

# Highly Efficient Side-Coupled Acousto-Optic Modulation of a Suspended Core Fiber Bragg Grating

Ricardo E. da Silva, Egor Manuylovich, Namita Sahoo, Martin Becker, Manfred Rothhardt, Hartmut Bartelt and David J. Webb

**Abstract**— We demonstrate acousto-optic modulation of a fiber Bragg grating in a birefringent suspended core fiber up to frequencies of 5.2 MHz for the first time. At acoustic resonances lower than 820 kHz, the reflectivity of the orthogonal polarization modes is electrically switched to a superposed reflection band with a maximum modulation depth of 51% at 10 V. The wavelength peak of the polarization modes is dynamically shifted by tuning the driven electrical signal from 1.92 to 5.2 MHz. A novel side-coupled based acousto-optic device is demonstrated, indicating new possibilities for ultracompact, fast and efficient all-fiber integrated devices.

**Index Terms**— acousto-optic devices, fiber Bragg gratings, fiber-optic components.

## I. INTRODUCTION

OPTICAL devices based on fiber Bragg gratings (FBGs) and long period gratings (LPGs) have attracted significant interest because of their potential application in spectral filters, fiber sensors and fiber lasers [1]–[4]. In particular, FBGs combined with birefringent fibers enable unique possibilities to generate and tune multiwavelength fiber lasers [3], [4]. The generation of spectral channels with tunable reflectivity or wavelength is usually achieved by changing the properties of the orthogonal polarization modes by means of strain, curvature, or temperature methods. Nevertheless, most of the proposed techniques are relatively slow to change the optical properties, consequently limiting the fast tuning of the devices. Electrical tuning of the effective refractive indices of the polarization modes employing high voltage thermal based techniques (160 - 190 V) has been successfully demonstrated [5]. However, the device response time is usually limited to the tens of milliseconds range of 35-70 ms because of the slow material heating/cooling process. Overall, the combination of polarization controllers, interferometers or additional components in the setup may induce high insertion losses, increasing the device complexity, size and costs.

Alternatively, acousto-optic devices offer fast tuning of the power and spectral properties of optical fibers by electrically-tunable acoustic waves with response times in the range of 42 –

150  $\mu$ s [6]–[8]. Nevertheless, the commonly used standard single-mode fibers (SMFs) provide a poor overlap between the acoustic waves and the optical modes or gratings in the fiber core, since the acoustic power is distributed over the whole fiber cross section. The modulators generally require long interaction lengths to enhance the acousto-optic efficiency (device lengths longer than 6.9 cm have been reported [7]–[10]). The use of long fiber lengths however increases the device response time because the acoustic waves take more time to travel along the fiber. Cladding-etched fibers or tapered fibers strengthen the acousto-optic interaction [7], [8], [11]. However, the excessive reduction of the fiber diameter might cause mechanical instabilities, exposing the optical properties to surface impurities. In this sense, suspended-core fibers (SCFs) have emerged as a promising alternative to enhance the interaction of acoustic and optical power in the fiber core without reducing the cladding diameter [12], [13].

In this Letter, we demonstrate new efficient and fast side-coupled acoustically induced modulation of a FBG in a highly birefringent suspended core fiber (HB-SCF) up to 5.2 MHz. The HB-SCF supports two polarization modes propagating in the core with distinct effective indices  $n_{eff}$  and phase velocities  $v$ , usually named as “fast Y” and “slow X” modes. Interaction of these modes with a grating results in two reflected bands centered at the wavelengths  $\lambda_Y$  and  $\lambda_X$  (unmodulated FBG in Fig. 1(a)). The grating supports degenerated polarization modes XYC, propagating in phase and overlapping the grating reflectivity leading to a superposed central band centered at  $\lambda_C$ , as illustrated in Fig. 1(a) [12].

The acoustically induced strain modulates the grating period  $\Lambda(z)$  and effective refractive index  $n_{eff}$  of the fast and slow modes, inducing reflection lobes on both sides of the polarization peaks. The modulated power from the fast mode at the inner right sidelobe  $\lambda_{YC}$ , propagates in a longer optical path length and grating period (tensioned grating) compared to the slow mode at the left sidelobe  $\lambda_{XC}$  (compressed grating), compensating the velocities of the orthogonal modes to match in phase with the degenerated central mode at  $\lambda_C$  [12]. Thus, the inner lobes are tuned by the acoustic frequency to superimpose

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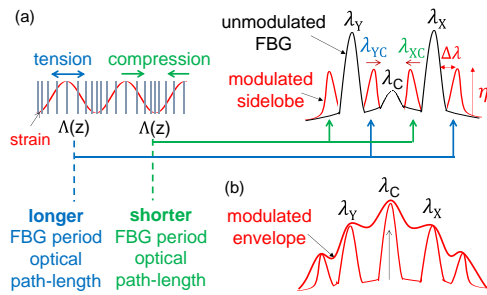


Fig. 1. Illustration of the (a) unmodulated and modulated FBG spectrum in the HB-SCF by means of a longitudinal acoustic wave. (b) The modulated inner sidelobes overlap in phase inducing a superposed reflection band at  $\lambda_C$ .

the reflectivities at  $\lambda_C$ , resulting in a multiwavelength modulated envelope (Fig. 1(b)).

The sidelobe reflectivity  $\eta$  and separation  $\Delta\lambda$  are [11],

$$\eta = \tanh^2 \left[ \frac{\pi \Delta n_{ac} \Gamma}{\lambda_B} L_g J_m \left( \frac{\lambda_a}{\Lambda} \sqrt{\frac{2P_{ac}}{YA_s v_{ext}}} \right) \right], \quad (1)$$

$$\Delta\lambda = \frac{f \lambda_B^2}{2n_{eff} v_{ext}}, \quad (2)$$

in which,  $\lambda_B = 2n_{eff}\Lambda$  is the Bragg wavelength,  $J_m$  is the Bessel function of the first kind of order  $m$ ,  $\Delta n_{ac}$  is the grating index modulation amplitude,  $L_g$  is the grating length,  $\lambda_a$  is the acoustic period,  $\Gamma$  is the confinement factor,  $P_{ac}$  is the acoustic power,  $Y$  is the Young's modulus,  $A_s$  is the silica fiber cross section and,  $v_{ext}$  is the extensional acoustic velocity in silica. The reflectivity of the polarization peaks and superposed central band is accordingly tuned by adjusting the sidelobe reflectivity  $\eta$  and separation  $\Delta\lambda$  with the acoustic power  $P_{ac}$  and frequency  $f$ , respectively.

## II. EXPERIMENTAL SETUP

Fig. 2(a) illustrates the acousto-optic device and the setup used to characterize the modulated FBG spectrum. The modulator is fabricated with a piezoelectric transducer (PZT), an acoustic horn and the HB-SCF. The fiber is composed of two similar pure silica cores ( $7.7 \mu\text{m} \times 4 \mu\text{m}$ ) and four air holes (diameter range 40 - 43  $\mu\text{m}$ ) separated by silica bridges of 2.7  $\mu\text{m}$  thickness. Fig. 2(b) shows the HB-SCF cross section with a detail of one of the fiber cores in Fig. 2(c). The fiber diameter is 124  $\mu\text{m}$ . A 1 cm long FBG is inscribed in the fiber by means of a femtosecond laser, using a phase mask interferometer and two-beam interference technique, according to the method described in [14].

The PZT disc is 200  $\mu\text{m}$  thickness and 3 mm in diameter. The acoustic horn is made by tapering a solid silica rod from 640 to 80  $\mu\text{m}$  in diameter along 1.6 cm [10]. The horn is connected to the PZT and fiber by means of a glass adhesive. The horn tip is fixed on the fiber surface along 3 mm, forming the side-coupling connection, as illustrated in Fig. 2(a). The PZT base is fixed on a metallic support connecting to a signal generator (SG). Conductive glue electrically connects the metallic support and PZT, preventing the use of conventional soldering causing unsuitable loads on the PZT. The modulator works as a resonant acoustic cavity at discrete resonance frequencies by fixing the PZT base and the fiber. The HB-SCF is spliced to the

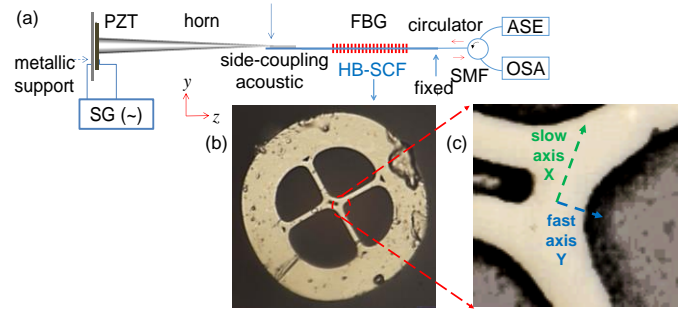


Fig. 2. (a) Illustration of the acousto-optic modulator and experimental setup, with details of the (b) HB-SCF cross section and (c) one of the fiber cores.

SMF connecting to a circulator using an arc-discharge fusion splicer. The whole modulator is 3.2 cm long.

The PZT is excited by a sinusoidal electrical signal from 1 to 10 V (peak-to-peak) at the resonances of  $f = 215$  kHz,  $f = 353$  kHz and  $f = 820$  kHz. The modulator is further tuned at the resonances of  $f = 1.95$  MHz,  $f = 2.92$  MHz and  $f = 5.2$  MHz with a constant 10 V. The best performance is achieved at the resonance frequencies, which depend on the component's material and dimensions and overall device size. The acoustic waves are amplified by the acoustic horn and coupled by the fiber surface to interact with the grating. The FBG spectrum is characterized by employing a broadband optical source (ASE730 Thorlabs) and an optical spectrum analyzer (OSA Yokogawa AQ6370D) with a 20 pm wavelength resolution. The temporal response of the modulator is characterized by tuning a CW laser at the modulated superposed peak  $\lambda_C$  and the resonance of  $f = 820$  kHz. The modulated optical power is measured with a photodetector and an oscilloscope.

## III. RESULTS AND DISCUSSIONS

Fig. 3 shows the unmodulated FBG spectrum indicating the peaks of the orthogonal polarization modes centered at  $\lambda_Y = 1540.32$  nm and  $\lambda_X = 1540.58$  nm (voltage off). The spectra are normalized to the maximum reflectivity. The centered wavelength of the superposed XY mode is estimated at  $\lambda_C = 1540.46$  nm, being 130 pm (averaged value) separated from the polarization peaks. The modulated grating reflectivity is evaluated at these fixed peak values for the voltage range of 1 - 10 V applied to the PZT at the resonances of  $f = 215$  kHz,  $f = 353$  kHz and  $f = 820$  kHz, as indicated in Fig. 3. The respective sidelobe separation,  $\Delta\lambda = 31$  pm,  $\Delta\lambda = 51$  pm and  $\Delta\lambda = 118$  pm, are calculated with Eq. (2), considering the averaged modal effective index  $n_{eff} = 1.43$  (estimated from the polarization peaks) and an extensional silica velocity of  $v_{ext} = 5740$  m/s [9]. Analysis indicates that the modulated peak at  $\lambda_C$  in Figs. 3(a) and 3(b) is also induced by the overlapping of higher order lobes with the separation being a multiple of the first-order sidelobes in Eq. (2) (e.g.,  $2\Delta\lambda$ ,  $3\Delta\lambda$ , etc.) [11].

Fig. 3(a) shows four sidelobe peaks over the modulated envelope at 7 and 8 V (indicated with green circles at 7 V). The increasing voltage modulates the superposed central band with a maximum depth of  $\Delta\eta_C = 41\%$  at  $f = 215$  kHz. This increased reflectivity is followed by a decreasing reflection of the fast and slow peaks, achieving a modulation of  $\Delta\eta_Y = 51\%$  and  $\Delta\eta_X = 47\%$ , respectively. For the resonance of  $f = 353$  kHz in

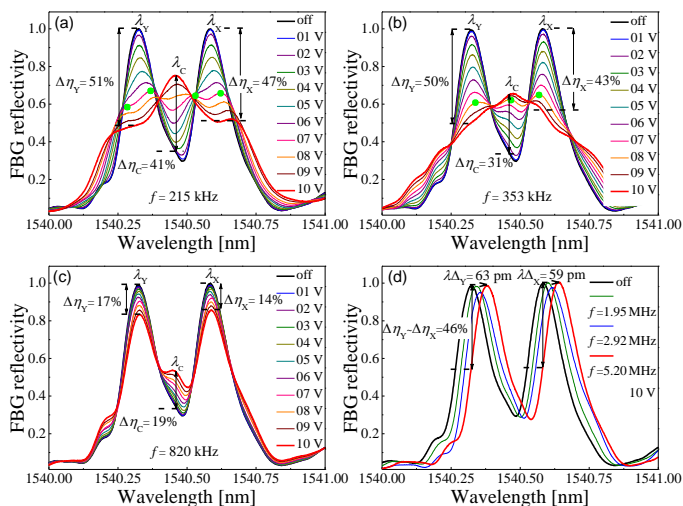


Fig. 3. Unmodulated (voltage off) and modulated FBG spectra for the resonances at (a)  $f = 215$  kHz, (b)  $f = 353$  kHz and (c)  $f = 820$  kHz, and the voltage range of 1-10 V applied to the PZT. (d) Unmodulated (voltage off) and modulated FBG spectra for the resonances at  $f = 1.95$  MHz,  $f = 2.92$  MHz and  $f = 5.2$  MHz, and the voltage of 10 V applied to the PZT.

Fig. 3(b), the peaks' modulation slightly decreases to  $\Delta\eta_Y = 50\%$  and  $\Delta\eta_X = 43\%$ . The values are measured considering the modulated envelope as reference. In fact, values higher than  $\Delta\eta = 60\%$  are observed at the outside edges of the polarization peaks. Note three sidelobe peaks over the modulated envelope at 7 and 8 V. It is caused by a larger sidelobe separation compared to the resonance in Fig. 3(a). Nevertheless, the superposed band at  $\lambda_C$  decays to  $\Delta\eta_C = 31\%$  indicating detuning between the sidelobes and the coupling wavelength  $\lambda_C$ . The peaks' visibility is improved by measuring the modulated FBG spectra with an OSA or other equipment with higher wavelength resolution. The polarization properties of this kind of gratings are studied in [12]. The modulation of higher order lobes is significantly reduced at  $f = 820$  kHz, as seen in Fig. 3(c). Consequently, switching from the orthogonal modes directly to the superposed mode is more evident for this resonance. However, the reduced acoustic amplitude and detuning contribute to lower modulation values of the polarization peaks ( $\Delta\eta_Y = 17\%$  and  $\Delta\eta_X = 14\%$ ) and the superposed central band ( $\Delta\eta_C = 19\%$ ).

The modulation depth  $\Delta\eta$  variation at the peaks  $\lambda_Y$ ,  $\lambda_X$  and  $\lambda_C$  with increasing voltage is summarized for the considered resonances in Fig. 4(a). Note that the modulated reflection of the fast mode,  $\Delta\eta_Y$ , is slightly higher than the slow mode,  $\Delta\eta_X$ . This difference might be caused by the peak's asymmetry (the spectrum of the fast peak is slightly broader than the slow peak, indicating a higher confinement factor in Eq. (1)). It suggests higher spectral power confined in the fast peak band overlapping with the grating in the fiber core, consequently inducing higher modulation. The modulated reflectivity  $\eta$  also depends on the effective index  $n_{eff}$ , considering  $\lambda_B = 2n_{eff}\Lambda$  in Eq. 1. Thus, the smaller effective index of  $\lambda_Y$  contributes to higher  $\eta$ . Overall, considering that the sidelobes are replicas of the Bragg reflection band [11], asymmetries in the unmodulated peaks are also expected in the modulated spectrum. Non-uniform distribution of the acoustic strain over the fiber cross section caused by the side-coupling is also expected [1]. The narrowest core region in Fig. 2(c) might benefit to concentrate the strain in the core center, inducing increased modulation of

the fast mode. Overall, the longitudinal acoustic waves are efficiently coupled by means of the fiber surface. The acoustic period of the respective resonances,  $\lambda_{a-215\text{kHz}} = 2.7$  cm,  $\lambda_{a-353\text{kHz}} = 1.6$  cm, and  $\lambda_{a-820\text{kHz}} = 0.7$  cm ( $v_{ext} = f\lambda_a$ ) are much longer compared to the 3 mm long side-coupling connection, favoring the axially induced strains along the grating.

A strong modulated wavelength shift of both polarization modes is revealed for the resonances of  $f = 1.95$  MHz,  $f = 2.92$  MHz and  $f = 5.2$  MHz, as shown in Fig. 3(d). The fast and slow peaks shift by a maximum of  $\lambda_{\Delta Y} = 63$  pm and  $\lambda_{\Delta X} = 59$  pm, respectively. A modulation depth of  $\Delta\eta = 46\%$  is consequently induced at both polarization peaks. The peaks' induced shift is almost linear with increasing frequency, as shown in Fig. 4(b). The estimated acoustic wavelengths at these resonances are  $\lambda_{a-1.95\text{MHz}} = 2.9$  mm,  $\lambda_{a-2.92\text{MHz}} = 2$  mm and  $\lambda_{a-5.20\text{MHz}} = 1.1$  mm, respectively. The decreasing acoustic period to values smaller than the 3 mm horn-fiber connection implies a non-uniform distribution of the acoustic wave along the fiber. In this case, the central air hole and the fiber cores shifted in relation to the fiber center in Fig. 2(b), likely contribute to an asymmetric distribution of the induced tensile and compressive strains over the fiber cores and silica bridges.

At lower frequencies, the symmetric longitudinal acoustic waves induce tension and compression strains along the grating, inducing respective right and left lobes besides the  $\lambda_Y$  and  $\lambda_X$  peaks in Fig. 1(a). Both strains are uniformly distributed over the SCF cross section with almost equivalent lengths along the grating. The lobes are considered as a partial dynamic shift of the peaks simultaneously to both sides. Consequently, the inner lobes generate the superposed central band. At higher frequencies, the side-coupled asymmetric acoustic waves induce distinct tensile and compressive strains in the out-of-center fiber cores over the SCF cross section. As a result, tension predominates along the grating in the evaluated fiber core, shifting the polarization peaks only to the right (Fig. 3(d)).

We have investigated the best time response of the acousto-optic modulator at  $f = 820$  kHz. Fig. 4(c) shows the electrical signal applied to the PZT and the modulated optical signal at  $\lambda_C$  and  $f = 820$  kHz. The acoustic wave takes  $\tau_{0-100\%} = 12.4$   $\mu\text{s}$  to raise the optical signal from the lower to the upper stationary level (0-100%). The delay between the electrical and optical signals of  $\tau_{DL} = 3.5$   $\mu\text{s}$  is related to the acoustic wave generation and propagation along the horn (it is up to 14 times shorter compared to previous reports of 25 - 50  $\mu\text{s}$  [6][7]). The overall device switching time is about  $\tau_{ST} = 16$   $\mu\text{s}$ . Comparable modulation values of  $\Delta\eta_Y = 50\%$  are efficiently achieved by the side-coupling employing a significant smaller PZT (10 times in thickness and 8 times in diameter), smaller acoustic horn (8 times base diameter and 3 times in length), and an overall smaller modulator (the 3.2 cm long device is about 3 times smaller compared to previous similar devices of about 9.5 cm [6][12]). The side-coupling might enable operation in transmission, employing simpler solid acoustic horns compared to the hollow horns made with complex fabrication techniques [10]. The PZT and horn could be slightly shifted from the fiber axis providing access to both fiber ends (the small horn diameter of 80  $\mu\text{m}$  offers bending flexibility of this purpose).



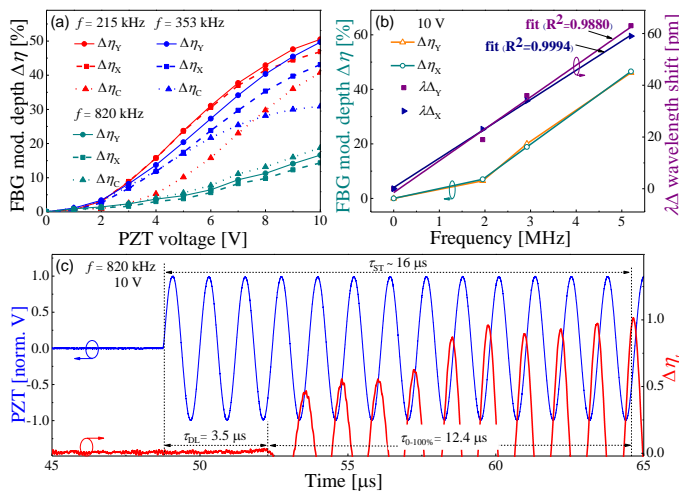


Fig. 4. (a) FBG modulation at the polarization peaks and superposed band with increasing voltage at the resonances of  $f = 215$  kHz,  $f = 353$  kHz and  $f = 820$  kHz. (b) Modulated depth and wavelength of the polarization peaks with increasing frequency at the resonances of  $f = 1.95$  MHz,  $f = 2.92$  MHz and  $f = 5.2$  MHz. (c) Time response of the acousto-optic modulator.

The modulation depth  $\Delta\eta$  depends on the modulator design, efficiency of the PZT, acoustic horn and fiber, coupling between the components and with the electrical circuit (e.g. adhesives, electrodes and soldering connections). The suspended core fibers are the main contributors because of the considerable reduction of the effective silica cross section area,  $A_s$ , in Eq. (1). Thus, the increased HB-SCF efficiency is also predicted for other kinds of SCFs [13], being promising for highly efficient modulation with increasing frequency [15].

The modulation depth  $\Delta\eta$  might be increased by improving the components' efficiency and connections (e.g. highly efficient PZTs with reduced diameters matching with the cross section of shorter silica horns). Improved efficiency might also be achieved by employing FBGs with high grating index modulation amplitudes  $\Delta n_{ac}$ , inscribed in SCFs with larger air holes. Long grating lengths  $L_g$  (e.g.  $L_g = 5$  cm) enhance the modulator efficiency, as indicated in Eq. (1) [7]. However, long  $L_g$  increases the device size and the response time. As demonstrated, the reduced 3.2 cm modulator works with a short switching time ( $\tau_{\text{ST}} = 16$   $\mu\text{s}$ ). Given the size of existing modulators, such as, electro-optic devices based on 2D-materials [16], it is desirable to reduce the size of our device still further. The acousto-optic modulator might be reduced to a millimeter scale by confining the side-coupled acoustic waves inside the suspended core fiber [15]. Overall, the best grating length is defined by a compromise between the modulation efficiency, response time and device size required for a specific application.

Higher modulation depth and shorter response times are also expected by splicing the horn tip and the HB-SCF along the side-coupling connection. Accordingly, a longer wavelength shift range of the peaks at resonances from  $f = 1.95$  MHz is also expected. For frequencies higher than  $f = 5$  MHz, the tension and compression regions along the grating (552  $\mu\text{m}$  in length at  $f = 5.2$  MHz) tend to decrease to the order of the fiber diameter. It will potentially enable confinement of acoustic waves inside suspended core fibers, strengthening the interaction with optical modes and gratings in the fiber core [15].

#### IV. CONCLUSION

In summary, we demonstrate highly efficient side-coupled acoustically induced FBG modulation of the polarization modes in a suspended core fiber up to 5.2 MHz. A maximum modulation depth of 51% is achieved at 215 kHz and 10 V. Up to 5 wavelength bands are tuned by the voltage and the frequency of an electrical signal. The polarization peaks shift to longer wavelengths with a maximum of 63 pm at  $f = 5.2$  MHz. For the best of our knowledge, the 3.2 cm long modulator is the smallest all-fiber acousto device reported, pointing to a new generation of ultracompact and fast fiber-integrated devices.

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