

Anwer et al., (2024) Evaluation of data processing and artifact removal approaches used for physiological signals captured using wearable sensing devices during construction tasks: A State-of-the-Art Review. Journal of Construction Engineering and Management. (**Accepted**)

1 Title

2 **Evaluation of data processing and artifact removal approaches used for physiological**  
3 **signals captured using wearable sensing devices during construction tasks: A State-of-the-**  
4 **Art Review**

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29 **Abstract**

30 Wearable sensing devices (WSDs) have enormous promise for monitoring construction worker  
31 safety. They can track workers and send safety-related information in real-time, allowing for  
32 more effective and preventative decision-making. WSDs are particularly useful on construction  
33 sites since they can track workers' health, safety, and activity levels, among other metrics that  
34 could help optimize their daily tasks. WSDs may also assist workers in recognizing health-related  
35 safety risks (such as physical fatigue) and taking appropriate action to mitigate them. The data  
36 produced by these WSDs, however, is highly noisy and contaminated with artifacts that could  
37 have been introduced by the surroundings, the experimental apparatus, or the subject's  
38 physiological state. These artifacts are very strong and frequently found during field experiments.  
39 So, when there is a lot of artifacts, the signal quality drops. Recently, artifacts removal has been  
40 greatly enhanced by developments in signal processing, which has vastly enhanced the  
41 performance. Thus, the proposed review aimed to provide an in-depth analysis of the approaches  
42 currently used to analyze data and remove artifacts from physiological signals obtained via  
43 WSDs during construction-related tasks. First, this study provides an overview of the  
44 physiological signals that are likely to be recorded from construction workers to monitor their  
45 health and safety. Second, this review identifies the most prevalent artifacts that have the most  
46 detrimental effect on the utility of the signals. Third, a comprehensive review of existing artifact-  
47 removal approaches were presented. Fourth, each identified artifact detection and removal  
48 approaches was analyzed for its strengths and weaknesses. Finally, in conclusion, this review  
49 provides a few suggestions for future research for improving the quality of captured physiological  
50 signals for monitoring the health and safety of construction workers using artifact removal  
51 approaches.

52 **Keywords:** Artifact Eradication; Construction Health; Construction Safety; Digital Construction;  
53 Noise Removal; Physiological Signals; Sensing Devices

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## 58 **1. INTRODUCTION**

59 Wearable sensing devices (WSDs) provide a great deal of potential for improving the safety of  
60 construction workers. They can monitor workers and transmit information concerning safety  
61 concerns in real time, which enables decision-making that is both more effective and more  
62 preemptive (Awolusi et al., 2018). WSDs are especially helpful on construction sites since they  
63 can monitor workers' health and safety as well as their activity levels, in addition to tracking a  
64 variety of other variables that could assist workers in optimizing their daily activities (Nath et al.,  
65 2018). WSDs may also aid workers in recognizing health-related safety hazards (such as physical  
66 fatigue) and implementing proper measures to mitigate those risks when required (Nnaji et al.,  
67 2021). However, the data that is produced by these WSDs is extremely noisy and cluttered with  
68 artifacts. These artifacts could have been introduced into the data by the subject's physiological  
69 state, the experimental apparatus, or the surroundings (Mayeli et al., 2021). These artifacts have  
70 a high degree of durability and are commonly discovered during field research. The quality of  
71 the signal will suffer whenever there are a significant number of artifacts.

72 Monitoring health and safety using wearables is now within reach (Antwi-Afari et al., 2021,  
73 2022, 2023; Anwer et al., 2021a, 2021b, 2022; Ahn et al., 2019; Lee et al., 2017), but before this  
74 can be effectively implemented, continuous data collection from construction workers at  
75 construction sites and data analysis in real-time face several challenges (Ahn et al., 2019; Anwer

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76 et al., 2021b). Specifically, there is a lack of well-established technologies that can be used to  
77 identify how to evaluate the data quality of wearable signals as a basis for data selection at this  
78 stage. In construction studies that make use of wearables, one factor that is usually underreported,  
79 particularly in quantitative terms, is the quality of the raw data that is gathered by the wearable  
80 devices (Ahn et al., 2019; Anwer et al., 2021b). In addition, the quality of the data can be  
81 portrayed in a variety of different ways, and the measurements of data quality may vary  
82 depending on the objectives of the associated research and project (Bangaru et al., 2020; Pal et  
83 al., 2019; Kleckner et al., 2017; Villeneuve et al., 2016). In addition, the quality of the data is a  
84 crucial factor in determining the integrity and validity of the information (Bent et al., 2020;  
85 Goldsack et al., 2020; Munos et al., 2016). Monitoring physiological signals, in comparison to  
86 monitoring many other signals, calls for a high temporal resolution. This is because physiological  
87 signals, such as heart rate, might be as brief as a few seconds (Ghosh et al., 2015; Masood &  
88 Alghamdi, 2019; Niu et al., 2019). For this purpose, having knowledge of the artifacts and  
89 techniques used to evaluate data quality and generate data reliability ratings is essential for  
90 subsequent analysis and, consequently, for the reliability of the results (Böttcher et al., 2022;  
91 Bangaru et al., 2020). It is possible for artifacts to be unique to a single modality or to occur  
92 simultaneously across several different modalities (Nathan & Jafari, 2017; Chen et al., 2021).  
93 Because of this, it is important to take each modality into consideration, both singly and in  
94 combination, when evaluating the quality of the data.

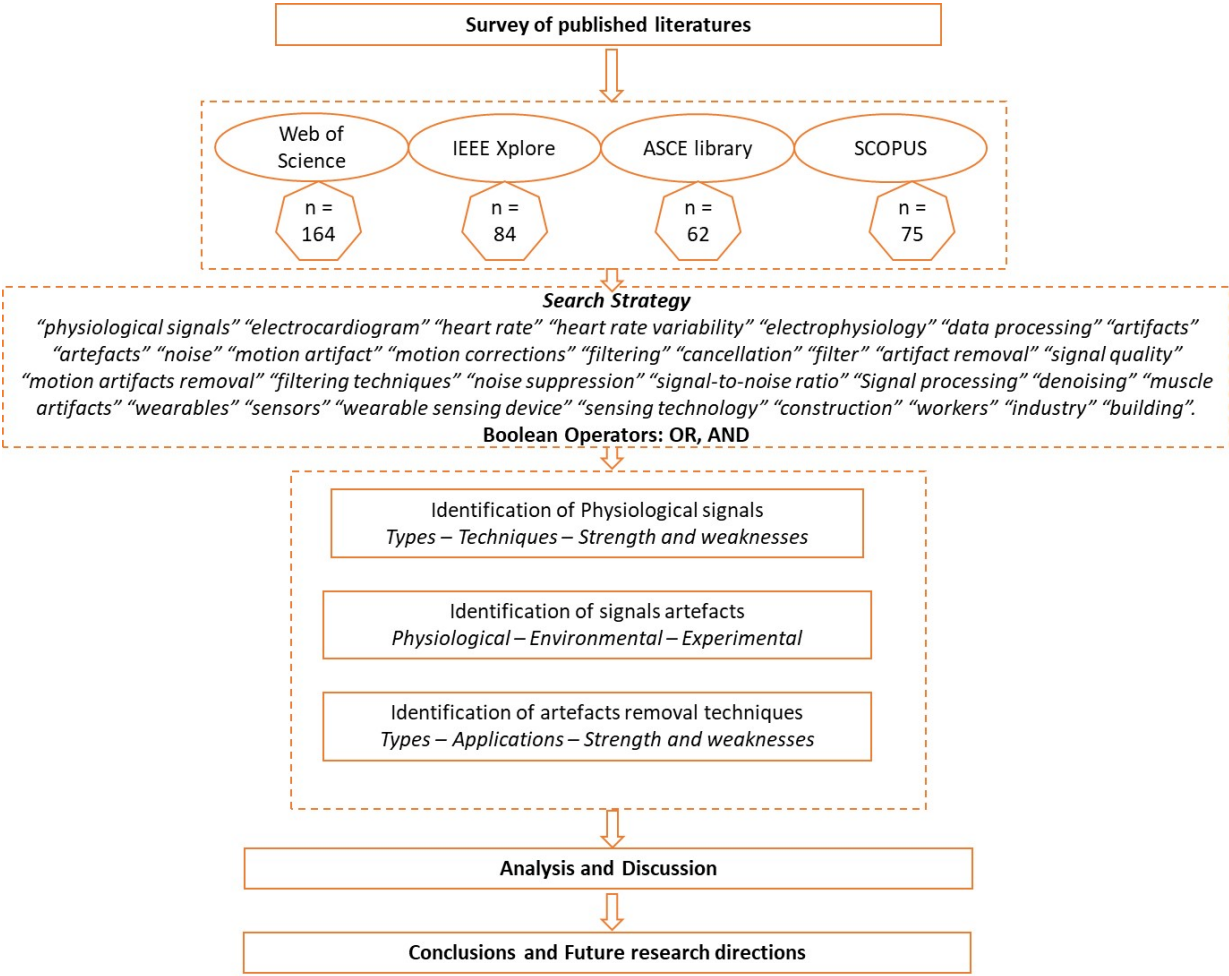
95 The performance of artifact removal has recently been considerably improved due to recent  
96 advancements in signal processing, which have also greatly improved overall performance (Islam

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97 et al., 2016; Urigüen & Garcia-Zapirain, 2015; Sweeney et al., 2012). Therefore, the purpose of  
98 the proposed state-of-the-art review was to give an in-depth evaluation of the approaches that are  
99 currently utilized to evaluate data and remove artifacts from physiological measurements  
100 obtained by WSDs while performing tasks associated with construction. To begin, this paper  
101 offers a summary of the physiological signals that are likely to be recorded from construction  
102 workers in order to keep an eye on their well-being and ensure their safety. Second, this study  
103 indicates the types of artifacts that are the most common and that have the most deleterious effects  
104 on the quality of the signals. Third, a detailed analysis of the various artifact removal approaches  
105 currently in use was provided for consideration. Fourth, each artifact identification and removal  
106 approach that had been identified was evaluated in light of the construction industry to determine  
107 its pros and cons. In conclusion, this review presents a few suggestions for future research to  
108 improve the quality of collected physiological signals utilizing artifact removal approaches for  
109 the purpose of monitoring the health and safety of construction workers.

## 110 **2. RESEARCH METHODOLOGY**

111 The study approach can be divided into three primary stages, as outlined in **Figure 1**. The first  
112 step is to conduct a literature survey of previous published studies in the four electronic databases  
113 (e.g., Web of Science, IEEE Explorer, ASCE Library, and Scopus). These electronic databases  
114 were searched using a combination of keywords and their derivatives as follow: “Physiological  
115 signals” OR electrocardiogram OR “Heart rate” OR “Heart rate variability” OR  
116 Electrophysiology OR “data processing” AND artifacts OR Artefacts OR Noise OR “Motion  
117 artifact” OR “motion corrections” OR filtering OR cancellation OR filter OR “Artifact removal”



118

119

Fig. 1. Flow of adopted research methodology.

120 OR “signal quality” OR motion artifacts removal OR filtering techniques OR noise suppression

121 OR signal-to-noise ratio OR Signal processing OR Denoising OR muscle artifacts AND

122 Wearables OR sensors OR wearable sensing device OR sensing technology AND Construction

123 OR workers OR Industry OR Building. With the results from the first search in hand, a second

124 search was done, this time focusing on articles about health and safety in the construction industry

125 and physiological monitoring. The authors evaluated the abstracts of each publication to ensure

126 that their inclusion matched within the scope of this review. Only papers published in English

127 have been included in this review. For the purpose of monitoring construction workers' health

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128 and safety, previous research has been searched through to discover a number of physiological  
129 signals that can be collected by employing WSDs. In addition, a literature review was conducted  
130 to determine the various artifacts that were obtained from physiological signals and the methods  
131 that were utilized to eliminate those artifacts. Challenges for the applications of artifacts removal  
132 approaches for real-time physiological monitoring in the construction industry were analyzed  
133 and discussed. There are a lot of high-impact research publications that have been examined,  
134 such as *Automation in Construction*, the *Journal of Construction Engineering and Management*,  
135 and the *Journal of Civil Engineering and Management*. In order to derive the suggestions and  
136 findings of the studies, a total of over **300** research papers—which were published between the  
137 years 2000 and 2023—were studied and examined. The second step of a research approach  
138 involves a discussion and analysis of the articles under consideration, and the third step consists  
139 of overall findings and recommendations for future study. Thus, the following methodology can  
140 be used as a template for analyzing studies that are comparable to the one being reviewed. One  
141 method used in research is content analysis, which involves examining the content of  
142 predetermined texts (Bengtsson, 2016; Assarroudi et al., 2018). However, content analysis has  
143 several drawbacks, including the fact that it can take a long time to complete, that information  
144 may be lost due to improper categorization, and that it may be biased (Grimmer & Stewart, 2013;  
145 Assarroudi et al., 2018). In situations where text mining techniques are computationally  
146 necessary, content analysis might be challenging to automate or computerize. As a result, content  
147 analysis has a higher margin of error. Content analysis' performance in text interpretation and  
148 analysis may suffer when dealing with complex texts. Therefore, to get a comprehensive

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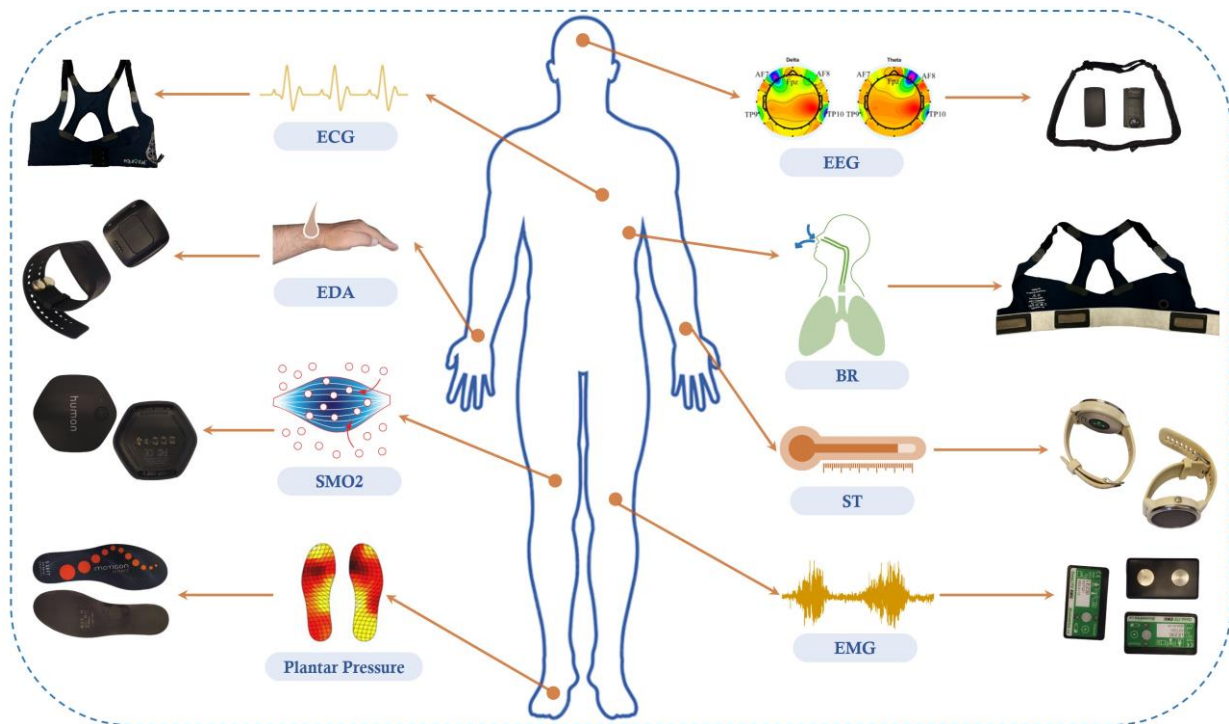
149 qualitative perspective on the evaluation of data processing and artifact removal approaches for  
150 physiological signals acquired by WSDs, this study employed a narrative review strategy  
151 (Gregory & Denniss, 2018).

### 152 **3. OVERVIEW OF PHYSIOLOGICAL SIGNALS**

153 The human body emits a wide range of physiological signals that can be monitored to determine  
154 a person's health, including perspiration (Jia et al., 2013), core or skin temperature (Nyein et al.,  
155 2016), and electrical activity in the brain, heart, and muscles using techniques like  
156 electroencephalography (EEG), electrocardiography (ECG), and electromyography (EMG). An  
157 illustration of physiological signals and wearable sensing devices commonly used in the  
158 construction industry is given in **Figure 2**. EEG and ECG signals are regarded as fundamental  
159 physiological signals due to their capacity to predict wellbeing level in real time. The electrical  
160 activity of the heart produces an ECG, which is thought of as a nonstationary, non-linear time  
161 series signal (Han et al., 2017). The ECG is the most common signal used to check the health of  
162 the heart electrically. Capturing the electrical signal and rhythm of an ECG allows for the  
163 extraction of heart rate-like properties. ECG signals can be recorded either invasively or non-  
164 invasively by attaching a series of potentials to the human body. Monitoring and analysis of  
165 ECGs have several uses in many fields, including construction (Li, 2018).

166 Wearable devices can track ECG signals to calculate heart rate (HR) and stress levels by  
167 analyzing the cardiac waveform. In the construction industry, HR is the most popular  
168 physiological indicator of physical exertion (Abdelhamid and Everett 2002; Anwer et al. 2020;  
169 Chan et al. 2012; Gatti et al. 2014; Ueno et al. 2018; Wong et al. 2014). A greater HR was seen





170

171 Fig. 2. Illustration of physiological signals and wearable sensors commonly used for

172 construction health and safety. ECG = electrocardiogram; EEG = electroencephalogram; EMG  
173 = electromyogram; BR = breathing rate; EDA = electrodermal activity; ST = skin temperature;  
174 and SMO2 = muscle oxygenation.

175 when lifting and lowering from floor to floor compared to other lifting and lowering heights  
176 (Li et al. 2009). Similarly, Li et al. (2009) found that a lifting task performed twice per minute  
177 was associated with a higher HR than the same task performed once per minute. Furthermore,  
178 Anwer et al. (2020) found that HR significantly increased following a simulated fatigued task  
179 when compared to the HR scores at the beginning of the study. Recent studies have shown that  
180 incorporating multiple physiological signals in addition to HR can enhance fatigue prediction.  
181 Umer et al. (2020) used HR, thermoregulatory, and respiratory signals to predict 95% of physical  
182 fatigue levels in college students performing a simulated construction task. In a similar vein,

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183 Aryal et al. (2017) reported that a combination of HR and skin temperature data was more  
184 accurate in predicting physical fatigue than each individual statistic alone (59% vs. 72%). This  
185 research demonstrates the value of integrating multiple physiological signals for fatigue  
186 prediction.

187 Likewise, photoplethysmography (PPG) is an easy and inexpensive method of tracking vital  
188 signs like heart rate and breath rate. It is commonly used to take a reading from the skin's surface  
189 in a painless manner (Allen, 2007). PPG is an indirect technique of monitoring heart activity in  
190 contrast to ECG, and as a result, there is a time delay when using PPG to depict cardiac activity  
191 (Lu et al. 2009). PPG, on the other hand, only requires the use of a single optical sensor (an  
192 infrared emitter and detector), and the site at which the sensor is placed is more convenient (for  
193 example, the earlobe, the fingertip, or the wrist), both of which are advantages in comparison to  
194 ECG. Research and development in PPG have increased exponentially over the past few years  
195 due to advances in sensor technologies, methods for measuring physiological signals, cardiology,  
196 and numerous clinical applications.

197 EMG signals are frequently investigated for rehabilitation therapy due to their ability to  
198 electrically simulate the characteristics of muscle activity (McManus et al., 2020; Fang et al.,  
199 2020). Incorporating EMG sensors into devices for use in a variety of fields is now possible  
200 because of technological advancements in wearable devices. EMG sensors have been introduced  
201 for a wider range of applications due to the increase in wearable applications with highly  
202 customized aspects (Pourmohammadi & Maleki, 2020). One such application is physiological  
203 stress prediction through measuring trapezius muscle activation. The analysis of muscle

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204 movement is aided by feature extraction from EMG signals. In addition, previous studies have  
205 demonstrated that detecting the surface EMG activity of the target muscle while performing a  
206 variety of tasks is an effective way for continuously monitoring muscle fatigue (Cifrek et al.  
207 2009). In the past, researchers have evaluated muscle fatigue in symptom-free college students  
208 and construction workers (such as masons) performing repetitive tasks by using surface EMG  
209 metrics (such as median frequency and root-mean square amplitude), such as median frequency  
210 and root-mean square amplitude (Anton et al. 2005; Calvin et al. 2016; McDonald et al. 2016;  
211 Yin et al. 2019).

212 Due to the emergence of developing technologies in various industries, wearable  
213 technologies have attracted a lot of attention in recent years as a way to improve workers' health  
214 and safety and their overall quality of life. EEG is one of the rapidly developing technologies in  
215 this group for assessing workers' mental and cognitive states in a variety of work settings (Zhang  
216 et al. 2019). Cortical neuronal electrical activity can be recorded using an EEG (Sanei &  
217 Chambers, 2013). As computing platforms and sensory technologies advance so too do EEG  
218 systems, which have become increasingly portable, lightweight, ultra-low power (Awolusi et al.,  
219 2018), wireless (Zhang et al., 2012), and affordable (Debener et al., 2012). Thus, there has been  
220 a rise in the use of portable and mobile EEG in a variety of settings (Ahn et al., 2019). Studies in  
221 the field of construction using EEG and mobile EEG to improve the built environment are known  
222 as neuro-architecture and neuro-urbanism (Banaei et al., 2015, 2017; Bower et al., 2019;  
223 Hekmatmanesh et al., 2019; Djebbara et al., 2020). Because of its low cost, great time precision,  
224 and portability, the EEG has proven to be an invaluable instrument in the field of construction

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225 research. EEG has the advantage that it may be used for both in-lab and on-site research in the  
226 construction sector (Banaei et al., 2015, 2017; Bower et al., 2019; Hekmatmanesh et al., 2019;  
227 Djebbara et al., 2020). Recently, a portable EEG headset became commercially available,  
228 allowing for the noninvasive recording of EEG data with a maximum of 20 electrodes and a  
229 sampling rate of 256 hertz. As a result of this adaptability, it may be possible to record people's  
230 brain activity as they are working in their natural environments. Consequently, a number of  
231 studies have recently attempted to enhance workers' comfort by tracking their feelings (Hwang  
232 et al. 2018, Jebelli et al. 2017), cognitive load (Chen et al. 2016, 2017), and psychological stress  
233 (Jebelli et al. 2018).

234 For in-vivo monitoring of tissue oxygenation, functional near-infrared spectroscopy (fNIRS)  
235 has recently been developed as an alternative brain imaging approach to EEG. With the help of  
236 infrared light of varying wavelengths and an estimate of the difference in optical absorption  
237 (Bunce et al., 2006), fNIRS can determine the concentration of hemoglobin (Hb) within the  
238 human brain (Sangani et al., 2015). Noninvasive brain function measurement (Huppert et al.,  
239 2009; Holper et al., 2010), identification of cognitive tasks (Izzetoglu et al., 2004; Cui et al.,  
240 2011), and brain-computer interface (Matthews et al., 2007; Khan & Hong, 2015) are the main  
241 areas of focus for fNIRS studies. The application of fNIRS in the identification of brain regions  
242 involved in the recognition of hazards suggests a neuropsychological foundation for judgment  
243 (Zhou et al., 2021). Their findings suggest that NIRS-based brain-computer interfaces could be  
244 of assistance in identifying and evaluating hazards in the building and construction sector (Zhou  
245 et al., 2021). Improvements in non-invasive fNIRS have allowed for the measurement of cortical

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246 surface oxygenation and blood flow from secondary circulation. Because of its higher mobility  
247 and temporal resolution, fNIRS is the best technique for measuring stress and anxiety in  
248 ecologically valid settings (also known as fieldwork) (Quaresima and Ferrari, 2019). Other key  
249 physiological signals, such as electrodermal activity (EDA) and skin temperature (ST), can also  
250 be monitored through the measurement of skin response (e.g., thermoregulatory measures).  
251 Previous research has shown that there are robust associations between thermoregulatory  
252 parameters and fatigue onset following heavy workloads, such as construction tasks (Aryal et al.,  
253 2017; Anwer et al., 2020). It is a standard procedure to employ infrared temperature sensors to  
254 track changes in skin temperature and other thermoregulatory functions as fatigue sets in. Skin  
255 temperatures in particular regions of the body (such as the face, ear, forehead, and temple) are  
256 affected by the underlying muscular activity, sweating patterns, and cutaneous blood flow in  
257 those regions (Formenti et al. 2017). Similarly, EDA is utilized for stress evaluation in the  
258 construction industry. EDA refers to the autonomic changes in the electrical characteristics of  
259 the skin caused by sweat secretion (Benedek and Kaernbach, 2010). Since perspiration is  
260 triggered solely by the sympathetic nervous system, EDA provides a valuable indicator of this  
261 system's activities (Kappeler-Setz et al. 2013, Poh et al. 2010). This means that EDA is not  
262 affected by parasympathetic nerve processes, unlike other autonomic physiological variables  
263 (Braithwaite et al., 2013; Picard et al., 2016). EDA has been used to better comprehend a person's  
264 mental and physical health under different conditions, such as in the workplace, during human-  
265 computer interactions, or when dealing with traffic or automation (Boucsein 2012). Perceived  
266 risk is correlated with increased sympathetic nervous system activity (Herrero-Fernández 2016;

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267 Schmidt-Daffy 2013), making EDA a useful tool in the field of safety research. Several  
268 ambulatory investigations have continually evaluated EDA to better comprehend affective events  
269 (Kappeler-Setz et al. 2013; Picard et al. 2016). There have been a few attempts to use EDA  
270 signals to better comprehend construction workers' emotional states (Guo et al., 2017; Jebelli et  
271 al., 2018b; Anwer et al., 2022).

272 Muscle oxygenation (SMO2) and breathing rate (BR) are two other potential sources of  
273 information useful for ensuring worker safety on construction sites. The physiological demands  
274 of construction tasks have been quantified using these measures (Abdelhamid and Everett, 2002;  
275 Wong et al., 2014). An increase in SMO2 and energy expenditure, both of which can contribute  
276 to physical exhaustion, was found by Abdelhamid et al. (2002) in the construction industry.  
277 Construction tasks, such as bar fixing and bar bending, have been shown to increase SMO2 and  
278 energy expenditure, as reported by Wong et al. (2014). In particular, the frequency with which a  
279 person breathes can improve workload monitoring and modeling for construction tasks. Newer  
280 research has shown that BR is a more reliable indicator of physical exertion than heart rate and  
281 SMO2 measurements for a wide variety of exercises (continuous or intermittent), as well as under  
282 a range of experimental conditions that could affect physical exertion, such as hypoxia, muscle  
283 fatigue, heat exposure, and glycogen depletion (Nicol et al., 2014, 2016a, 2017a; Hayashi et al.,  
284 2006). Given the significance of brain function, we can explain the robust connection between  
285 exertion and BR. The magnitude of central command controls the amount of physical effort,  
286 which can be thought of as the level of motor effort (Nicol et al., 2016b). A similar relationship

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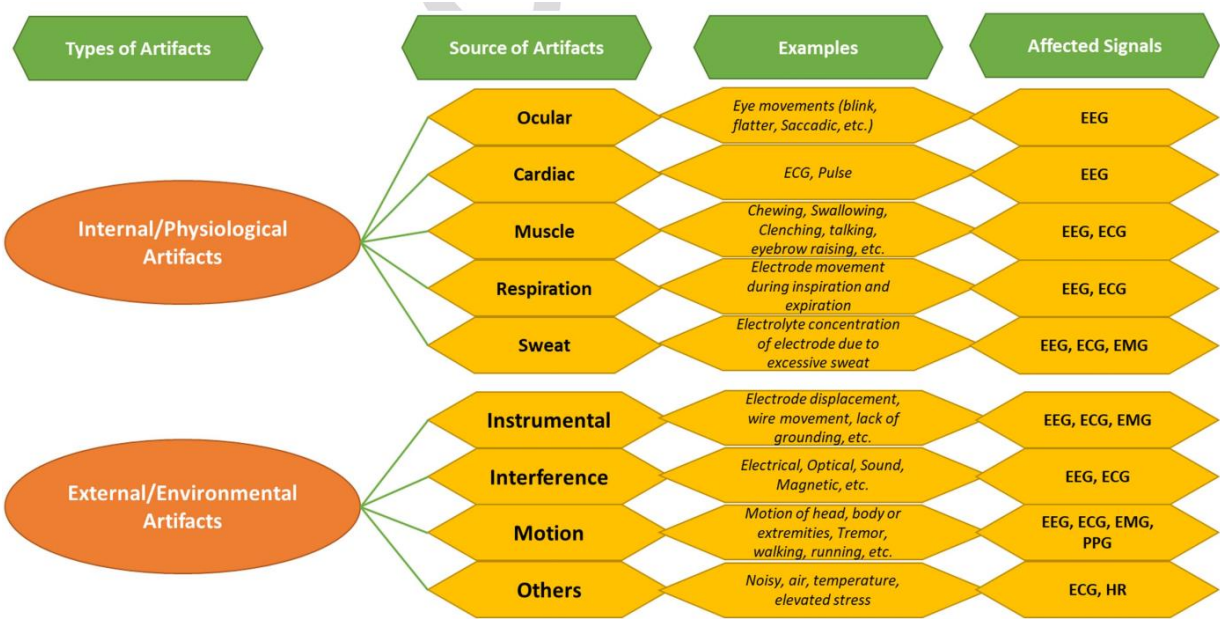
287 exists between physical exertion and BR since both are controlled by the brain during exercise  
288 (Nicol et al., 2017b).

#### 289 **4. OVERVIEW OF SIGNAL ARTIFACT**

290 Notwithstanding the physiological signals that have been mentioned above and that are  
291 utilized in the construction industry, their full potential has not yet been explored. In construction  
292 studies, the quality of the raw collected data using wearables is often underreported, especially  
293 in quantitative terms. Data quality measures may also vary based on the objectives of the  
294 associated analysis and project, and data quality can be expressed in a variety of ways (Bangaru  
295 et al., 2020; Pal et al., 2019; Kleckner et al., 2017; Villeneuve et al., 2016). As an added note,  
296 the quality of the data is crucial to its consistency and accuracy (Bent et al., 2020; Goldsack et  
297 al., 2020; Munos et al., 2016). In this scenario, the accountability of subsequent analysis and, by  
298 extension, outcomes depend on familiarity with artifacts and methods for evaluating data quality  
299 and generating data reliability ratings. It is possible that the evaluation of data quality might  
300 benefit from taking into account both the individual and combined effects of the various  
301 modalities, as artifacts can affect only one or all of them. Despite the great potential of  
302 physiological signals for evaluating workers without interfering with their ongoing tasks, their  
303 application in the field is complicated by the signal artifacts manifested in the data, in particular  
304 those related to signal noise from the construction sites or from the frequency of workers'  
305 movements (Jebelli et al. 2018; Ahn et al. 2019). In this context, "signal artifacts" refer to any  
306 unwanted signals or signal distributions that interfere with the actual signal of interest (De Luca  
307 et al. 2010). There are two classification systems used to classify signal artifacts: category A and

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308 category B. Category A classifies artifacts into intrinsic and extrinsic artifacts. Category B  
 309 classifies artifacts into physiological and environmental artifacts. Artifacts in data that come from  
 310 outside the data are called extrinsic artifacts, and those that are part of the data itself are called  
 311 intrinsic artifacts.



312  
 313 Fig. 3. Overview of types and sources of signal artifact found in physiological signals. ECG =  
 314 electrocardiogram; EEG = electroencephalogram; EMG = electromyogram; HR = heart rate; and  
 315 PPG = photoplethysmography.

316 The possible sources of various signal artifacts are presented in Figure 3. The majority of  
 317 the time, extrinsic signal artifacts are produced by external sources such as environmental noise  
 318 and the motions of employees, motion artifacts, device powerline interference, electrode  
 319 movement artifacts, and sensor deployment and positioning (Ahn et al. 2019). Intrinsic signal  
 320 artifacts are those that come from within the body itself. Some examples of intrinsic signal  
 321 artifacts are artifacts caused by respiration, pulse, skin, movements, muscles, and the eyes (Jebelli



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322 et al. 2018b). Likewise, physiological artifacts are introduced because secondary physiological  
323 processes in the human body interfere with the basic physiological signal. Most unwanted  
324 components of EMG signals are introduced by cardiac signals and eye movement-associated  
325 abnormalities. However, an EEG signal is a weak signal that can be easily distorted by even a  
326 single blink of the eyelid. Capturing high-quality EEG signals in the field, for example, is more  
327 difficult than other physiological signals due to many intrinsic artifacts (e.g., eye blinking and  
328 face muscle movement). Furthermore, measuring physiological signals with a wristband-type  
329 biosensor at real-world construction sites remains difficult due to the large number of extrinsic  
330 signal artifacts and distortions caused by worker movements, sensor displacement,  
331 environmental noises, and lower sensor electrode quality compared to wired biosensors (Jebelli  
332 et al., 2019b). According to the findings of another investigation (Chae and Kang, 2021),  
333 extrinsic artifacts can be caused by either the presence of an electric device next to the EEG  
334 equipment or the presence of an electric node popping noise. The EEG devices can pick up on  
335 the electrical signal that is produced by the contractions of the heart. Additionally, because the  
336 EEG device is placed on the subject's head, any movement of the eyeball can cause a disturbance  
337 in the signal. Heartbeats can also interfere with EEG and EMG. It is possible to distinguish these  
338 aberrations from EEG and EMG readings because of the high signal strength of an  
339 electrocardiogram (Miljkovi et al., 2017). Extrinsic and intrinsic artifacts in EDA data, as in other  
340 types of physiological data, serve to mask the signal of importance. Noise from the subject's  
341 excessive movement and drifts in the EDA caused by environmental factors like humidity and  
342 temperature are examples of extrinsic artifacts. Muscle activation noise, irregular breathing,

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343 heavy breaths, and coughing are examples of intrinsic artifacts in EDA (Chae et al., 2021).  
344 Similarly, the principal cause of environmental artifacts is the laying of connecting wires and  
345 mains power leads. These artifacts can also be introduced by electromagnetic interference (EMI)  
346 from certain electronic or electrical devices during the recording or data storage phase.  
347 Interference from radio frequency sources can cause inductive coupling between measurement  
348 cables, which in turn causes noise in the recording setup. These abnormalities, which are caused  
349 by the circuit components themselves, can be seen in the 1/f noise, shot noise, and thermal noise  
350 that are produced by recording devices (Prakash et al., 2021). Additionally, although a PPG  
351 sensor is intended to record numerous physiological signals, it also captures a considerable  
352 amount of undesired and unrecognized signals (e.g., noise from body and sensor motions, power  
353 line noise, and environmental noise) that interfere with the signal of interests (Jebelli et al.,  
354 2019a). Several studies indicated many challenges of data collection of physiological signals on  
355 construction sites, such as the frequent movement of workers and the dynamic nature of the  
356 construction environment. In particular, standard signal preprocessing methods like digital  
357 filtering or amplitude thresholding have issues with distinguishing between artifacts and intended  
358 physiological signals due to the wide range of artifacts and their overlap with signal of interest  
359 in the spectrum and temporal domains. Therefore, conventional filters have a poor track record  
360 of success in eliminating signal distortion and other artifacts. With the help of modern  
361 improvements in signal processing techniques/algorithms, several researchers have tried to create  
362 effective ways for artifact detection and removal. As a result, there is a need for further  
363 advancement of wearable sensing technologies on construction sites to enhance data collection

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364 of physiological signals for monitoring the health and safety of construction workers. In the  
365 following section, several of the filtering methods and algorithms that can be utilized to eliminate  
366 artifacts will be discussed.

## 367 **5. ARTIFACT REMOVAL APPROACH**

368 Removing or reducing signal artifacts is suggested prior to signal processing as they might  
369 obscure otherwise detectable signals (Ahn et al., 2019). There have been many different filtering  
370 algorithms created to decrease the impact of signal artifacts like these (Iriarte et al., 2003;  
371 Manoilov, 2006; Ram et al., 2011; Daly et al., 2013). Previous research utilized a variety of  
372 methods, such as wavelength shrinkage, to cut down on the amount of random noise that was  
373 picked up by the wearable sensor (Kang et al. 2017). Gibbs and Asada (2005) came up with an  
374 active noise-cancellation strategy to mitigate signal distortions brought on by movement of the  
375 body that occurred during the process of data collection utilizing wearable PPG sensing  
376 equipment. However, due to the substantially bigger signal artifacts that are observed in the actual  
377 world, these approaches might not be adequate for usage in construction sites. Therefore, the  
378 objective of this study is to provide an overview of several different methods for removing  
379 artifacts from physiological signals. This review will attempt to collate and discuss the most  
380 significant methods that have been utilized in previous research to eliminate artifacts throughout  
381 the process of acquiring physiological data. Researchers in several fields have used methods for  
382 eliminating artifacts in physiological data.

383 Table 1 presents a comparison of several artifact removal approaches to improve the signal  
384 quality of sensors. A total of 12 studies developed and examined a few novel artifact removal

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385 approaches to eliminate intrinsic and extrinsic artifacts and noises from EEG (Sweeney et al.,  
386 2013; Hossain et al., 2022; Phadikar et al., 2022; Porr et al., 2022; Roy et al., 2017), fNIRS  
387 (Sweeney et al., 2013; Zhang et al., 2012; Hossain et al., 2022; Robertson et al., 2010; Izzetoglu  
388 et al., 2005, 2010; Nguyen et al., 2018; Chiarelli et al., 2015), and electrophysiological (Zhan et  
389 al., 2009) signals. Most of the included studies tested motion artifacts, while others examined  
390 different kinds of artifacts, including physiological artifacts and background noise. Sweeney et  
391 al. (2013) found Ensemble Empirical Mode Decomposition (EEMD) along with Canonical  
392 Correlation Analysis (CCA) techniques outperformed other methods for artifact removal from  
393 both fNIRS and EEG signals. Similarly, Hossain et al. (2022) proposed two innovative motion  
394 artifact removal approaches, including wavelet packet decomposition (WPD) and WPD  
395 combined with canonical correlation analysis (WPD-CCA) for fNIRS and EEG signals. Zhang  
396 et al. (2012) reported that adaptive filtering using the least-squares recursion method was found  
397 to provide faster convergence and a lower mean square error (MSE) than the least mean squares  
398 (LMS) adaptive filter. However, the findings of Robertson et al. (2010) reveal that independent  
399 component analysis (ICA) generated the best motion artifact removal results across all datasets.  
400 Moreover, Izzetoglu et al. (2005, 2010) compared Wiener, Kalman, and adaptive filter methods  
401 for fNIRS signals. While both the Wiener and Kalman filters were effective in eliminating motion  
402 artifacts from fNIRS signals, the Kalman filter had the added advantage of real-time application  
403 capacity. Furthermore, Phadikar et al. (2022) investigated a new automatic hybrid approach for  
404 denoising muscular artifacts from EEG signals using WPD and a modified non-local means  
405 (NLM). Likewise, Porr et al. (2022) used a deep neural filter based on deep learning models to

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406 do simultaneous learning and noise reduction in real time from an EEG signal. Moreover, Roy  
407 et al. (2017) introduced a novel algorithm for EEG signals using Gaussian Elimination Canonical  
408 Correlation Analysis (GECCA) that is 18% faster than traditional CCA.

409 Table 2 presents an overview of several artifacts' removal approaches used in construction  
410 studies. A total of 13 studies are included in this review, which give detailed information about  
411 artifact removal approaches used for several physiological signals tested in construction-related  
412 studies. Most of the included studies tested PPG, EDA, skin temperature, HR, HRV, and EEG  
413 signals. All included studies have used bandpass filters, except one study that used a moving  
414 average filter (Newton, 2022) for removing artifacts from PPG signals. Likewise, while all  
415 included studies have used a low-pass filter, two studies used a high-pass filter (Lee et al., 2021;  
416 Shayesteh et al., 2023) for cleaning EDA data. A few studies have used the Hampel, high-pass,  
417 low-pass, and notch filters for cleaning the skin temperature signal (Jebelli et al., 2019a, 2019b;  
418 Lee et al., 2021). Three studies have used band pass filters (Chae et al., 2021; Shayesteh et al.,  
419 2023; Xu et al., 2017), and two studies have used independent component analysis (ICA) (Chae  
420 et al., 2021; Shayesteh et al., 2023) for EEG data.

## 421 **6. DISCUSSION**

### 422 6.1. Discussion of several artifact removal approaches

423 This review presents an overview of various physiological signal, artifacts, and artifact removal  
424 approaches used in both construction and non-construction scenarios. Physiological signal  
425 processing is an important area of study that needs more investigation into how to enhance the  
426 quality of output signals and better interpret data. WSDs are a common tool for recording

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427 physiological signals in order to keep an eye on the health and safety of construction workers.  
428 Capture signals are perpetually muddied by artifacts emanating from both within and without the  
429 system. Asking the subject to constrain their movement, removing potential sources of power  
430 line interference, and increasing the density of the electrode placement are all precautions that  
431 can be implemented. This approach, however, may not always be effective, particularly for long  
432 signal acquisition experiments and experiments involving movement and physical tasks such as  
433 construction. It is best to use a computational method to handle the artifacts. The artifact filtration  
434 phase is especially important because it affects feature extraction and ultimately how the data is  
435 interpreted. For instance, this review uncovered various artifact removal approaches that may be  
436 implemented in the processing of several physiological signals.

437 Removing artifacts from a physiological signal can be done either before or after the signal  
438 is recorded. Most studies rely on traditional filtering methods, either implemented in hardware  
439 or as simple filtering algorithms, during the data acquisition process, i.e., in real time. Meanwhile,  
440 the highly developed algorithm is used to clean up the archived data from artifacts. When  
441 processing signals, conventional filtering is typically applied during the pre-processing stage.  
442 Filtering relies heavily on the correlation coefficients. To estimate the filter's coefficient, a  
443 researcher must know the desired order, filter type (FIR, IIR, etc.), and frequency response (band-  
444 pass, low-pass, high-pass, etc.). For instance, the Kalman filter used in the pre-processing phase  
445 is an example of a static filtering approach because its filtering coefficients do not vary, while a  
446 filter whose coefficients do change based on optimization criteria is an example of an adaptive  
447 filter. There are many methods for static filtering, but the Wiener filter of the FIR variety stands

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448 out as the most common. With linear time-invariant signals, it is particularly effective at  
449 minimizing the MSE between the desired signal and the estimated signal. Additionally, the  
450 adaptive filter estimates coefficients using a variety of algorithms like least mean square (LMS)  
451 and recursive least square error (RLS) based on the condition of optimization being applied.  
452 However, researchers need to know the nature of the artifacts to use these filters effectively on  
453 linear time-variant signals like EEG and fNIRS (Guerrero-Mosquera & Navia-Vázquez, 2012).  
454 Artifacts have been corrected from fNIRS, respiratory, and ECG signals using Kalman filters, a  
455 linear approximation of probabilistic Bayesian filters (Rheinberger et al., 2007; Hesar &  
456 Mohebbi, 2016; Sameni et al., 2007).

457 Because most of the study that was conducted on construction only used conventional methods  
458 for eliminating signal artifacts, we discussed a few advanced artifacts removal methods that were  
459 utilized in situations that did not include construction domain. In addition, studies that were  
460 published in the construction area only provide a limited amount of information regarding the  
461 artifacts removal approaches that were applied, and they do not provide any performance metrics  
462 to assess the efficiency of the approach that was applied. In contrast, studies that did not involve  
463 construction domain not only investigated the efficacy of the various artifact removal approaches  
464 that they implemented, but they also evaluated and contrasted a variety of cutting-edge strategies  
465 for minimizing signal artifacts. We believe that these approaches can be useful for reducing the  
466 signal artifacts that are associated with environments involving construction. When analyzing  
467 physiological data from a human subject, it is common practice to combine the clean signal with  
468 artifacts produced by other physiological sources. In this case, the reference channels are the

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469 artifacts themselves, which can be acquired independently by various devices. Examples of such  
470 reference signals or artifacts when processing EEG include EOG, EMG, and ECG. The goal of  
471 linear regression methods is to quantify the amount of noise in an otherwise well-characterized  
472 primary physiological signal. It has been possible to clean up EEG signals by subtracting out  
473 ECG and EMG noise using linear regression. However, only a small number of studies have  
474 adapted machine learning strategies, such as those that employ adaptive neural fuzzy inference  
475 systems and neural networks to eliminate artifacts (Jeyhani et al., 2015; Al-Jebrni et al., 2020;  
476 Chiang, 2015). Denoising ECG and EEG signals with deep recurrent neural networks and  
477 comparing the results to those of more traditional denoising methods has been studied (Antczak,  
478 2018). Sweeney et al., (2013) found the effectiveness of EEMD algorithms on the EEG and  
479 fNIRS data. However, the newly developed EEMD-CCA technique was found to be most  
480 effective in reducing signal artifacts during processing of fNIRS data. Additionally, Zhang et al.  
481 (2012) used a recursive least-squares (RLS) technique for adaptive filtering for removing signal  
482 artifacts associated with the physiological interference found in the fNIRS signal. The RLS  
483 method has shown faster convergence and reduced MSE, which makes this approach more  
484 effective at reducing the impact of physiological interference. Furthermore, Phadikar et al. (2022)  
485 combines wavelet packet decomposition (WPD) with a modified nonlocal means (NLM)  
486 algorithm to improve processing of EEG signals, which was found to be superior as compared to  
487 recently published denoising techniques. More recently, a new real-time deep learning algorithm  
488 was presented by Porr et al. (2022), which adaptively generates a signal counter to the noise,  
489 causing adverse interference. There are many different biological, industrial, and consumer



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490 applications that could benefit from this approach, from industrial sensing to noise-cancelling  
491 headphones.

492 In this review, we found that most studies in the construction industry studied PPG, EDA,  
493 skin temperature, HR, HRV, and EEG signals. Unfortunately, no studies have used new and  
494 improved approaches to the elimination of artifacts and noises in physiological signals during  
495 construction tasks. While some research did detail the artifact removal approaches, they  
496 employed, no comparative studies were found, nor were any artifact removal approaches  
497 formally designed. To clean up their physiological data, most studies solely utilized widely used  
498 and accessible tools, including band pass filters, moving average filters, low-pass filters, high-  
499 pass filters, Hampel filters, and notch filters. Independent component analysis (ICA) for EEG  
500 data has been employed in only a handful of research studies (Chae et al., 2021; Shayesteh et al.,  
501 2023). Intrinsic artifacts, as opposed to external sources, share frequency ranges with the EEG  
502 signals. Accordingly, such noise cannot be eliminated by employing bandpass filtering. As such,  
503 authors used ICA to filter out the noise and eliminate the intrinsic artifacts (Chae et al., 2021;  
504 Shayesteh et al., 2023). There has been extensive use of ICA (Jebelli et al., 2018c; Makeig et al.,  
505 1995) to clean EEG signals by identifying and eliminating sources of intrinsic artifacts. This  
506 approach presupposes that the recorded EEG signal may be broken down into its constituent parts  
507 and examined as the sum of separate components (Jebelli et al., 2018c). By first deconstructing  
508 the EEG signal into its constituent parts, artifacts like blinking eyes and muscle activity may be  
509 filtered out individually.

510 6.2 Advantages and limitations of various artifacts removal approaches

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511 While this review discussed several artifacts removal approaches used in construction and non-  
512 construction related research, they all have some strengths and weaknesses, which need to be  
513 discussed for better understanding and application.

#### 514 6.2.1 Empirical Mode Decomposition - Canonical Correlation Analysis (EEMD-CCA) approach:

515 Certain scenarios demand for physiological signals to be processed in real time or online. Thus,  
516 an artifact removal approach would be selected for this application in such a way that it has the  
517 necessary minimal computational complexity to be suitable for real-time/online processing. In  
518 that circumstance, the performance of the artifact removal approach must be compromised  
519 against its computational complexity. However, there are programs that rely on offline  
520 processing. When this is the case, optimizing for performance over computational time becomes  
521 the primary concern. Sweeney et al. (2013) studied the computational cost of the EEMD-CCA  
522 algorithm to see if the better artifact elimination achieved by the CCA extension to EEMD came  
523 with any extra computational costs. It was discovered that CCA takes far less time to calculate  
524 than EEMD does, hence it does not significantly increase the computational complexity of the  
525 system. Furthermore, certain artifacts reduction approaches are only applicable to multi-channel  
526 recordings of physiological signals, whereas others can be used with single-channel recordings  
527 as well. However, for a single recording, wavelet or EMD-based algorithms can be used,  
528 selecting artifacts removal methods with the number of channels being considered is therefore  
529 crucial (Islam et al., 2016). For instance, Both the ICA and CCA algorithms are multi-channel  
530 signal processing methods, which means they require input from several channels. As a result,  
531 separate implementations of the ICA and CCA algorithms cannot be used to process single-

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532 channel data (Sweeney et al. 2013). Moreover, the CCA algorithm is computationally efficient  
533 in comparison to the ICA algorithm because it uses second-order statistics rather than higher-  
534 order statistics (Sweeney et al., 2012c).

535 *6.2.2 Adaptive filtering with least-squares recursion approach:* Similarly, adaptive filtering with  
536 least-squares recursion is a popular method for de-noising physiological signals (Zhang et al.,  
537 2012). While there are certainly benefits to using this method, there are also drawbacks that must  
538 be acknowledged. Removing physiological interference from physiological signals is best  
539 accomplished by adaptive filtering utilizing least square recursion (Lu et al., 2009b). For instance,  
540 it can be used to filter out background noise resulting from factors like the heartbeat, breathing,  
541 and muscular action. The online processing of physiological signals is another potential use of  
542 this method, which can be executed in real-time. In addition, it can handle the non-stationary  
543 signals that are typical in the construction industry. Furthermore, the method utilized in this  
544 strategy is easy and simple to apply. The adaptive filter can improve results, but only if sufficient  
545 training data is provided. The effectiveness of a filter depends on its ability to accurately represent  
546 the signal it is designed to process in training data. Moreover, matrix operations, like those used  
547 in the least square recursion approach, can be computationally expensive for massive data sets.  
548 Furthermore, it can only be used to linear systems (Yang et al., 2016). The effectiveness of the  
549 filter may be diminished if the input signal is very non-linear. Overfitting to noise in the training  
550 data is another potential pitfall of the adaptive filter that might lead to inferior results in the test  
551 data. Regularization methods and careful selection of training data can help with this.

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552 6.2.3 *Wavelet packet decomposition and the canonical correlation analysis (WPD-CCA)*

553 *approach:* Wavelet packet decomposition and the canonical correlation analysis (WPD-CCA)

554 technique were also explored in this review as a means of feature extraction and classification of

555 signals (Hossain et al., 2022). There are advantages and disadvantages to this method, as well.

556 By breaking a signal down into subbands with distinct frequency components, Wavelet packet

557 decomposition combined with CCA can efficiently extract useful characteristics. The combined

558 use of wavelet packet decomposition and CCA has been found to increase classification accuracy

559 over individual methods, allowing the obtained features to be employed for signal classification

560 (Hossain et al., 2022). The combination of WPD-CCA is noise-tolerant because it can pick out

561 useful characteristics even when there is background noise. The features obtained using this

562 method can be interpreted, leading to a deeper comprehension of the signal's properties. However,

563 for big datasets, the computationally intensive operations involved in the wavelet packet

564 decomposition in conjunction with CCA might be time-consuming (Hossain et al., 2022). In

565 addition, the method's efficacy is reliant on the accuracy and completeness of the training data.

566 It could be possible that the accuracy of the classification will be low if the training data is not

567 indicative of the signal being classified. Like CCA alone, this method can only be used to linear

568 systems. The performance may be unsatisfactory if the signal to be classified is substantially non-

569 linear. In addition, the success of the WPD is linked to the choice of wavelet basis (Li et al.,

570 2017). Decomposition may fail to successfully extract useful features if the incorrect basis is

571 used. In addition, if the number of features extracted is immense in comparison to the size of the

572 training dataset, there is a risk of overfitting, just as there is with adaptive filter.

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573 6.2.4 *Independent component analysis (ICA) approach*: Another effective method for artifact  
574 elimination during physiological signal processing is independent component analysis (ICA),  
575 which is frequently used for electroencephalography (EEG) and magnetoencephalography (MEG)  
576 (Çınar and Acır, 2017). ICA is a blind source separation approach that can decompose a muddle  
577 of signals into their constituent parts, which can be useful for isolating the signal of interest from  
578 noise (Mijović et al., 2010). When dealing with complicated artifacts that are challenging to  
579 remove using other methods, ICA can be used to separate many sources of artifacts  
580 simultaneously. Numerous researchers and professionals have used ICA due to its simplicity of  
581 implementation and computational efficiency (Akhtar et al., 2012; Quiñones-Grueiro et al., 2019).  
582 ICA is a data-driven method that may be used in various contexts without any prior information  
583 about the origins of artifacts. However, it does have certain limitations. Artifacts' origins are  
584 assumed to be statistically independent in ICA, which might not be the case. The effectiveness  
585 of ICA may be hindered if the sources are not truly independent. Further, the extraction of a  
586 significant number of independent components is necessary for isolating the signal from the noise  
587 (Tripathi et al., 2021). The effectiveness of ICA may once again be constrained if there are  
588 insufficient components. Further, ICA can be vulnerable to noise and may not function well in  
589 loud situations, limiting its use in specific settings, such as the construction sector. Finally, ICA  
590 can be challenging to interpret since its output may not correspond exactly to the original artifact  
591 sources. This necessitates expertise and potentially some trial and error in interpreting the  
592 findings.

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593 6.2.5 *Weiner filtering approach*: The Wiener filter is a type of linear filter employed in signal  
594 and image processing. It is a computationally efficient technique that is simple to implement in  
595 practical, real-time settings. Since it is an adaptive filter, it may be modified to fit a variety of  
596 signal scenarios and put to excellent use in many environments (Chandra et al., 2021). It can  
597 filter out extraneous noise from signals without significantly altering the original signal. Because  
598 of its flexibility, it finds widespread application in the field of signal processing, where it may be  
599 applied in both the time domain and the frequency domain (Khiter et al., 2020). However, in  
600 actuality, the assumptions made by the Wiener filter—that noise and signal are uncorrelated, and  
601 that noise is Gaussian distributed—may not remain true (Appathurai et al., 2019). Furthermore,  
602 it necessitates information about the power spectral densities of the signal and noise, which may  
603 not be readily available or may be difficult to estimate (Cai et al., 2018). Moreover, it is sensitive  
604 to the values of the filter parameters, and finding the best values for these might be difficult. Also,  
605 if the filter's assumptions fail to be fulfilled, it could cause artifacts or distortions in the signal.  
606 The Wiener filter is an effective tool for signal processing in general, and it benefits in situations  
607 when additive noise is present. However, it is sensitive to the details of the signal and the noise  
608 and requires thorough parameter tuning and validation to achieve its full potential.

609 6.2.6 *Deep Neural Filter (DNF) approach*: The deep neural filter is a cutting-edge method for  
610 processing signals and performing filters. Signals having nonlinear dynamics can be modeled  
611 and filtered with the help of deep neural networks due to their ability to learn complex nonlinear  
612 correlations between input and output data. It is a potent tool for signal processing in a variety of  
613 contexts since it can be trained from start to finish without requiring any constructed features or

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614 preconceptions about the data being processed (Lee, M. B., et al., 2021). They may be trained on  
615 massive datasets, which increases their precision and generalization ability. It has several  
616 applications in signal processing, such as noise removal, blur removal, deconvolution, and  
617 prediction. To get effective results, though, a lot of training data is needed, which might be  
618 challenging to collect for some uses. Since deep neural networks are computationally intensive  
619 and necessitate strong technology for training and execution (Li et al., 2020), their applicability  
620 may be constrained in particular scenarios such as physiological signals obtained during  
621 construction tasks. It can be challenging to interpret the results of deep neural networks, which  
622 can reduce their utility in many applications. Overfitting is another issue that could arise with  
623 deep neural networks, especially if the dataset used for training is too short or the model is too  
624 complicated (Baraldi et al., 2013). As a whole, deep neural networks show promise as a useful  
625 tool for signal processing, especially for problems with intricate nonlinear connections between  
626 input and output. However, they are only as efficient as the training data they are given, and the  
627 characteristics of the signal being processed. The high computing cost and lack of interpretability  
628 may also reduce their utility in some applications.

629 Finally, adaptability is a key consideration when choosing an artifact removal approach  
630 because different types of artifacts affect and/or alter distinct physiological signals across various  
631 recording techniques and scenarios. To assess the potential of any artifact removal approach to  
632 detect and remove artifacts from a specific physiological signal, it is necessary to demonstrate its  
633 stability across various setups for experiments (or distinct applications or scenarios) and various  
634 participants.

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### 635 6.3 Challenges and future directions of artifact removal approaches

636 Artifact removal from physiological signals is an important task for analyzing physiological data  
637 captured during construction task due to nature of construction job. While there have been many  
638 advances in artifact removal approaches, there are still several challenges and future directions  
639 to consider.

640 *6.3.1 Lack of standardized evaluation metrics:* There is a growing need for standardized  
641 evaluation metrics so that various artifact removal approaches can be compared with one another  
642 about their level of efficacy (An and Stylios, 2020). Metrics such as signal-to-noise ratio,  
643 distortion metrics, and physiological performance metrics are examples of these types of  
644 measurements.

645 *6.3.2 Integration of multiple techniques:* Because of the complicated configuration of  
646 physiological signals and the wide variety of artifacts that may be present, it is highly likely that  
647 a number of methods will be required in order to successfully remove artifacts from the data  
648 (Sweeney et al., 2012b). To be able to attain the highest level of artifact removal performance  
649 possible, future research should concentrate on combining several approaches.

650 *6.3.3 Real-time implementation:* Real-time implementation is essential for many applications of  
651 artifact removal, including construction work, for example. In the future, research should be  
652 focused on the development of real-time artifact removal programs that may be used in these  
653 types of situations.

654 *6.3.4 Interpretation of post-filtering results:* It is essential to ensure that the findings of artifact  
655 removal approaches are correctly interpreted in order to avoid incorrectly interpreting the



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656 underlying signal (Wirawan et al., 2022). The development of methodologies that can evaluate  
657 the effect that artifact removal has on applications that are developed later in the research process  
658 ought to be the top priority of future study.

659 *6.3.5 Generalizability across different physiological signals and populations:* There are a lot of  
660 approaches for artifact removal that are developed and tested on particular physiological signals  
661 or individuals (Delorme et al., 2007). The development of methods that are applicable to a diverse  
662 set of physiological signals and population types need to be the primary emphasis of research  
663 that will be conducted in the future.

664 *6.3.6 Ethical considerations:* Carelessly removing artifacts from a signal could result in the loss  
665 of essential information. Future study should take into consideration the ethical concerns of using  
666 artifact removal techniques for the purpose of construction-related research.

667 Overall, the challenges and potential developments in artifact removal approaches emphasize  
668 the need for more study and innovation in this field. By resolving these issues, we may enhance  
669 signal processing for data obtained during construction tasks and enhance the accuracy and  
670 reliability of physiological signal analysis.

## 671 **8. CONCLUSION**

672 The findings of this review show that there is currently no gold-standard approach that is both  
673 effective and reliable across a wide range of scenarios. In light of this, it is conceivable that  
674 situationally-specific algorithms may emerge in the near future. Additionally, this review failed  
675 to identify any unique artifact removal approaches that can be used for cleaning physiological  
676 data captured from construction fields. However, this review presents an overview of many novel

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677 artifact removal algorithms to improve the quality of physiological signals obtained from non-  
678 construction domain. Therefore, it is recommended to examine and adopt such approaches in the  
679 construction field to improve the quality of physiological signals captured during construction  
680 tasks for further analysis and interpretation. For example, artifacts and noise in construction-  
681 related physiological data can be removed using various filters and deep learning methods,  
682 including the Wiener filter, Kalman filter, adaptive filter, wavelet packet decomposition, and  
683 others.

#### 684 **Data Availability Statement**

685 Some or all data, models, or code that support the findings of this study are available from the  
686 corresponding author upon reasonable request.

#### 687 **Acknowledgment**

688 The authors acknowledged the following two funding grants: 1. General Research Fund (GRF)  
689 Grant (15201621) titled “Monitoring and managing fatigue of construction plant and equipment  
690 operators exposed to prolonged sitting”; and 2. General Research Fund (GRF) Grant (15210720)  
691 titled “The development and validation of a noninvasive tool to monitor mental and physical  
692 stress in construction workers”.

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**Table 1. Comparison between different artifacts removal techniques.**

Citations	Types of filtering techniques	Type of signals tested	Types of artifacts	Performance Metrics			Conclusions
				Reduction of artifacts (%)	$\Delta$ SNR (db)	Others	
Sweeney et al., 2013	Wavelet Denoising	fNIRS	Motion artifacts	fNIRS: 38.2	fNIRS: 2.88	-	Due to the inclusion of the EEMD algorithm, a unique artifact removal technique, EEMD-CCA, was presented, which is capable of functioning on single-channel measurements. However, when EEMD is used in conjunction with CCA, the outcomes are typically better.
		EEG		EEG: 51.2	EEG: 7.81		
	Empirical Mode Decomposition (EMD)	fNIRS: 13.2		fNIRS: 1.84	-		
		EEG: 38.7		EEG: 7.01			
	Ensemble Empirical Mode Decomposition (EEMD)	fNIRS: 42.2		fNIRS: 3.21	-		
		EEG: 48.5		EEG: 7.88			
EMD – Independent Component Analysis (ICA)	fNIRS: 14.9	fNIRS: 2.12	-				
	EEG: 40.0	EEG: 7.22					
EMD - Canonical Correlation Analysis (CCA)	fNIRS: 17.3	fNIRS: 1.98	-				
	EEG: 39.6	EEG: 6.98					
EEMD-ICA	fNIRS: 39.7	fNIRS: 3.42	-				

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				EEG: 48.3	EEG: 8.02		
	EEMD-CCA			fNIRS: 46.4	fNIRS: 3.44	-	
				EEG: 48.5	EEG: 8.04		
Zhang et al., 2012	Recursive least-squares (RLS) adaptive filter	fNIRS	Physiological artifacts			MSE = small Convergence = fast	Adaptive filtering using least-squares recursion was applied to eliminate physiological disturbance.
	least mean squares (LMS) adaptive filter					MSE = large Convergence = slow	For reducing physiological interference, the RLS method provides a faster convergence and a lower MSE than the LMS algorithm.
Hossain et al., 2022	Wavelet packet decomposition (WPD)	EEG	Motion artifacts	EEG: 52.58	EEG: 29.21	-	For EEG and fNIRS modalities, two innovative motion artifact removal approaches have been proposed: wavelet packet decomposition (WPD) and WPD combined with canonical correlation analysis (WPD-CCA). In terms of % reduction in
	WPD in combination with canonical correlation analysis (WPD-CCA)	fNIRS		fNIRS: 26.4	fNIRS: 16.11		
				EEG: 55.88	EEG: 28.86	-	
				fNIRS: 41.4	fNIRS: 12.41		

							<p>motion artifacts, the unique WPD<sub>(db1)</sub>-CCA and WPD<sub>(fk8)</sub>-CCA techniques performed best, while the WPD<sub>(db1)</sub>-CCA technique produced the highest average SNR for both EEG and fNIRS.</p>
Phadikar et al., 2022	Wavelet packet decomposition (WPD) and a modified non-local means (NLM)	EEG	Muscle (EMG) Artifacts	-	-	<p>Average CC: 0.8675 SSIM: 0.6809</p>	<p>For the first time, a new automatic hybrid approach for denoising muscular artifacts from EEG is presented, in which WPD is paired with an optimized NLM algorithm. The suggested system removes muscular artifacts from the EEG signal regardless of how many artifacts are present; it can remove artifacts from multi-channel EEG data.</p>

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Robertson et al., 2010	two-input recursive least squares (RLS) adaptive filter	fNIRS	Motion artifacts	$\lambda_{760\text{mm}}$ : 0.13		SNR improves moderately when the signal is regressed or adaptively filtered.
	wavelet-based filter			$\lambda_{830\text{mm}}$ : 0.33		
	independent component analysis (ICA)			$\lambda_{760\text{mm}}$ : 0.89		
	two-channel regression			$\lambda_{830\text{mm}}$ : 0.58		
	multiple-channel regression			$\lambda_{760\text{mm}}$ : 3.20		
				$\lambda_{830\text{mm}}$ : 3.67		Although the wavelet-based filtering method improves SNR, the SNR improvement for the dataset without known motion was not significantly better than regression or adaptive filtering. The approaches that take into consideration signal changes on all 30 co-located channels, notably ICA and regression, generated the best motion artifact removal results across all datasets.
Izzetoglu et al., 2005	Wiener filter	fNIRS	Motion artifacts (Head Motion)	$\Delta SNR_{\text{Slow}}$ : 5.2526	$\Delta CC_{\text{Slow}}$ : 0.2929	Wiener filtering was used to propose a novel strategy for motion artifact removal in NIR spectroscopy. The
			$\Delta SNR_{\text{Medium}}$ : 9.0539	$\Delta CC_{\text{Medium}}$ : 0.2977		
				$\Delta CC_{\text{Fast}}$ : 0.4407		

					$\Delta SNR_{Fast}$ : 5.7574		suggested technique requires no additional hardware or sensors and still performs best in terms of mean squares. Offline functionality is a disadvantage of the suggested algorithm.
	Adaptive filter				$\Delta SNR_{Slow}$ : 3.3560	$\Delta CC_{Slow}$ : 0.1519	
					$\Delta SNR_{Medium}$ : 4.1722	$\Delta CC_{Medium}$ : 0.0024	
					$\Delta SNR_{Fast}$ : 2.7906	$\Delta CC_{Fast}$ : 0.1431	
Porr et al., 2022	Deep Neural Filter (DNF)	EEG	Muscle (EMG)		$\Delta SNR_{DNF} =$ 4.1±2.8 dB	SNR was statistically better in DNF as compared to LMS (p = 0.000026).	To extract EMG from EEG, a novel electrode was designed that, in conjunction with the real-time deep learning system, implements a constantly adapting spatial Laplace filter. In this study, deep neural networks were used to do simultaneous learning and noise reduction in real time.
	The least mean squares (LMS)		Artifacts		$\Delta SNR_{LMS} =$ 1.8±1.3 dB		
Roy et al., 2017	Ensemble Empirical Mode Decomposition-	EEG	Motion artifacts	$\lambda_{DWT}$ : 66.8838	$\Delta SNR_{DWT}$ : 17.7248	-	GECCA, a novel algorithm, is introduced in conjunction with EEMD and stationary

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	canonical correlation analysis (EEMD-CCA)			$\lambda_{\text{SWT}}$ : 66.2544	$\Delta\text{SNR}_{\text{SWT}}$ : 17.2621				wavelet transform (SWT) for the quick and efficient suppression of motion artifacts in a single-channel EEG data. To solve the linear equations, the suggested GECCA method employs a backslash operation. This enhances the approaches' computational efficiency. The proposed GECCA-based technique is 18% faster than traditional CCA.
	Gaussian Elimination Canonical Correlation Analysis (GECCA)			$\lambda_{\text{DWT}}$ : 86.0016	$\Delta\text{SNR}_{\text{DWT}}$ : 29.0387	-			
				$\lambda_{\text{SWT}}$ : 87.2759	$\Delta\text{SNR}_{\text{SWT}}$ : 30.2080				
Nguyen et al., 2018	Adaptive-filtering with a recursive least-squares estimation method	fNIRS	Physiological artifacts						The obtained hemodynamic responses were analyzed using a one-way analysis of variance. The obtained hemodynamic responses for the Kalman filter showed statistically significant differences in the means ( $p = 1.04 \times 10^{-7}$ ). Mean hemodynamic responses were significantly different in the
	Kalman filter								A unique adaptive-filtering-based technique was presented to decrease physiological and surface noises. Noise was reduced on average by 77% for oxy-hemoglobin (HbO) and 98% for deoxy-hemoglobin (HbR).
	Low-pass filter (LPF)								

							LPF ( $p = 3.1 \times 10^{-6}$ ). Adaptive filtering using recursive least-squares estimation, on the other hand, yielded no statistically significant results ( $p = 0.03$ ). This demonstrates that the extracted hemodynamic response is more reliably provided by the adaptive-filtering approach than by the LPF and Kalman filter techniques.
Izzetoglu et al., 2010	Kalman filter	fNIRS	Motion artifacts	-	$\Delta SNR_{Slow}$ : 8.5055	-	A unique method for removing motion artifacts from NIRS measurements using Kalman filtering was proposed. It addresses artifacts by merging the benefits of existing adaptive and Wiener filtering methods into a single algorithm. The suggested approach has SNR comparable to Wiener filtering, but without the
					$\Delta SNR_{Medium}$ : 7.8306		
					$\Delta SNR_{Fast}$ : 6.6282		
	Wiener filter			-	$\Delta SNR_{Slow}$ : 5.2526	-	
					$\Delta SNR_{Medium}$ : 9.0539		



				$\Delta SNR_{Fast}$ : 5.7574		stationarity constraints and with efficient real-time application capacity.	
Adaptive filter				-	$\Delta SNR_{Slow}$ : 3.3560		-
					$\Delta SNR_{Medium}$ : 4.1722		
					$\Delta SNR_{Fast}$ : 2.7906		
Chiarelli et al., 2015	kurtosis-based wavelet algorithm	fNIRS	Motion artifacts	SNR: 96%	MSE: 5%	To remove motion artifacts from fNIRS data, a novel algorithm, kbWF, was presented. It results in larger MSE reductions and SNR enhancements than any other processes examined over a wide range of signal and noise levels.	
	Wavelet filter (WF)			SNR: 70%	MSE: 29%		
	Principal component analysis (90%)			SNR: 36%	MSE: 71%		
	Principal component analysis (97%)			SNR: 14%	MSE: 88%		
	Targeted principal component analysis			SNR: 76%	MSE: 26%		
	Spline interpolation			SNR: 73%	MSE: 34%		
Kalman filter					SIFT <sub>Coh</sub> :		

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Zhan et al., 2009	Electrophysiological data	Background noise	5Hz: 0.85 25Hz: 0.94 45Hz: 0.88 Wavelet <sub>Coh</sub> : 5Hz: 0.88 25Hz: 0.94 45Hz: 0.88	In order to reduce noise in the interpretation of multi-trial electrophysiological data, two major optimum filtering approaches were investigated. Wiener filtering with adaptive Wiener and decreased update Kalman filtering is used in a novel way to shape data into a two-dimensional image format. These methods were able to outperform the noise, leading to more accurate estimates of coherence.
Adaptive Wiener filter			SIFT <sub>Coh</sub> : 5Hz: 0.82 25Hz: 0.91 45Hz: 0.91 Wavelet <sub>Coh</sub> : 5Hz: 0.88 25Hz: 0.91 45Hz: 0.86	

**Note:** fNIRS, functional near-infrared spectroscopy; EEG, electroencephalography; SNR, Signal to noise ratio; MSE, Mean square error; EMG, Electromyography

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**Table 2. An overview of several artifacts' removal techniques used in construction studies.**

Citations	Type of signals	Types of artifacts	Filtering methods	Desired signal frequency range	Approaches used
Jebelli et al., 2019a	PPG	The existence of different sources and forms of noises (e.g., electrodes noise, excessive movement, adjustment of sensors, noise from power line, etc.) recorded in the signal.	Band pass	0.5–5 Hz	In order to get rid of this unwanted signal, a bandpass filter was created with a cutoff frequency range of 0.5 Hz to 5 Hz. In the range of 0.05–0.05 Hz (EDL) and 0.05-0.15 Hz (EDA), EDA can be found (EDR). The scientists employed a low-pass filter with a cutoff frequency of 1.5 Hz to remove all background noise from the EDA signal. A notch filter focused on the power-line frequency was also applied to further eliminate power-line interference in the recorded data. Additionally, a Hampel filter was implemented to smooth out the physiological data and remove any out-of-the-ordinary spikes.
			Hampel		
			Notch		
	EDA		Low pass	0–0.15 Hz	
			Hampel		
			Notch		
	ST		High pass	>0.05 Hz	
			Hampel		
			Notch		
Jebelli et al., 2019b	PPG	The most common artifacts (e.g., environmental artifacts, sensor motion artifacts,	Band pass filter	0.5–5 Hz	Bandpass filter with low cutoff frequency of 0.5 Hz and high cutoff frequency of 5 Hz was designed to eliminate noise in the signal. Between 0 and 0.05 Hz (EDL) and 0.05 and 1.5 Hz, low-frequency EDA occurs (EDR). The authors utilized a low-pass filter with a cutoff frequency
			Hampel filter		
			Rolling filter		
			Notch filter		

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	EDA	muscle movement artifacts, etc.) recorded in the signals.	Low pass filter	0–0.1.5 Hz	of 1.5 Hz to remove any non-EDA-related noise. In addition, a notch filter focused on the power-line frequency was applied to the recorded signals to cut down on power-line interference. Additionally, the physiological signals were filtered with a Hampel filter to remove any spikes by using the median value of the neighboring signals.
			Rolling filter		
			Notch filter		
			Hampel filter		
	ST		Hampel filter	>0.05 Hz	
		Low pass filter			
		Notch filter			
Kim et al., 2020	IMU	Signal artifacts and noise (e.g., electrode contact noise, movement artifacts)	Butterworth low-pass filter	4 Hz	The IMU data was filtered using a Butterworth low-pass filter with a 4 Hz cutoff frequency to get rid of the high-frequency noise. To smooth out the EDA signals and remove the effects of the outliers, the authors applied a Bateman lowpass filter with a length of 12.
	HR		Not reported	Not reported	
	EDA		Bateman low pass filter	Not reported	
Chae et al., 2021	EDA	Extrinsic artifacts in EDA, include humidity and temperature around	low-pass filter	3Hz	This research utilized a low-pass filter of 3 Hz to the raw EDA signal to remove most of the extrinsic sounds recorded in the signal, which had a much smaller influence due to the considerably lower impact of intrinsic artifacts.

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	EEG	<p>the subject and noise from the subject's excessive movement.</p> <p>Intrinsic artifacts in EDA, include noise from high activation of muscles, irregular respiration, deep breathing, and coughing.</p> <p>Extrinsic artifacts in EEG include electrode popping or mechanical noise.</p> <p>Intrinsic artifacts in EEG, include eye blinking, eye</p>	<p>Bandpass filter</p> <hr/> <p>Independent component analysis (ICA)</p>	<p>The high- and low-frequency cutoffs were determined to be 36 Hz and 0.5 Hz, respectively</p>	<p>The raw data from the EDA sensor was processed using Ladalab, free software for analyzing skin conductance data in MATLAB. Before further investigation, this software can help users filter and decompose skin conductance data. The EEG signals were also analyzed with EEGLab. Free software, EEGLab, has been developed for the analysis of EEG data by the Swartz Center for Computational Neuroscience (SCCN) at the University of California, San Diego. The tool is tailored to the needs of analyzing EEG data in MATLAB. EEGLab has been used in numerous research projects that analyzed electrophysiological data.</p>
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		movement, and facial muscle movement.			
Umer et al., 2022	HRV	Not reported	median filtering	Not reported	To eliminate the artifacts, a threshold-based artifact correction method was used to each individual segment. Each data segment's average interbeat interval was calculated using median filtering. The data was then subjected to a threshold value, which enabled the identification of artifacts whenever an interbeat interval deviated noticeably from the mean.
Shayesteh et al., 2023	EEG	Extrinsic artifacts (generated due to environmental noises) and intrinsic artifacts (generated due to human body functions, such as ocular artifacts or muscle artifacts).	Fixed-gain filtering	0.5–45 Hz	Artifacts in the EEG data were diminished by use of independent component analysis (ICA) and a fixed-gain filtering approach. In order to reduce the effect of background noise, the authors specifically employed a band-pass filter with a cutoff frequency range of 0.5-45 Hz. Artifacts and genuine EEG signals were both extracted from 2D scalp map projections using image processing methods. They used a high-pass filter with a cutoff frequency of 0.05 Hz on the EDA signals in order to get rid of the low-frequency disturbances from the surrounding environment. In addition, a moving average filter was used to dampen the high-frequency disturbances in the EDA signals. Finally, a band-pass filter with a cutoff frequency range of 0.5-5 Hz was used
			ICA		
			band-pass filter		
	EDA		High pass filter	0.05 Hz	
			moving average filter		
	PPG		band-pass filter	0.5–5 Hz	

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					to remove low- and high-frequency disturbances from the PPG signals.
Aryal et al., 2017	HR	Not reported	third order one-dimensional median filter	Not reported	EEG activity was recorded every second, heart rate (in beats per minute) was recorded every 15 seconds, and core body temperature (in degrees Celsius, with a resolution of 0.01 degrees) was monitored constantly and in real time. By applying a third order one-dimensional median filter and a Savitzky-Golay filter to all of the sensor data, we were able to eliminate the big spikes in the signals earlier in the processing pipeline. To make the sensor results easier to interpret, we then used a moving average filter. After the noise was removed from the signals, they were inspected visually to ensure that the main trends were not altered.
	ST		Savitzky-Golay filter		
	EEG		moving average filter		
Lee et al., 2017	HRV	Not reported	Not reported	Not reported	The HRVs of the workers were analyzed using the free and open-source academic application Kubios HRV 2.2 (Kubios, Finland). Authors used the powerful artifact repair feature offered in Kubios HRV during processing data to erase the effects of artifacts created by the program.
Lee et al., 2021	EDA	Environmental factors (e.g.,	Moving average High pass filter	0.05 Hz	Applying a high-pass filter with a cutoff frequency of 0.05 Hz to the raw EDA data eliminated low-frequency

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	PPG	ambient light, thermal noise, motion, and electromagnetic sources) induce plenty high frequency noise into the signal of interest.	Band-pass filter	0.5–4.0 Hz	sounds brought on by variations in the impedance of the EDA sensor electrodes or ambient variables like temperature and humidity. High-frequency disturbances caused by user motions and electromagnetic interference were further suppressed by applying a moving-average filter with a six-data-point window. Using a band-pass filter between 0.5 and 4.0 Hz for PPG helped mitigate low- and high-frequency disturbances (including flicker noise, LED shot noise, and ambient light noises). Due to inadequate contact between the infrared thermopile temperature reader and human skin, the authors used a hamper filter to clean up the ST signals.
	ST		Hamper filter	Not reported	
Newton, 2022	PPG	Motion artifacts	Moving average	Not reported	By employing a PPG sensor, the Empatica E4 is able to track the volumetric change in blood flow to and from the hand throughout each cardiac cycle. Samples of blood volume pulse are taken at 64 Hz. The software in the device then selects peaks in the signals and logs the most likely time periods (more than 0.3 s and less than 2.0 s) as the beats' separations. By averaging HR from the inter-beat intervals over a sliding 10-s window, the raw PPG data has had most of its severe motion artifacts eliminated. The raw data from the EDA sensor is sampled every 4 milliseconds. Raw data from the Empatica E4 is processed by the Matlab program
	EDA		adaptive smoothing automatic artefact correction		



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					LedaLab (leda.de/), which is available for download under the GNU General Public License. LedaLab will perform adaptive smoothing and automatic artifact correction on the raw data to get it ready for further analysis.
Xu et al., 2017	EMG	Motion of the participants and electrode displacement caused signal artifacts.	High pass filter	40Hz	As a first stage in signal processing, applying a frequency filter helps get rid of extraneous noise. A fifth-order Butterworth high-pass filter is employed to filter out the noise at a sampling rate of 500 hertz because the electromyography (EMG) data is a high-frequency signal. The maximum frequency allowed through the filter is 40 Hz. For this reason, the EDA signal is filtered using a Butterworth low-pass filter of fourth order with a cut-off frequency of 5 Hz and a sampling rate of 500 Hz. Using a sampling rate of 500 Hz, we apply two filters to get rid of the background noise in the EEG recordings: a high-pass Butterworth filter with a cut-off frequency of 4 Hz and a low-pass Butterworth filter with a cut-off frequency of 40 Hz, both with eight orders. The BVP noise is filtered out using a fourth-order Band pass filter with low and high cut-off frequencies of 1 Hz and 8 Hz, respectively.
	EEG		Band pass filter	4Hz – 40Hz	
	ECG		Band pass filter	3Hz – 45Hz	
	EDA		Low pass filter	5Hz	
	BVP		Band pass filter	1Hz – 8Hz	

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Note: PPG, Photoplethysmography; EDA, Electrodermal activity; ST, Skin temperature; EMG, Electromyography; EEG, Electroencephalography; ECG, Electrocardiography; BVP, Blood volume pulse; IMU, Inertial measurement unit; HRV, Heart rate variability; HR, heart rate; BR, Breathing rate

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