function. The measurement results were compared with numerical simulations of the polarimetric sensitivity to pressure carried out in the same way as done recently for microstructured silica fiber [27]. According to this analysis, as is the case in silica fibers, the sensitivity  $dB/dp$  in mPOF is mostly associated with the material birefringence induced in the core region by applied pressure. This explains the weak wavelength dependence of  $dB/dp$  both in silica and polymer microstructured fibers. As reported in our earlier publication [27], the  $K_p$  in silica PCFs has a negative sign, however its absolute value is close to the sensitivity of the investigated mPOF. For example, the  $K_p$  reported in [27,28] for the birefringent microstructured silica fibers ranges from  $-14.8$  rad/MPa  $\times$  m up to  $-100$  rad/MPa  $\times$  m (at 830 nm) depending on the fiber construction. The different signs of  $K_p$  in silica and PMMA microstructured fibers is related to different signs of the stress-optic coefficients in these two materials, which are equal to  $\Delta C_{SiO_2} = 3.52 \times 10^{-12}$  Pa $^{-1}$  [29] and  $\Delta C_{PMMA} = -2.31 \times 10^{-12}$  Pa $^{-1}$  [30], respectively.

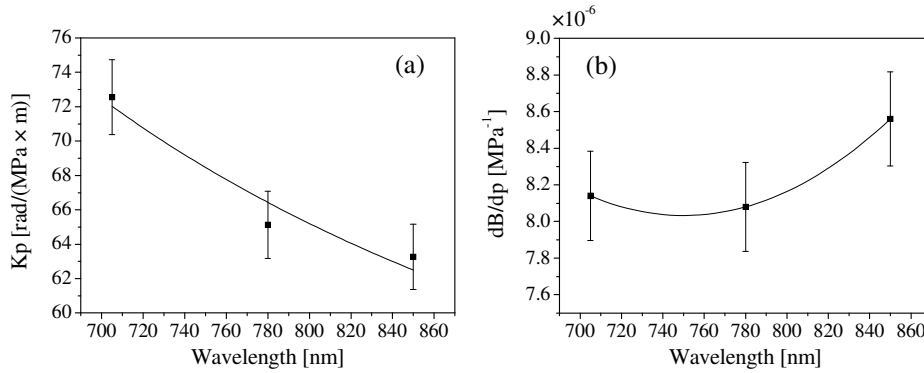


Fig. 9. Spectral dependence of the polarimetric sensitivity to hydrostatic pressure  $K_p$  (a) and sensitivity of modal birefringence to hydrostatic pressure  $dB/dp$  (b)

To measure sensitivity to strain, a fiber of length  $L_e = 0.662$  m was attached with epoxy glue to two mechanical stages and stretched up to 8 mstrain. The measurements were conducted in the same way as for hydrostatic pressure. The interference fringes clearly shift towards short wavelengths for increasing strain, which indicates that the sensitivity  $K_e$  has a positive sign. The results of measurements of  $K_e$  at  $\lambda = 710$  nm are presented in Fig. 10.

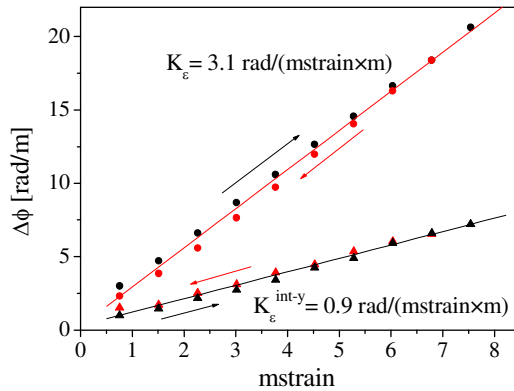


Fig. 10. Phase shift between polarization supermodes ( $K_\epsilon$ ) and supermodes of y-polarization ( $K_\epsilon^{\text{int-y}}$ ) induced by increasing and decreasing strain,  $\lambda = 710$  nm. Length of the fiber subjected to elongation is  $L_{\text{strain}} = 0.662$  m, total fiber length is  $L = 0.78$  m, measurement carried out for core 1.

The investigated fiber shows repeatable response to elongation with small hysteresis and medium polarimetric sensitivity  $K_\epsilon = 3.1$  rad/(mstrain  $\times$  m). The sensitivity in core 2 is only about 4% greater than in core 1. In Fig. 10, we also show the effect of strain on interference of the supermodes of y-polarization propagating in the two cores. The phase shift between the supermodes changes linearly against applied strain with the rate of about  $K_\epsilon^{\text{int-y}} = 0.9$  rad/(mstrain  $\times$  m). The value of  $K_\epsilon^{\text{int-x}}$  is only about 3% lower than  $K_\epsilon^{\text{int-y}}$ .

The strain sensitivity of the investigated PMMA fiber  $K_\epsilon = 3.1$  rad/(m  $\times$  mstrain) is small compared to conventional birefringent silica fibers such as Bow-Tie ( $K_\epsilon = 18$  rad/m  $\times$  mstrain) or elliptical core fiber ( $K_\epsilon = -5$  rad/m  $\times$  m $\epsilon$ ) [31,32]. It is worth mentioning that the measured sensitivity  $K_\epsilon$  is almost the same as the sensitivity of the birefringent microstructured silica fiber reported in [4] ( $K_\epsilon = -2.8$  rad/m  $\times$  m $\epsilon$ ) except that the signs of  $K_\epsilon$  in the PMMA and silica fibers are opposite.

There are three physical factors responsible for the strain-induced phase shift between the polarization modes in the investigated fiber. The first one is related to fiber elongation and is represented by the second term in Eq. (4). Its contribution to  $K_\epsilon$  always has a positive sign. The second effect is connected to diminishing the fiber radial dimensions with the rate of  $\nu\epsilon$ , where  $\nu$  is Poisson's ratio and  $\epsilon$  is the applied strain, which in case of microstructured fibers results in an increase of the phase modal birefringence. Because of significant difference between the Poisson ratio of silica and PMMA,  $\nu_{\text{SiO}_2} = 0.16$  [29] and  $\nu_{\text{PMMA}} = 0.35$  [30], the strain-induced increase in modal birefringence is much greater in PMMA microstructured fibers than in silica fibers of the same geometry. Finally, the refractive index of PMMA is diminished due to elongation, which can increase or decrease its modal birefringence, depending on the fiber geometry. It is difficult to intuitively evaluate the simultaneous impact of those three effects on polarimetric sensitivity to strain and, therefore, more detailed theoretical analysis is required to explain the different signs of  $K_\epsilon$  in PMMA and silica fibers.

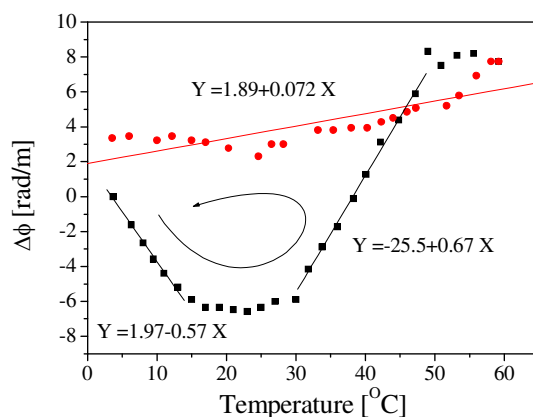


Fig. 11. Phase shift between polarization supermodes induced by increasing and decreasing temperature measured for annealed fiber at  $\lambda = 710$  nm. The length of the fiber subjected to temperature changes is  $L_T = 0.22$  m, total fiber length is  $L = 0.78$  m, measurement carried out for core 1.

Measurement of the polarimetric sensitivity to temperature was conducted for several pieces of the investigated fiber in the temperature range of 3–60°C. Depending on the thermal history of the specific piece of the fiber, we observed very different polarimetric responses to temperature, typically with high nonlinearity and hysteresis. The fiber sensitivity  $K_T$  averaged over the full temperature span changes from  $-1$  rad/K  $\times$  m to  $1$  rad/K  $\times$  m depending on the temperature cycle. The origin of such high differences in  $K_T$  between successive temperature cycles is not clear. Perhaps they are caused by release of frozen-in stress at increased temperatures. In Fig. 11, we present the temperature response of a fiber that was annealed for 20 h at a temperature of 100°C. We observed that annealing improves repeatability and decreases the amplitude of the temperature response, however, nonlinearity and hysteresis is still observed. For annealed fiber the local temperature coefficients change from  $-0.6$  rad/K  $\times$  m to  $0.7$  rad/K  $\times$  m.

## 5. Conclusions

To our knowledge, we report for the first time on the sensing characteristics of highly birefringent microstructured polymer fiber. The investigated fiber possesses two cores, with high birefringence in each core exceeding  $10^{-4}$  in the visible range and shows a spectral dependence of B and G typical for geometrical birefringence. Because of small coupling between the cores, we could characterize each core individually. Small differences between the cores (of the order of a few %) were observed for all investigated parameters, including phase and group modal birefringence as well as polarimetric sensitivities. This is related to the relatively high symmetry of the investigated fibers, as a result of the cores having similar shapes and sizes.

Two large holes in the microstructured region of the investigated fiber are responsible for its high polarimetric sensitivity to hydrostatic pressure, reaching  $K_P = 72$  rad/(MPa  $\times$  m) at  $\lambda = 710$  nm. Moreover, the response to pressure is linear and shows small hysteresis in the investigated pressure range of 20 bars. The difference in sign of  $K_P$  in the investigated fiber and in silica microstructured fibers of similar geometry is related to the different signs of the stress-optic coefficients in the two materials.

The fiber shows repeatable response to strain with small hysteresis in the strain range up to 8 mstrain. The measured polarimetric sensitivity  $K_\epsilon = 3.1$  rad/(mstrain  $\times$  m) at  $\lambda = 710$  nm in the investigated fiber is similar in absolute value but different in sign compared to silica microstructured fibers of the same geometry [4]. This is most probably caused by the much

greater Poisson's ratio of PMMA compared to silica. Finally, we have also measured the intermodal phase sensitivity to hydrostatic pressure and strain. These parameters are much lower than corresponding polarimetric sensitivities and equal  $K_p^{\text{int}} = 13.5 \text{ rad}/(\text{MPa} \times \text{m})$  and  $K_\varepsilon^{\text{int}} = 0.9 \text{ rad}/(\text{mstrain} \times \text{m})$ .

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