

1 ***In vitro* and *in silico* investigation of water-soluble**
2 **fullerenol C₆₀(OH)₂₄: bioactivity and biocompatibility**

3 *Vladimir V. Sharoyko^{a,b,c*}, Nailia R. Iamalova^{a,d}, Sergei V. Ageev^{a,b}, Anatolii A.*
4 *Meshcheriakov^{a,b}, Gleb O. Iurev^{a,e}, Andrey V. Petrov^b, Dmitry A. Nerukh^f, Vladimir S.*
5 *Farafonov^g, Lubov V. Vasina^a, Anastasia V. Penkova^b, Konstantin N. Semenov^{a,b,c*}*

6 ^aPavlov First Saint Petersburg State Medical University, 6–8 L’va Tolstogo ulitsa, Saint
7 Petersburg, 197022, Russia

8 ^bInstitute of Chemistry, Saint Petersburg State University, 26 Universitetskii prospekt, Saint
9 Petersburg, 198504, Russia

10 ^cA. M. Granov Russian Research Centre for Radiology and Surgical Technologies, 70
11 Leningradskaya Ulitsa, Saint Petersburg, 197758, Russia

12 ^dAgrophysical Research Institute, 14 Grazhdanskii prospekt, Saint Petersburg 195220, Russia

13 ^eAlmazov National Medical Research Centre, 2 Akkuratova ulitsa, Saint Petersburg, 197341,
14 Russia

15 ^fDepartment of Mathematics, Aston University, Birmingham, B4 7ET, UK

16 ^gV. N. Karazin Kharkiv National University, 4 Svobody ploshchad’, Kharkiv, 61022, Ukraine

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19
20 *Corresponding authors at: 6–8 L’va Tolstogo ulitsa, Saint Petersburg, 197022, Russia (K. N.
21 Semenov) and 26 Universitetskii prospekt, Saint Petersburg, 198504, Russia (V. V. Sharoyko)
22 E-mail addresses: knsemenov@gmail.com (K. N. Semenov), sharoyko@gmail.com (V. V.
23 Sharoyko).

24

1 **Abstract**

2 Light fullerenes, C₆₀ and C₇₀, have significant potential in biomedical applications due
3 to their ability to absorb reactive oxygen species, inhibit the development of tumours, inactivate
4 viruses and bacteria, and as the basis for developing systems for targeted drug delivery.
5 However, the hydrophobicity of individual fullerenes complicates their practical use, therefore,
6 creating water-soluble derivatives of fullerenes is increasingly important. Currently, the most
7 studied soluble adducts of fullerenes are polyhydroxyfullerenes or fullerlenols. Unfortunately,
8 investigations of fullerlenol biocompatibility are fragmental. They often lack reproducibility
9 both in the synthesis of the compounds and their biological action. We here investigate the
10 biocompatibility of a well-defined fullerlenol C₆₀(OH)₂₄ obtained using methods that minimise
11 the content of impurities and quantitatively characterise the product's composition. We carry
12 out comprehensive biochemical and biophysical investigations of C₆₀(OH)₂₄ that include
13 photodynamic properties, cyto- and genotoxicity, haemocompatibility (spontaneous and
14 photoinduced haemolysis, platelet aggregation), the thermodynamic characteristics of
15 C₆₀(OH)₂₄ binding to human serum albumin and DNA. The performed studies show good
16 biocompatibility of fullerlenol C₆₀(OH)₂₄, which makes it a promising object for potential use
17 in biomedicine.

18 **Keywords:** Fullerlenol; HSA; Cytotoxicity; Genotoxicity; Haemolysis; Molecular Dynamics.

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1 **1. Introduction**

2 Polyhydroxylated fullerenes (fullerenols) are currently the most studied class of water-
3 soluble derivatives of fullerenes ¹⁻⁶. Fullerenols exhibit high antioxidant activity,
4 radioprotective, antimutagenic, antitumour, and antimetastatic properties ⁷⁻¹⁶. Due to their low
5 toxicity ^{1,17-21} and chemical structure convenient for immobilisation of various biologically
6 active molecules, fullerenols are promising drug carriers ^{17,22-25}.

7 Saitoh *et al.* ¹⁰ studied the possibility of using the fullereneol C₆₀(OH)₂₄ as a
8 radioprotector and found that it prevents the radiation-induced decrease in leukocyte level, and
9 that it exhibits radioprotective properties most effectively in the spleen, small intestine, and
10 lungs of rats.

11 The antioxidant properties of fullerenols were first described under the conditions of
12 inducing reactive oxygen species (ROS) production caused by the reversible damage to
13 hippocampus for *in vitro* ²⁶, as well as *in vivo* models of dogs with intestinal ischemia-
14 reperfusion and small bowel transplantation ²⁷. It was later shown that C₆₀(OH)₂₄ can trap the
15 radicals of nitrogen monoxide when sodium nitroprusside (NO radicals donor) is added to the
16 solution ⁹. In recent studies, a correlation was found between the antioxidant properties of
17 C₆₀(OH)₂₄ and the activity of nuclear factor erythroid 2-related factor 2 (NRF2), which
18 regulates the expression of antioxidant enzymes ²⁸.

19 Fullerenes can be used as photosensitisers. The ability of fullerene C₆₀ and its water-
20 soluble derivative C₆₀(OH)₁₈ to damage cell membranes after photoactivation was studied with
21 rat liver microsomes. It was shown that fullerene and fullereneol can generate ROS as a result
22 of photoexcitation and cause lipid peroxidation and oxidation of cell membrane proteins ²⁹.

23 Another application of fullerenols, associated with the delivery of anticancer drugs, was
24 proposed in ref. ²⁴. The fullereneol-doxorubicin conjugate (C₆₀(OH)₁₈₋₂₄-Dox) inhibited *in vitro*
25 proliferation of tumour cell lines (mouse melanoma B16-F10, mouse lung carcinoma LLC1,

1 and metastatic human breast carcinoma MDA-MB231) by blocking the G2-M cell cycle phase
2 leading to apoptosis. *In vivo* experiments in mice showed high antitumour efficacy of the
3 fullereneol-Dox conjugate without the systemic toxicity of free Dox.

4 The protective function of $C_{60}(OH)_{24}$ against Dox-induced hepatotoxicity in
5 experiments was studied *in vivo* (using Sprague Dawley rats) and *in vitro* (using human HepG2
6 hepatocellular carcinoma and Caco-2 colorectal adenocarcinoma)³⁰. The authors found that it
7 can serve as a potential hepatoprotector under the conditions of Dox-induced hepatotoxicity.

8 Xu *et al.*³¹ found that the fullereneols $C_{60}(OH)_x$ ($x = 22, 24$) can reduce the toxic effects
9 of some dangerous toxicants. For example, a model based on hepato- and nephrotoxicity,
10 caused by the action of carbon tetrachloride (CCl_4), was used to study the protective
11 mechanisms of fullereneol in Sprague Dawley rats. It was found that liver and kidney were
12 protected against CCl_4 -induced oxidative stress by activating the antioxidant defence systems.

13 Fullereneols have a positive effect on the development, yield, and quality of various
14 crops. Panova *et al.*³² and Bityutskii *et al.*³³ developed nanocompositions containing
15 fullereneols $C_{60}(OH)_{n1}O_{n2}$ and various trace elements that led to increased crop yields, improved
16 crop quality, reduced ripening period of fruits and vegetables, reduced degree of diseases
17 damage to plants, increased plant resistance to adverse environmental conditions (winter
18 hardness, drought tolerance), increased seed germination, and reduced level of nitrates in
19 plants.

20 Summarising, fullereneols are the most studied class of water-soluble fullerene
21 derivatives. The study of this class of compounds began more than 20 years ago and to date a
22 fairly large array of information has been accumulated on the production, the physicochemical
23 and biological properties, as well as on the use of fullereneols. However, literature on the
24 biological properties and biocompatibility of water-soluble fullerene derivatives shows
25 systematic limitations in their studies. They include the following:

- 1 1. Most studies lack comprehensive data on the quantitative identification of fullerenols.
- 2 2. The proposed synthesis methods often do not provide compounds with a reproducible
3 composition of the final product.
- 4 3. It is known that in addition to hydroxyl groups, fullerenols may contain other functional
5 groups (oxo, epoxy, carboxy, etc.); it should also be noted that most of the methods for the
6 synthesis of fullerenols are carried out in alkaline medium^{3,34-36}, thus, fullerenols can exist in
7 the form of salts.
- 8 4. The studies of the biological properties and biocompatibility of fullerenols are fragmentary.
9 The reason is low reproducibility of the composition of the studied adducts (see the points
10 above).

11 All this makes it very difficult to investigate the biomolecular mechanisms of
12 fullerenols' action.

13 We address the above deficiencies in the present work and report on the studies of the
14 biocompatibility of the well-defined fullereneol C₆₀(OH)₂₄. This adduct was obtained under mild
15 conditions by alkaline hydrolysis of a bromo derivative C₆₀Br₂₄. The use of this technique made
16 it possible to obtain a reproducible composition of the final product with a minimum content
17 of impurity groups^{9,37-39}. Thus, in this work, for the first time, a comprehensive study of the
18 biocompatibility of C₆₀(OH)₂₄ aqueous solutions was carried out.

19 The study of biocompatibility is a key point for preclinical studies and a starting point
20 for further applications of this adduct in nanobiomedicine. No doubt, the uniqueness of the
21 electronic structure of fullerenols, its compatibility with water and aqueous solutions, the
22 presence of an internal volume, and the possibility of immobilisation of biologically active
23 molecules make this class of compounds extremely promising for biology and medicine. Here
24 we investigate the thermodynamic characteristics of the binding of fullereneol to human serum
25 albumin (HSA) and DNA, genotoxicity, platelet aggregation, erythrocyte haemolysis

1 (spontaneous and photo-induced), and photodynamic properties. As the first step in the
2 investigation of biomolecular mechanisms behind the fullerenols' activity, the molecular
3 dynamics (MD) simulations were carried out to study the process of C₆₀(OH)₂₄ self-association
4 in water, as well as the interaction of C₆₀(OH)₂₄ with HSA.

5 **2. Experimental part**

6 **2.1 Materials**

7 The manufacturers and the purity of the reagents that were used are presented in Table
8 1. The identification of obtained C₆₀(OH)₂₄ using various physicochemical methods (NMR, IR,
9 UV/Vis spectroscopy, mass spectrometry, elemental analysis) was previously described in ^{40,41}.

10 **2.2 Particle size distribution in aqueous solutions and ζ-potentials of C₆₀(OH)₂₄**

11 The size distribution of C₆₀(OH)₂₄ particles in aqueous solutions in the concentration
12 range $C = 10\text{--}100\ \mu\text{M}$ was measured using the Malvern Zetasizer 3000 instrument at 293.15 K
13 temperature; the values of polydispersity indices were 0.24–0.47.

14 Table 2 shows the results for the particle distribution by size and ζ-potentials. The data
15 shows that in the concentration range $C = 10\text{--}100\ \mu\text{M}$, the hydrodynamic diameter of the
16 particles in solution increases from 10 to 40 nm. This is most probably due to the self-
17 association of C₆₀(OH)₂₄ molecules *via* hydrogen bonds and hydrophobic interactions. The
18 concentration dependence of ζ-potentials shows that in this concentration range the solutions
19 of C₆₀(OH)₂₄ are electrokinetically stable.

20 **2.3. Biocompatibility of fullereneol C₆₀(OH)₂₄**

21 **2.3.1. Erythrocytes haemolysis**

22 Erythrocyte haemolysis was studied by measuring the optical density of supernatants
23 at the wavelength of $\lambda = 540\ \text{nm}$ using the SF-2000 spectrophotometer (OKB SPECTR,
24 Russia), as previously described in ⁴².

1 1.5 ml of the test mixture was prepared from 750 μ l of the $C_{60}(OH)_{24}$ solution with $C =$
2 20–200 μ M and 750 μ l of the suspension of erythrocytes in physiological saline. After the
3 mixture was prepared, the ~~tubes~~ samples were incubated at 37.0 ± 0.2 C for 1 and 3 h and
4 centrifuged for 10 min at 6000 rpm. Erythrocyte suspensions with the addition of equivalent
5 volumes of distilled water and physiological saline, respectively, were used as positive and
6 negative controls. The haematocrit values were in the reference interval of healthy donors
7 (0.40–0.46). The concentration dependence of the relative change in haemolysis was calculated
8 using the following equation:

$$9 \quad \text{Haemolysis \%} = \frac{A_s - A_0}{A_{100}} \cdot 100 \% \quad (1),$$

10 where A_s is the optical density of the sample, A_0 is the optical density of the control, A_{100} is the
11 optical density of water with the suspension of erythrocytes (100 % haemolysis).

12 **2.3.2. Photo-induced haemolysis**

13 Erythrocytes were obtained from citrate blood by centrifugation at 1500 rpm for 10
14 min, followed by three washing cycles with physiological saline. Then the cells were stabilised
15 for 24 h at 4 °C in Alsever's reagent (2.05 % dextrose, 0.8 % sodium citrate, 0.055 % citric
16 acid, and 0.42 % sodium chloride). Before the experiment, the erythrocytes were washed three
17 times in Alsever's reagent with saline. Washing removed plasma residues, leukocytes,
18 platelets, and electrolytes. Further experiments were carried out with the stabilised suspension
19 of erythrocytes. Then the standard suspension of the erythrocytes with optical density equal to
20 0.560 ± 0.020 at 800 nm was prepared after eight-fold dilution with phosphate buffer (pH 7.4).

21 The antioxidant properties of $C_{60}(OH)_{24}$ were evaluated using a device for the study of
22 photoinduced haemolysis by the method published previously⁴³. The measurements were
23 performed using the SF 2000 spectrophotometer (Russia) in a cuvette with the optical path
24 length of 5 mm. According to this technique, in a shielded cuvette with the optical path length
25 of 5 mm, the incubation mixture was prepared. The mixture contained 100 μ l of the standard

1 suspension of erythrocytes, 600 μl of the phosphate buffer solution (pH 7.4), 80 μl of the
2 solution with various concentrations of $\text{C}_{60}(\text{OH})_{24}$ ($C = 10\text{--}100 \mu\text{M}$), and 20 μl of the
3 photosensitiser Radachlorin (0.35 % solution for intravenous administration, the main
4 substance was (7S, 8S)-13-vinyl-5-(carboxymethyl)-7-(2-carboxyethyl)-2,8,12,17-
5 tetramethyl-18-ethyl-7H,8H-porphyrin-3-carboxylic acid). The final concentration of
6 Radachlorin in the sample was $62.5 \mu\text{g}\cdot\text{ml}^{-1}$. As a control, an incubation mixture containing
7 saline instead of fulleranol was used. 800 μl of the resulting incubation mixture was
8 thermostated in the cuvette compartment of the spectrophotometer for 3 min at 37 °C with
9 constant stirring, then it was irradiated with the red Laserland LED-2000 laser (Besram
10 Technology Inc., China; 659 nm, power 55 mW, irradiation dose $3.5 \text{ J}\cdot\text{cm}^{-2}$). After the
11 completion of irradiation, the decrease in the optical density of the solution at 800 nm was
12 recorded at five-second intervals until complete haemolysis ⁴⁴.

13 Using the recorded haemolytic curve, which had a smooth S-shaped character, TC_{50}
14 was determined, the time from the completion of irradiation to lysis of 50 % of erythrocytes in
15 the incubation mixture ⁴³. By changing the value of TC_{50} the speed of the haemolytic process
16 was estimated.

17 **2.3.3. Effect of $\text{C}_{60}(\text{OH})_{24}$ on the haemostasis parameters**

18 Clotting tests include methods for measuring activated partial thromboplastin time
19 (aPTT), prothrombin time (PT), and thrombin time (TT). These methods allow to measure the
20 time interval from the moment of adding a reagent (activator that triggers the clotting process)
21 to the formation of a fibrin clot in the studied plasma.

22 The effect of $\text{C}_{60}(\text{OH})_{24}$ on plasma-coagulation haemostasis was assessed by adding it
23 to plasma in the aPTT, PT, and TT tests. Five donors with normal PT, aPTT, and von
24 Willebrand factor activity were selected.

1 The principle of the aPTT method is in the study of the plasma recalcification reaction
2 under the conditions of standardisation of the contact and phospholipid activation of blood
3 coagulation. For this purpose, a contact activator (kaolin) and partial thromboplastin, which is
4 functionally similar to platelet phospholipids, are added to plasma. The sensitivity of this test
5 to the deficiency of plasma coagulation factors (excluding factors VII and XIII) is higher than
6 in the test for determining the time of plasma recalcification, but standard phospholipid
7 activation makes it impossible to detect the deficiency of the platelet coagulation activity. The
8 determination of aPTT is a common method of monitoring heparin therapy.

9 The principle of the PT method consists of determining the clotting time of platelet-
10 poor citrated plasma in the presence of an optimal amount of calcium and excess tissue
11 thromboplastin. This is the variant of determining the time of plasma recalcification with the
12 addition of tissue thromboplastin. In a complex with factor VII and Ca^{2+} , it directly activates
13 factor X, so the test results depend on the activity of factor VII, factor X, and factors involved
14 in the process of blood coagulation at the stages of thrombin and fibrin formation (factors V,
15 II and I).

16 The TT method is based on the ability of thrombin to induce the conversion of
17 fibrinogen to fibrin without the participation of other blood coagulation factors, i.e. it allows to
18 assess the final stage of blood coagulation (fibrinogen and its derivatives, the activity of factor
19 XIII). Test elongation may indicate the presence of direct anticoagulants in the blood.

20 To determine aPTT, PT, and TT, we used the APTV-TEST, TEKHPLASTIN-TEST and
21 Trombo-TEST reagent kits from Tekhnologiya-Standart, Russia. The studies were carried out
22 using the APG2-02-P coagulometer (EKMO, Russia). 50 μ l of plasma and 50 μ l of $C_{60}(OH)_{24}$
23 solutions ($C = 10, 50, 75$ and 100μ M) were mixed, incubated at $37 \text{ }^\circ\text{C}$ for 60 s and, in
24 accordance with the study protocol, the clotting time was determined using the analyser in the
25 aPTT, PT, and TT tests.

1 **2.3.4. Determination of NO-radical uptake**

2 To determine the degree of NO-radicals uptake, the Griess–Ilosvay reaction was used
3 ⁴⁵. At physiological pH values, sodium nitroprusside is a donor of NO-radicals, the interaction
4 of which with oxygen leads to the formation of NO_2^- . The nitrite anions formed as a result of
5 the reaction can be detected using the Griess reagent (a pink-violet colour of the solution is
6 observed). For the experiment, the reaction mixture containing 1 ml of sodium nitroprusside
7 ($C = 15 \mu\text{M}$) and 0.5 ml of the aqueous solution of fulleranol ($C = 10\text{--}200 \mu\text{M}$) was incubated
8 in a shaker thermostat at 100°C . Then, 0.5 ml of PBS ($\text{pH} = 7.4$) and 0.5 ml of Griess reagent
9 (0.1 % solution in 20 % acetic acid) were added to 0.25 ml of the resulting solution. The
10 obtained mixture was incubated for 30 minutes at room temperature. The formed diazo
11 compound was detected spectrophotometrically at $\lambda = 540 \text{ nm}$. Sodium azide was used as a
12 positive control.

13 **2.3.5. Determination of $\text{C}_{60}(\text{OH})_{24}$ reducing capacity**

14 The reducing capacity of $\text{C}_{60}(\text{OH})_{24}$ was assessed by the ability of the fulleranol to
15 reduce Fe^{3+} to Fe^{2+} ⁴⁶. The reaction mixture containing equal volumes (0.5 ml) of 0.1 %
16 potassium ferricyanide, phosphate buffer ($\text{pH} = 6.6$) and aqueous solutions of the fulleranol
17 with various concentrations ($C = 500\text{--}1100 \mu\text{M}$) was incubated for 20 minutes in a water bath
18 at 50°C . Then, 0.5 ml of trichloroacetic acid was added to the reaction mixture to terminate
19 the reaction. After that, 1 ml of phosphate buffer ($\text{pH} = 6.6$), and $100 \mu\text{l}$ of FeCl_3 (0.1 %) were
20 added to 1 ml of the resulting solution. The mixture was left at room temperature for 10
21 minutes. The fulleranol caused the reduction of Fe^{3+} to Fe^{2+} because of its reductive capabilities
22 according to the reaction: $\text{K}_3[\text{Fe}(\text{CN})_6] + \text{Reducing agent } (\text{C}_{60}(\text{OH})_{24}) = \text{Fe}(\text{CN})_6^{4-}$. Prussian
23 blue-coloured complex is formed by adding FeCl_3 to Fe^{2+} : $\text{Fe}(\text{CN})_6^{4-} + \text{FeCl}_3 \rightarrow$
24 $\text{Fe}_4[\text{Fe}(\text{CN})_6]_3$. Therefore, the reduction can be determined spectrophotometrically by

1 measuring the formation of Perl's Prussian blue at 700 nm⁴⁷. In this assay, the yellow colour
2 of the test solution changed to the blue colour. Ascorbic acid was used as a positive control.

3 **2.3.6. Photodynamic properties**

4 To study the photodynamic properties, the absorption spectra of the solutions were
5 obtained: (i) Radachlorin; (ii) Radachlorin containing C₆₀(OH)₂₄ in various concentrations; (iii)
6 Radachlorin in the presence of 500 µM sodium azide before and after irradiation with the red
7 Laserland LED-2000 laser. The effect of C₆₀(OH)₂₄ on the photobleaching of Radachlorin was
8 evaluated using the photodegradation rate constant k_{deg} ^{44,48}.

9 **2.3.7. Human platelet aggregation**

10 After obtaining informed consent, blood was taken for research from five donors,
11 persons of both sexes aged 20–30, who did not receive drugs affecting platelet function for 7–
12 10 days. To prevent platelet activation, blood was taken in vacuum tubes containing 3.8 %
13 sodium citrate ($C = 0.129$ M) as a stabiliser in the ratio of sodium citrate to blood equal to 1:9.
14 To obtain platelet rich plasma, the stabilised blood was centrifuged at 1500 rpm for 10 min.
15 Platelet aggregation in platelet-rich plasma was studied using the AP2110 SOLAR
16 aggregometer (Belarus). ADP (final concentration of 10 µM) was used as an aggregation
17 inducer. The plasma samples were incubated at 37 °C before measurements. The aggregation
18 was recorded before the curve reached a plateau.

19 **2.3.8. Identification of the C₆₀(OH)₂₄ binding sites at HSA molecule by spectrofluorimetry**

20 The binding of C₆₀(OH)₂₄ to HSA was studied using the Tecan Infinite M200
21 multimode microplate reader spectrofluorometer. The emission spectra were recorded in the
22 wavelength range 310–450 nm at 298.15 K; the excitation wavelength was 290 nm. The HSA
23 concentration was 3 µM, the fulleranol concentration varied in the range $C = 0.3$ – 1.5 µM with
24 0.3 µM step and in the range $C = 6.0$ – 24.0 µM with 3.0 µM step. The measurements were

1 carried out in the absence and in the presence of the following binding site markers: warfarin,
2 ibuprofen, digitonin with the final concentration of $C = 3 \mu\text{M}$.

3 **2.3.9. Measuring the binding constants of $\text{C}_{60}(\text{OH})_{24}$ –HSA complex by thermal shift assay** 4 **(TSA)**

5 Alternatively, the binding of $\text{C}_{60}(\text{OH})_{24}$ to HSA was estimated by TSA through
6 measuring the melting point of pure HSA and after the addition of the ligand $\text{C}_{60}(\text{OH})_{24}$. 25 μl
7 of a mixture containing HSA ($C = 3 \mu\text{M}$), 0–100 μM of $\text{C}_{60}(\text{OH})_{24}$, and 200x ProteOrange
8 fluorescent dye (Lumiprobe, Russia) was added to PCR tubes in triplicate ⁴⁹. The fluorescence
9 data were acquired using the CFX96 Touch Real-Time PCR Instrument (Bio-Rad, USA) with
10 the excitation range of $\lambda = 470\text{--}533 \text{ nm}$. The temperature was held for 30 s per degree from 37
11 $^{\circ}\text{C}$ to 98 $^{\circ}\text{C}$ ($\sim 0.5 \text{ }^{\circ}\text{C}\cdot\text{min}^{-1}$). The dependencies of the melting points on $\text{C}_{60}(\text{OH})_{24}$
12 concentrations were processed using GraphPad Prism 9.0.0 software, and the dissociation
13 constants for $\text{C}_{60}(\text{OH})_{24}$ –HSA complex were obtained by approximation ⁵⁰.

14 **2.3.10. Measurements of esterase activity**

15 To study the effect of $\text{C}_{60}(\text{OH})_{24}$ on the esterase activity of HSA, the solutions of 4-
16 nitrophenyl acetate (NPA) in ethanol ($1 \text{ mg}\cdot\text{ml}^{-1}$), HSA and fullerenol in phosphate buffer
17 (PBS) with $\text{pH} = 7.02$ were prepared. After mixing the solutions, the final concentration of
18 NPA was 100 μM , HSA — 3 μM , the concentration of $\text{C}_{60}(\text{OH})_{24}$ varied from 0 to 24 μM . The
19 rate of NPA hydrolysis was recorded by the formation of nitrophenol using the method of initial
20 rates at 405 nm using the Tecan Infinite M200 multimode microplate reader
21 spectrofluorometer.

22 **2.3.11. $\text{C}_{60}(\text{OH})_{24}$ binding to DNA**

23 The binding of the $\text{C}_{60}(\text{OH})_{24}$ derivative to DNA was studied using the Tecan Infinite
24 M200 multimode microplate reader spectrofluorometer. The DNA concentration was 2.5 μM ;
25 the concentration range of $\text{C}_{60}(\text{OH})_{24}$ was $C = 3\text{--}45 \mu\text{M}$ in 3 μM increments. The solvent used

1 was phosphate buffered saline (PBS). The emission spectra were recorded in the 360–450 nm
2 wavelength range at the excitation wavelength of 340 nm. The measurements were carried out
3 at 303.15, 308.15, 313.15 and 318.15 K; the thermostat accuracy was $\Delta T = \pm 0.01$ K. For
4 calculations, the values of the fluorescence intensity at 380 nm were used.

5 **2.3.12. Genotoxicity**

6 The genotoxicity of $C_{60}(OH)_{24}$ was evaluated using the method of DNA comets based
7 on measuring the effect of $C_{60}(OH)_{24}$ on the integrity of the DNA of human peripheral blood
8 mononuclear cells (PBMC) using alkaline gel electrophoresis⁵¹. The DNA comets were stained
9 with the propidium iodide aqueous solution ($C = 10 \mu\text{g}\cdot\text{ml}^{-1}$) and visualised using the
10 Micromed 3 LUM fluorescence microscope (Russia). The tail lengths were measured using
11 CASP software (version 1.2.2). The DNA content in the tail and the tail length were determined
12 experimentally; the tail moment was calculated as the percentage of DNA in the tail multiplied
13 by the length between the centre of the head and the tail⁵².

14 **2.3.13. Computer simulation**

15 MD simulations were performed using GROMACS 5 software suite⁵³; the
16 visualisations were made using VMD program⁵⁴. We chose the recent OPLS-AA/M force field
17⁵⁵, which is the well-known OPLS-AA force field with improved protein parameters. The
18 potential model for HSA was obtained according to the protonation states corresponding to pH
19 7. The models for fulleranol isomers were built following the standard approach in OPLS-AA
20 force field. Namely, at the first step, the quantum-chemical geometry optimisation was
21 performed at RHF/6-31G(d) level of theory. At the second step, the produced distribution of
22 electrostatic potential was fitted with a set of point charges by means of CHelpG algorithm.
23 This procedure was performed for both uniform (random distribution of hydroxyl groups on
24 the fullerene core surface) and “Saturn-like” (across the equatorial region of the fullerene core
25 surface) isomers³⁸, the R.E.D. server was used to facilitate the task⁵⁶. For the hydroxyl groups,

1 the atom types of diols were taken (atom types #169, #170). The carbon fullerene atoms were
2 described with the parameters from the work of Girifalco⁵⁷, while the rest of sp²-hybridised
3 atoms were attributed with parameters for alkene C (atom type #141), and sp³-hybridised atoms
4 were attributed with the atom type #159. The water model was TIP3P; for Na⁺ and Cl⁻ ions,
5 the default parameters were used.

6 The simulation cells were assembled according to the following procedure. The HSA
7 molecule (in the crystallographic configuration) was solvated in a cubic water box with the
8 side length equal to 10 nm containing ~30,000 water molecules, and the neutralising counter-
9 ions and physiological saline were added resulting in 96 Na⁺ and 81 Cl⁻ ions. Then, the
10 fullerol molecule was placed at the docking sites DS1, DS2 or DS3 (Fig. 1). The molecule
11 appeared too large to fit in the sites in the initial HSA configuration, therefore an auxiliary
12 simulation was necessary. Specifically, for each isomer in each docking site, a 500 ps slow-
13 growth MD simulation was performed. In the initial state, the interactions between the
14 fullerol and HSA were zeroed, and they were gradually restored to the normal intensity
15 during the calculation. The fullerol was restrained in the initial location. As a result, six
16 configurations of the fullerol–HSA complex were obtained (Fig. 2).

17 In addition to the above-mentioned configurations with fullerol placed in the docking
18 sites (DS1, DS2 or DS3), we also prepared two configurations where fullerol isomers were
19 located on the surface of the protein (Fig. 1) following the same procedure. The first location
20 was called “surface 1” further in the text and it was in a fold of HSA; the second place was
21 called “surface 2” in which the fullerol only made a contact with HSA. These configurations
22 were taken as initial for the productive MD runs of 20 ns long. The parameters were as follows:
23 $T = 298.15$ K and $p = 1$ bar, velocity-rescale thermostat, Parrinello-Rahman barostat, 2 fs time
24 step, PME method for electrostatic interactions, 1 nm cut-off of van der Waals interactions,
25 constraints on all bonds.

1 **2.3. Statistics analysis**

2 All calculations were performed using Origin software (Origin Lab Corporation,
3 Northampton, Massachusetts, USA). P-values were considered significant at 0.05, 0.01, and
4 0.001. Data were analysed using Student's t-test. Physicochemical experiments were carried
5 out three times. All biological experiments were repeated eight times. All data are presented as
6 mean \pm SEM.

7 **3. Results and discussions**

8 **3.1. The effect of C₆₀(OH)₂₄ on spontaneous erythrocyte haemolysis**

9 To assess the biocompatibility of C₆₀(OH)₂₄ its effect on the spontaneous erythrocyte
10 haemolysis was studied. In the case of substances compatible with blood, the erythrocyte
11 membrane remains intact, and the content of the cell are not released. In our case, the toxicity
12 of C₆₀(OH)₂₄ was determined by evaluating the released haemoglobin. Fig. 3 shows that
13 C₆₀(OH)₂₄, when incubated for 1 and 3 hours, caused a very mild haemolysis in the whole
14 concentration range; the rate of haemolysis was dose- and time-dependent. It is generally
15 accepted that the nanomaterials are classified as non-haemolytic if the haemolysis rate does not
16 exceed 5%⁵⁸. Consequently, fulleranol C₆₀(OH)₂₄ can be considered as safe in concentrations
17 up to 100 μ M.

18 **3.2. Evaluation of C₆₀(OH)₂₄ anti-/pro-oxidant properties**

19 It is known that erythrocyte lysis is initiated by irradiation with ultraviolet or visible
20 light in the presence of photosensitisers, the most effective of which are porphyrins and their
21 derivatives⁵⁹, in particular Radachlorin. It was found that the photodynamic effect is primarily
22 due to the generation of singlet oxygen, and other ROS. Binding of porphyrins to cell
23 membranes leads to the decrease of the photostability of membranes⁷.

24 Fig. 4 shows the dependence of *TC*₅₀ on the concentration of C₆₀(OH)₂₄. As can be seen
25 from the obtained results, C₆₀(OH)₂₄ was statistically significantly, in comparison with the

1 control, inhibited haemolysis induced by Radachlorin, which was manifested in the increase of
2 the haemolysis time of 50 % of erythrocytes (TC_{50}). It can be concluded that $C_{60}(OH)_{24}$ exhibits
3 dose-dependent antioxidant activity.

4 **3.3. Effect of $C_{60}(OH)_{24}$ on coagulation haemostasis**

5 As can be seen from the data presented in Table 3, $C_{60}(OH)_{24}$ at the concentrations of
6 50–100 μ M leads to a statistically significant increase in PT and TT in the blood of healthy
7 donors compared to the control. An increase in aPTT is observed at all studied concentrations
8 of the fulleranol. Thus, $C_{60}(OH)_{24}$ exhibits pronounced anticoagulant properties in the studied
9 concentration range ($C = 10$ – 100μ M).

10 **3.4. NO-radical uptake**

11 NO-radical is an important chemical mediator generated by endothelial cells,
12 macrophages, neurons and involved in the regulation of various physiological processes.
13 Excess concentration of NO-radical uptake provokes cytotoxic effects during various disorders
14 such as AIDS, cancer, Alzheimer's disease, and arthritis. The oxygen reacts with the excess of
15 NO-radical uptake to generate nitrite and peroxynitrite anions, which act as free radicals.

16 From Fig. 5 it can be seen that fulleranol reacts with the NO-radical in the entire
17 concentration range ($C = 10$ – 200μ M), although its antiradical activity is less pronounced
18 compared to sodium azide. We can conclude that fulleranol is a weak NO-radical scavenger,
19 and it is impossible to evaluate the IC_{50} . At the same time, previously we obtained experimental
20 data on the kinetics of the interaction of $C_{60}(OH)_{22-24}$ with DPPH radical and determined
21 moderate antiradical activity of fulleranol⁴⁰. The results obtained are in good agreement with
22 previously published work on the antioxidant properties of polyhydroxylated fullerenes with
23 various content of hydroxyl groups⁶⁰⁻⁶³.

24 **3.5. Reducing capacity of $C_{60}(OH)_{24}$**

1 It can be seen from the graph presented in Fig. 6 that fulleranol exhibits the properties
2 of a reducing agent in the entire concentration range ($C = 500\text{--}1100 \mu\text{M}$), although the reducing
3 capacity is less pronounced compared to ascorbic acid. The reducing capacity of fulleranol is
4 dose dependent. Fe^{3+} reduction is often used as an indicator of the electron donating activity,
5 which is potentially important for determining the fulleranol action mechanism. The reducing
6 capacity is associated with the antioxidant potential of fulleranol. In our case, the results of
7 NO-radical uptake and reducing capacity methods are in good agreement: fulleranol possesses
8 low antiradical activity against NO-radicals and at the same time a moderate activity in the
9 electron donating reaction with Fe^{3+} . Thus, the results obtained are in good agreement with the
10 data of ref. ⁹.

11 **3.6. Photobleaching**

12 The photosensitiser degradation was evaluated by measuring the photodegradation rate
13 constants, the values of which were determined as the slope of the kinetic curves in the
14 coordinates $\ln(A_t / A_0) - t$. The decrease in k_{deg} indicates the presence of singlet oxygen
15 quencher properties of the test compound. In turn, the increase in k_{deg} indicates that the test
16 compound has the properties of a singlet oxygen inducer.

17 Radachlorin absorption spectra were measured in the absence and in the presence of
18 various concentrations of $\text{C}_{60}(\text{OH})_{24}$ ($C = 10, 50, 75, 100 \mu\text{M}$). The solution of sodium azide
19 ($C = 500 \mu\text{M}$), which is a strong antioxidant, was used as a control. As an example, the
20 absorption spectra of Radachlorin in the presence of $\text{C}_{60}(\text{OH})_{24}$ ($C = 2.5 \text{ mg} \cdot \text{l}^{-1}$), in the absence,
21 and under irradiation (10–50 s) are shown in Fig. 7. Based on the obtained spectra with various
22 fulleranol content, the dependences of $\ln(A_t / A_0)$ on the irradiation time were plotted. Fig. 8
23 and Table 4 reveal that the addition of $\text{C}_{60}(\text{OH})_{24}$ to Radachlorin leads to the decrease in k_{deg} .
24 Thus, it can be stated that $\text{C}_{60}(\text{OH})_{24}$ exhibits dose-dependent antioxidant properties.

25 **3.7. Human platelet aggregation**

1 Table 5 shows the results of measuring the effect of C₆₀(OH)₂₄ on human platelet
2 aggregation in the presence of the platelet aggregation inducer (ADP). It can be concluded that
3 C₆₀(OH)₂₄ in the concentration range $C = 10\text{--}50\ \mu\text{M}$ does not affect platelet aggregation; further
4 increase in the concentration of C₆₀(OH)₂₄ leads to the decrease in aggregation compared to the
5 control group. Thus, C₆₀(OH)₂₄ has antiplatelet activity at $C > 50\ \mu\text{M}$ in tests for ADP-induced
6 platelet aggregation.

7 **3.8. Binding of C₆₀(OH)₂₄ to HSA by spectrofluorimetric data**

8 Albumin has three main ligand binding sites: (i) site I, located in the subdomain IIA
9 (warfarin binding site); (ii) site II, located in the subdomain IIIA (ibuprofen binding site); (iii)
10 site II located in the subdomain IB (digitonin binding site)⁶⁴. To identify the binding sites of
11 C₆₀(OH)₂₄ to HSA, competitive binding experiments were performed in the presence of binding
12 site markers. To determine the binding constants (K_b), as well as the stoichiometry of the
13 binding reaction (n), the Scatchard equation was used:

$$14 \lg \frac{F_0 - F}{F} = \lg K_b + n \lg Q \quad (2),$$

15 where F_0 is the HSA fluorescence intensity in the absence of C₆₀(OH)₂₄, F is the HSA
16 fluorescence intensity in the presence of C₆₀(OH)₂₄, Q is the molar concentration of C₆₀(OH)₂₄.

17 It is important to take into account the inner-filter effect resulting in the additional
18 quenching of fluorescence caused by the absorption of excitation and emission radiation. This
19 phenomenon may not be considered in our system due to low absorbance.

20 Fig. 9 presents data on the binding of HSA to C₆₀(OH)₂₄ in Hill coordinates ($\lg \frac{F_0 - F}{F}$
21 vs $\lg Q$). The obtained dependence has an inflection point, which corresponds to the presence
22 of two binding sites⁶⁵. In the concentration range $C = 3 \cdot 10^{-7}\text{--}1.5 \cdot 10^{-6}\ \text{M}$, binding to the first
23 site occurs, and in the concentration range $C = 6.0 \cdot 10^{-6}\text{--}2.4 \cdot 10^{-5}\ \text{M}$ binding to the second one
24 takes place. In Table S1 (Supporting Information), the data on the binding of HSA to C₆₀(OH)₂₄

1 with markers (warfarin, ibuprofen, digitonin) are presented in Hill coordinates. Table 6
 2 demonstrates the data on the stoichiometry of the binding of HSA to C₆₀(OH)₂₄ (*n*), as well as
 3 the logarithm of the binding constants in the presence and in the absence of markers (warfarin,
 4 ibuprofen, digitonin) for two concentration ranges $C = 3 \cdot 10^{-7} - 1.5 \cdot 10^{-6}$ M and $C = 6.0 \cdot 10^{-6} -$
 5 $2.4 \cdot 10^{-5}$ M.

6 From the obtained data, it is seen that (i) the values of $\lg K_b$ and *n* do not change in both
 7 concentration ranges with the addition of warfarin; (ii) in the concentration range $C = 3 \cdot 10^{-7} -$
 8 $1.5 \cdot 10^{-6}$ M, the decrease in $\lg K_b$ and *n* is observed with the addition of digitonin; (iii) in the
 9 concentration range $C = 6.0 \cdot 10^{-6} - 2.4 \cdot 10^{-5}$ M, the decrease in $\lg K_b$ and *n* is observed with the
 10 addition of ibuprofen. Based on the values of the binding constants ($K_b = 2.51 \pm 0.09 \cdot 10^5$ M⁻¹
 11 for the first concentration site and $7.9 \pm 0.5 \cdot 10^2$ M⁻¹ for the second one), C₆₀(OH)₂₄ forms a
 12 strong complex with HSA in the subdomain IB and it weakly binds in the subdomain IIIA.

13 3.9. Binding to HSA by TSA data

14 To determine the dissociation constants, we applied an approach described in refs. ^{49,50}.
 15 The experimental data on the fluorescence vs temperature (*a*) and its first derivative (*b*) are
 16 presented in Fig. 10. The obtained results on HSA melting point vs fulleranol concentration are
 17 demonstrated in Fig. 11. The concentration dependence of the melting point can be clearly
 18 divided into two parts: the concentration ranges $C = 0 - 1.6 \cdot 10^{-6}$ M and $C = 3.13 \cdot 10^{-6} - 10^{-4}$ M
 19 corresponding to the digitonin and ibuprofen binding sites of HSA (see Section 3.8). To obtain
 20 the values of the dissociation constants for both concentration ranges, the data were processed
 21 using the following equation:

$$22 \quad t = \frac{B_{\max} \cdot C}{K_d + C} + NS \cdot C + B \quad (3),$$

23 where *t* is the melting point of the C₆₀(OH)₂₄-HSA complex, *B*_{max} is maximum binding (units
 24 of temperature), *C* is the fulleranol concentration, *K*_d is the dissociation constant (units of
 25 concentration), *NS* is the slope of a non-linear regression (units of temperature divided by units

1 of concentration), B is the measured binding with no ligand added. The correlation parameters
2 are shown in Table 7.

3 As the result (Fig. 12), the following values of the binding constants (reciprocals of the
4 dissociation constants) were retrieved: $2.28 \cdot 10^5 \pm 0.07 \text{ M}^{-1}$ ($C = 0-1.6 \cdot 10^{-6} \text{ M}$) and $4.56 \cdot 10^2$
5 $\pm 0.03 \text{ M}^{-1}$ ($C = 3.13 \cdot 10^{-6}-10^{-4} \text{ M}$), which is in good correspondence with the data obtained
6 by spectrofluorimetry.

7 **3.10. Esterase activity**

8 To determine the rate constant of the NPA hydrolysis reaction, the first order reaction
9 equation was used:

$$10 \quad \ln \left(1 - \frac{A_t - A_0}{A_{\text{NF}}} \right) = -kt \quad (4),$$

11 where $A_{\text{NF}} = 1.86$ (the optical density of the nitrophenol solution with $100 \mu\text{M}$ concentration);
12 A_t is the optical density of the reaction mixture at time t ; A_0 is the optical density of the reaction
13 mixture at the initial time; k is the reaction rate constant (min^{-1}); t is the time from the beginning
14 of the reaction (min).

15 The kinetic dependences of the reaction of NPA hydrolysis with HSA in the absence
16 and in the presence of $\text{C}_{60}(\text{OH})_{24}$ were obtained. As an example, Fig. 13 shows the kinetic
17 dependences of the reaction of NPA hydrolysis with HSA in the absence and in the presence
18 of $24 \mu\text{M} \text{C}_{60}(\text{OH})_{24}$.

19 Further, based on the data on the change in optical density, the dependences were

20 plotted in the coordinates $\ln \left(1 - \frac{A_t - A_0}{A_{\text{NF}}} \right)$ vs t . As an example, Fig. 14 presents the data for the

21 hydrolysis reaction of NPA with HSA in the absence and in the presence of $24 \mu\text{M} \text{C}_{60}(\text{OH})_{24}$.

1 The first-order reaction rate constants were determined as the slope of the dependence
2 of $\ln\left(1 - \frac{A_t - A_0}{A_{NF}}\right)$ on t (Fig. 15). From Fig. 15, it can be seen that $C_{60}(\text{OH})_{24}$ in the
3 concentration range 2.4–24 μM partially inhibits the esterase activity of HSA.

4 **3.11. $C_{60}(\text{OH})_{24}$ binding to DNA**

5 Fig. 16 demonstrates the DNA fluorescence spectra in the absence and in the presence
6 of $C_{60}(\text{OH})_{24}$ at 298.15 K. To determine the binding constants (K_b), as well as the stoichiometry
7 of the binding reaction (n), the Scatchard equation was used (see Eq. 2). For this, the
8 experimental dependences were plotted in Hill coordinates. Fig. 17 shows an example of the
9 dependence in Hill coordinates at 303.15 K. The calculated values of K_b and n are presented in
10 Table 8. The order of the obtained K_b values in the temperature range $T = 303.15\text{--}318.15$ K
11 ($10^3\text{--}10^4 \text{ M}^{-1}$) indicates the formation of strong $C_{60}(\text{OH})_{24}$ complexes with DNA. The changes
12 in the enthalpy and entropy of the reaction of $C_{60}(\text{OH})_{24}$ binding to DNA were calculate using
13 the van't Hoff equation neglecting the influence of temperature:

$$14 \quad \ln K_b = -\frac{\Delta H}{RT} + \frac{\Delta S}{R} \quad (5),$$

15 where ΔH and ΔS are the changes in the enthalpy and the entropy of the reactions of $C_{60}(\text{OH})_{24}$
16 binding to DNA, R is the gas constant, T is the absolute temperature.

17 The changes in the Gibbs energy (ΔG) of the reaction of $C_{60}(\text{OH})_{24}$ binding to DNA in
18 the temperature range 303.15–318.15 K was calculated using the following equation:

$$19 \quad \Delta G = \Delta H - T\Delta S \quad (6).$$

20 Negative ΔG values in the temperature range 303.15–318.15 K indicate that the binding
21 process of the $C_{60}(\text{OH})_{24}$ derivative to DNA is thermodynamically favourable. Positive values
22 of ΔH and ΔS are typical to hydrophobic interactions, therefore, it can be assumed that the
23 formation of $C_{60}(\text{OH})_{24}$ complexes with DNA occurs due to the fullerene core. In ref. ⁶⁶, the
24 authors showed that fullerenol $C_{60}(\text{OH})_{24}$ interacts with the phosphate backbone of the outer

1 side of the native DNA double helix, as well as with pairs of nitrogenous bases inside the major
2 groove of DNA. Comparison of K_b shows that the values obtained in ⁶⁶ exceed the K_b values
3 obtained in this study by one to two orders of magnitude. This fact is due to the different
4 temperature ranges in which the binding study was carried out, as well as to the fact that
5 different methods were used to obtain fullerenols and, as a consequence, the synthesised
6 adducts had different compositions. For example, it was shown by solid-state ¹³C NMR
7 spectroscopy that the fulleranol used in our study contains a small amount of epoxy groups.

8 **3.12. Genotoxicity results**

9 The average values of % tail DNA, the tail length and the tail moment of comets
10 observed for human PBMCs incubated in the presence of H₂O₂ (positive control), phosphate-
11 saline buffer (negative control) and C₆₀(OH)₂₄ are presented in Table 9. It can be seen that the
12 amount of DNA damage in the presence of H₂O₂ is significantly higher than that of control
13 cells. As an example, Fig. 18 presents the photographs of the DNA comets in the presence of
14 H₂O₂ ($C = 3.4 \mu\text{g}\cdot\text{l}^{-1}$), the phosphate-saline buffer, and C₆₀(OH)₂₄ ($C = 10, 50, 75, \text{ and } 100$
15 μM). It can be concluded that C₆₀(OH)₂₄ possesses moderate dose dependent genotoxicity.
16 Based on the study of the frequencies of micronucleus formation and chromosomal aberrations,
17 the authors of refs ^{20,67} showed that fulleranol C₆₀(OH)₂₄ does not cause significant genotoxic
18 effects to CHO-K1 cells (Chinese hamster ovary cells K1) and human peripheral blood
19 monocytes, and also established its projective effect when cells are exposed to the alkylating
20 agent Mitomycin C.

21 **3.13. Computer simulation**

22 The analysis of the MD simulation results showed that both uniform and Saturn-like
23 isomers are strongly bound in the docking sites. During the 20 ns of simulations, the molecules
24 remained in the initial locations or close to them (Fig. 2). This can be explained by the buried
25 location of the molecule, which demands considerable deformation of the protein for the

1 fullereneol to desorb, and the presence of hydrogen bonds between the constituents. The average
2 number of hydrogen bonds is listed in Table 10, and the time evolution is depicted in Fig. 19.
3 The isomers show similar behaviour except for the DS2 site where the Saturn-like isomer forms
4 approximately two times more hydrogen bonds with HSA.

5 The results of the simulations started from the initial configurations with fullereneol
6 located near the HSA surface shed more light on the importance of the $C_{60}(OH)_{24}$ -HSA
7 hydrogen bonding. In the case when the fullereneol molecule was placed in a fold (“surface 1”),
8 it remained in that place being held by hydrogen bonds. On the contrary, when the uniform
9 isomer was placed at the other location (“surface 2”) that did not provide sufficient hydrogen
10 bonding, it desorbed and remained in the solution except at the interval (12–20 ns) when it was
11 adsorbed on the surface being bound with 2.7 hydrogen bonds in average. The Saturn-like
12 isomer in the same position (“surface 2”) managed to form more hydrogen bonds with the
13 surface (~3.6), which allowed it to stay near the initial position during all 20 ns of the
14 calculations. This indicates that for strong binding, abundant hydrogen bonding with HSA is
15 needed. Also, the binding is seen to occur not only in the specific docking sites, but on the
16 surface, as well.

17 Finally, examining the initial configurations makes it clear that at experimental
18 conditions, the fullereneol molecules are unable to reach the DS1 site compared to more
19 reachable DS2 and DS3 sites.

20 **4. Conclusions**

21 We present the experimental data on the biocompatibility of aqueous solutions of well-
22 defined fullereneol $C_{60}(OH)_{24}$, namely, its cyto- and genotoxicity, spontaneous and photo-
23 induced haemolysis, photobleaching, platelet aggregation, binding to HSA and DNA. We
24 found that $C_{60}(OH)_{24}$ has low geno- and cytotoxicity, and it exhibits anti-aggregative and
25 antioxidant properties. The study of $C_{60}(OH)_{24}$ binding to HSA demonstrated that the

1 interaction of the fullereneol with HSA occurs through the subdomains IB (digitonin binding
2 site) and IIIA (ibuprofen binding site); the obtained values of the binding constants indicate
3 that HSA can perform transport functions in the bloodstream. We conclude that $C_{60}(OH)_{24}$ is a
4 promising compound for nanomedicine as a basis for the synthesis of new biomedical
5 materials, as well as due to its pronounced antioxidant properties. The work showed its high
6 biocompatibility. $C_{60}(OH)_{24}$ also demonstrates increased anticoagulant properties which make
7 this material promising as a nano-modifier for the development of heart valves and vascular
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18 **Supporting information description**

19 Intermediate calculation of $C_{60}(OH)_{24}$ -HSA binding data.

20

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5

1 Table 1. Provenance and mass fraction purity of the reagents.

№	Sample	Manufacturer	Main substance content
1	C ₆₀ (OH) ₂₄	Ltd ZAO "ILIP", Russia	≥0.998
2	HSA	Biolot, Russia	≥0.950
3	PBS	Biolot, Russia	
4	Radachlorin	Rada-Pharma, Russia	
5	Dimethyl sulphoxide	Sigma-Aldrich, USA	≥0.997
6	Sodium azide	Sigma-Aldrich, USA	≥0.995
7	ADP	Sigma-Aldrich, USA	≥0.950
8	Sodium citrate	Sigma-Aldrich, USA	≥0.999
9	Propidium iodide	Sigma-Aldrich, USA	≥0.940
10	Hydrogen peroxide	Biolot, Russia	≥0.333
11	Digitonin	Sigma-Aldrich, USA	≥0.920
12	Ibuprofen	Sigma-Aldrich, USA	≥0.980
13	Warfarin	Sigma-Aldrich, USA	≥0.970
14	DNA from salmon sperm with an average mass of 350 kDa (by gel electrophoresis)	Technomedservice, Russia	≥0.980

2

1 Table 2. Size distribution of $C_{60}(OH)_{24}$ associates in aqueous solutions at 293.15 K. δ_i is
2 average diameters of i -th order molecules in the solution; $N_{0 \rightarrow 1}$ is average numbers of
3 $C_{60}(OH)_{24}$ monomeric molecules in clusters of the first order. Calculation of the content of the
4 monomeric molecules in first-order associates was performed using the equation
5 $N_{0 \rightarrow i} = \left(\frac{\delta_i}{\delta_0} \right)^3 \cdot (K_{pack})^i$, where δ_0 is the diameter of $C_{60}(OH)_{24}$ molecule, K_{pack} is the packing
6 coefficient corresponding to the packing of “small spheres” into the “big sphere” (in our case,
7 the value of $K_{pack} = 0.52$ was chosen)⁶⁸; ζ is the zeta potential of the associates^{40,42}.

$C / \mu\text{M}$	δ_i / nm	$N_{0 \rightarrow 1}$	ζ / mV
0	2^{41}	—	—
10	10	$\approx 6 \cdot 10^1$	-30
50	20	$\approx 5 \cdot 10^2$	-30
75	40	$\approx 4 \cdot 10^3$	-30
100	40	$\approx 4 \cdot 10^3$	-30

8

1 Table 3. Indicators of coagulation haemostasis following the addition of $C_{60}(OH)_{24}$ to human
 2 plasma.

Test type	Standard	Control	$C / \mu\text{M}$			
			10	50	75	100
TT / s	15–19	17.1 ± 1.6	16.2 ± 1.3	40 ± 1.2*	42.6 ± 1.8*	>120.0
aPTT / s	28–40	36.5 ± 1.9	46.3 ± 0.9*	65.2 ± 0.8*	66.8 ± 0.7*	68.4 ± 1.6*
PT / s	13–18	13.6 ± 1.8	15.0 ± 1.0	16.5 ± 1.3*	21.2 ± 1.5*	20.1 ± 1.2*

3 * $p < 0.05$ relative to control.

4

1 Table 4. The values of the photobleaching constant of Radachlorin in the presence of NaN₃ and
 2 C₆₀(OH)₂₄.

Agent	<i>C</i> / μM	<i>K</i> _{deg} / s ⁻¹
—	—	0.0308 ± 0.0004
C ₆₀ (OH) ₂₄	10	0.0295 ± 0.0006
C ₆₀ (OH) ₂₄	50	0.0235 ± 0.0005
C ₆₀ (OH) ₂₄	75	0.0219 ± 0.0005
C ₆₀ (OH) ₂₄	100	0.0191 ± 0.0002
NaN ₃	500	0.0023 ± 0.0001

3

1 Table 5. The effect of C₆₀(OH)₂₄ on platelet aggregation in the presence of ADP.

Amplitude / %				
Concentration of C ₆₀ (OH) ₂₄ / μM				
Control	10	50	75	100
83.4 ± 7.32	77.50 ± 4.16	76.57 ± 5.28	56.87 ± 5.28*	59.5 ± 5.91*

2 **p* < 0.05 relative to control.

3

- 1 Table 6. The logarithms of the binding constants ($\lg K_b$) and the stoichiometry of the binding
 2 reaction (n) of $C_{60}(OH)_{24}$ to HSA.

Site marker	$C = 3 \cdot 10^{-7} - 1.5 \cdot 10^{-6} \text{ M}$		$C = 6 \cdot 10^{-6} - 2.4 \cdot 10^{-5} \text{ M}$	
	$\lg K_b / \lg M^{-1}$	n	$\lg K_b / \lg M^{-1}$	n
No markers	5.4 ± 0.2	1.02 ± 0.03	2.9 ± 0.2	0.56 ± 0.03
Warfarin	5.2 ± 0.2	0.97 ± 0.03	3.3 ± 0.2	0.61 ± 0.04
Ibuprofen	5.1 ± 0.2	0.95 ± 0.04	1.0 ± 0.1	0.15 ± 0.02
Digitonin	4.5 ± 0.3	0.88 ± 0.05	3.0 ± 0.3	0.52 ± 0.04

3

- 1 Table 7. Correlation parameters of Eq. 3 applied for determining the dissociation constant of
 2 $C_{60}(OH)_{24}$ -HSA complex.

Parameter	$C = 0-1.6 \cdot 10^{-6} \text{ M}$	$C = 3.13 \cdot 10^{-6}-10^{-4} \text{ M}$
$B_{\max} / ^\circ\text{C}$	3866	-962.3
$NS / ^\circ\text{C} \cdot \text{M}^{-1}$	-83253674	408375
$B / ^\circ\text{C}$	86.13	88.97

3

1 Table 8. The thermodynamic parameters of the C₆₀(OH)₂₄ binding to DNA and the number of
 2 binding sites in the temperature range 303.15–318.15 K.

T / K	n	$K_b \cdot 10^3 / \text{M}^{-1}$	$\Delta G / \text{kJ} \cdot \text{mol}^{-1}$	$\Delta H / \text{kJ} \cdot \text{mol}^{-1}$	$\Delta S / \text{J} \cdot \text{K}^{-1} \cdot \text{mol}^{-1}$
303.15	0.76 ± 0.04	1.8 ± 0.1	-19.0 ± 3.2		
308.15	0.86 ± 0.04	4.8 ± 0.3	-21.3 ± 3.5	115 ± 15	443 ± 46
313.15	0.89 ± 0.03	6.7 ± 0.3	-23.5 ± 3.9		
318.15	0.98 ± 0.07	17.9 ± 1.4	-25.7 ± 4.3		

3

1 Table 9. The effect of C₆₀(OH)₂₄ on % tail DNA, tail length, and tail moment.

Characteristic studied	Negative control	Amplitude / %				
		Concentration of H ₂ O ₂ / μM		Concentration of C ₆₀ (OH) ₂₄ / μM		
		100.0	10.0	50.0	75.0	100.0
% tail DNA	0.84 ± 0.38	82.14 ± 2.03***	5.70 ± 1.85**	13.18 ± 3.26**	17.84 ± 2.60**	22.47 ± 3.50**
Tail length	28.59 ± 4.27	646.63 ± 67.67**	15.08 ± 3.81	25.08 ± 4.51	31.10 ± 6.93	25.25 ± 5.95
Tail moment	0.24 ± 0.08	531.14 ± 19.89***	0.85 ± 0.28*	3.30 ± 0.43**	5.54 ± 0.40**	5.67 ± 0.21**

2 **p* < 0.05 relative to negative control.

3 ***p* < 0.01 relative to negative control.

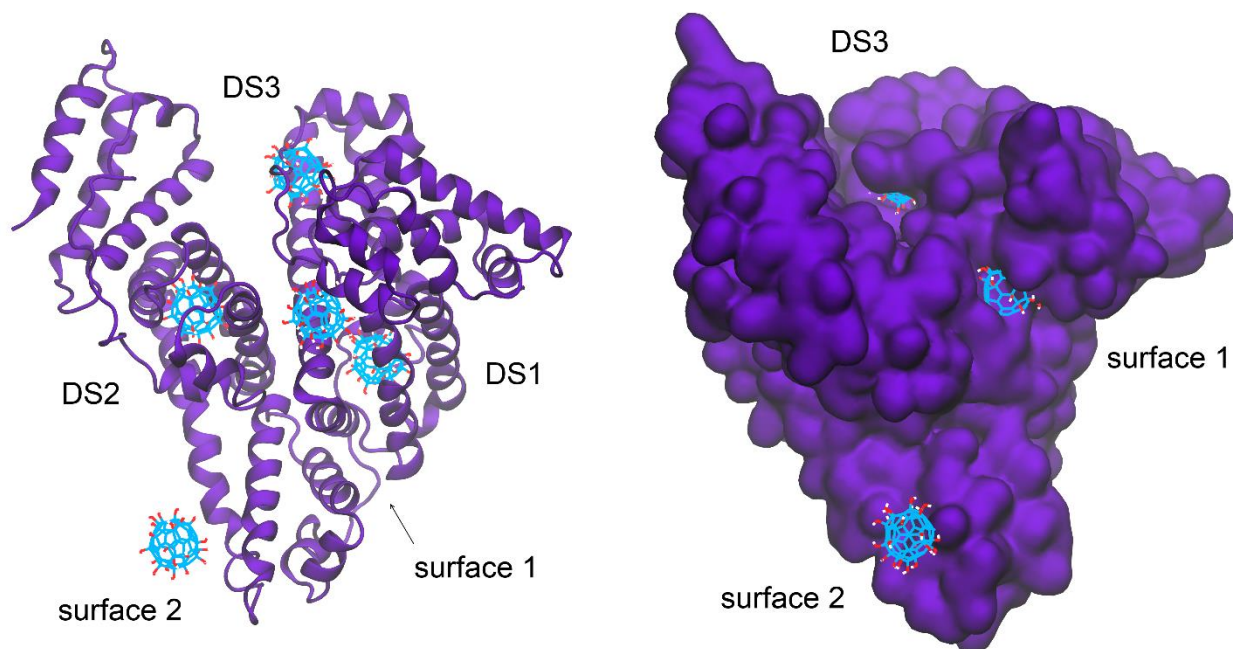
4 ****p* < 0.001 relative to negative control.

5

1 Table 10. The average number of hydrogen bonds in the complex of HSA with C₆₀(OH)₂₄.

Isomer	DS1	DS2	DS3	Surface 1	Surface 2
Uniform	4.0 ± 1.3	3.0 ± 1.6	4.0 ± 1.6	8.5 ± 2.3	2.7 ± 1.3
Saturn-like	4.9 ± 1.3	7.4 ± 1.5	3.1 ± 2.0	7.2 ± 1.9	3.6 ± 1.8

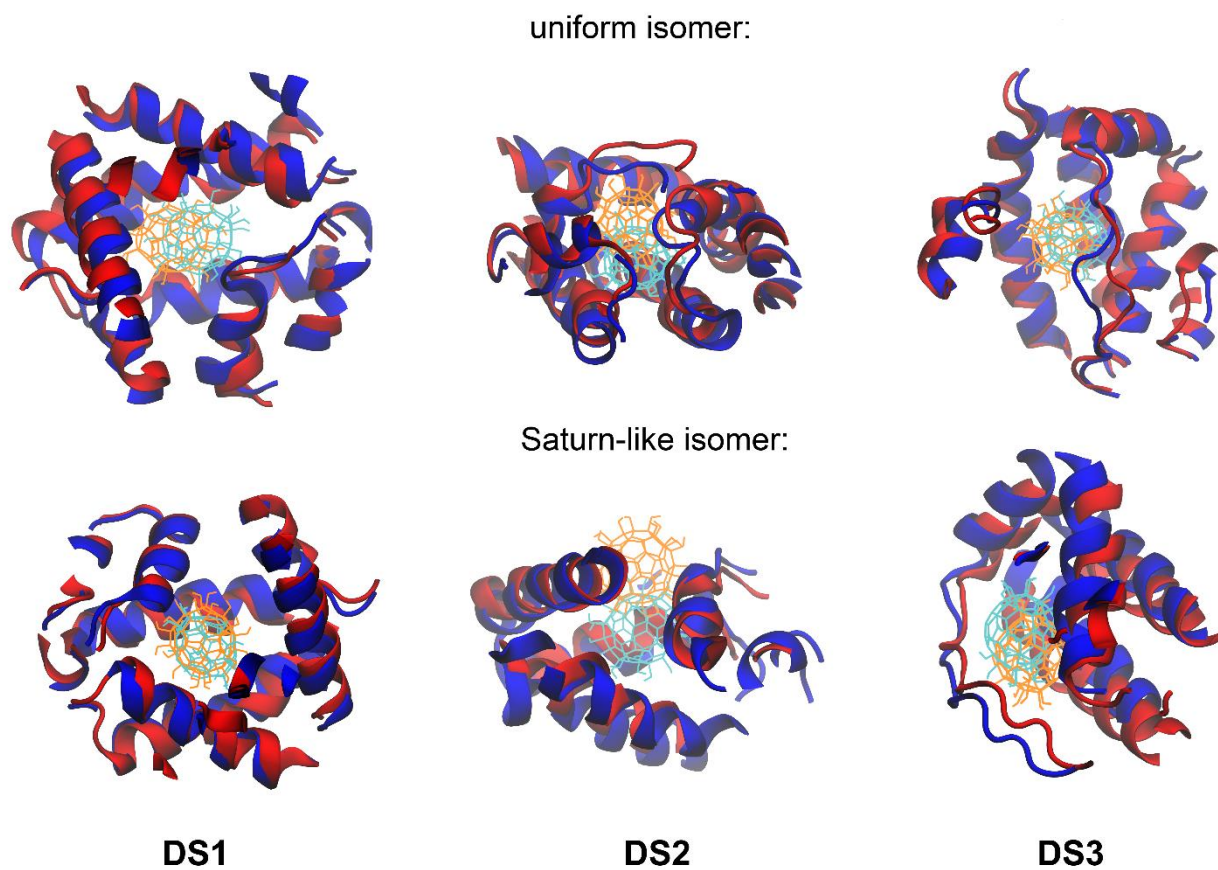
2



1

2 Fig. 1. The positions of the C₆₀(OH)₂₄ molecule (the uniform isomer) in binding sites of HSA
3 in the initial configurations for MD simulations.

4



1

2 Fig. 2. The displacement of the fullereneol $C_{60}(OH)_{24}$ after 20 ns of MD simulation. The initial

3 configurations (at 0 ns) are coloured in red and orange, the final ones (at 20 ns) are coloured in

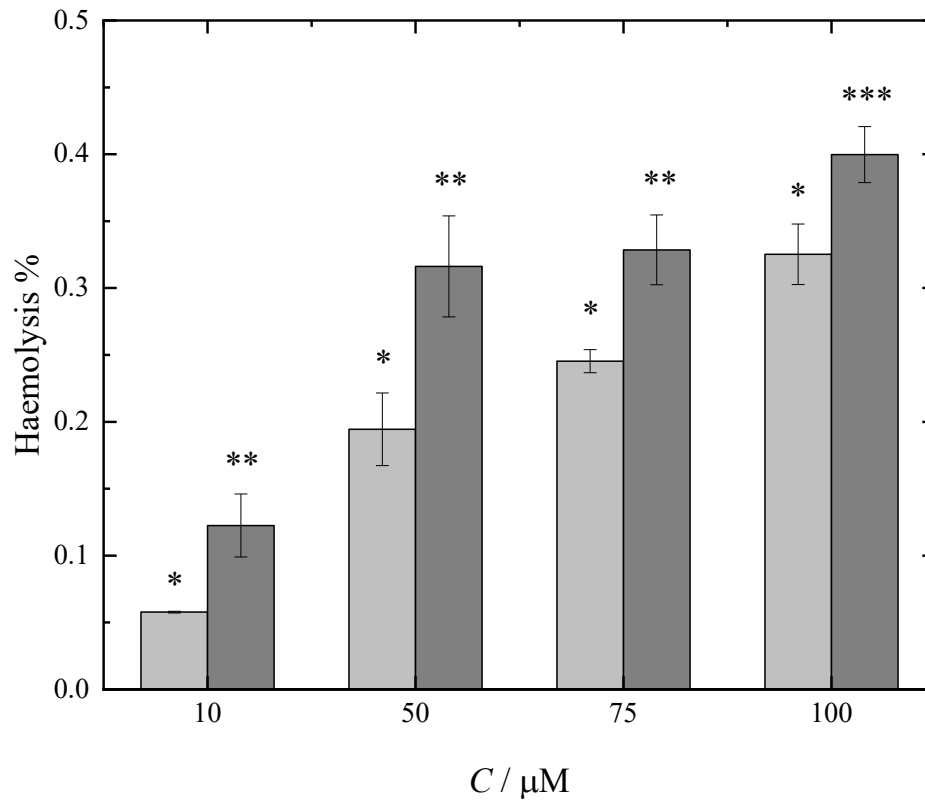
4 blue. The two configurations are fitted to minimise the root-mean square displacement of the

5 docking site, not the whole protein, between 0 ns and 20 ns. Only 1–1.5 nm vicinity of the

6 fullereneol is shown for clarity. The view direction is chosen to maximally show all the

7 magnitude of the fullereneol displacement.

8



1

2 Fig. 3. The effect of $C_{60}(OH)_{24}$ on the degree of erythrocyte haemolysis after 1 h (light grey)

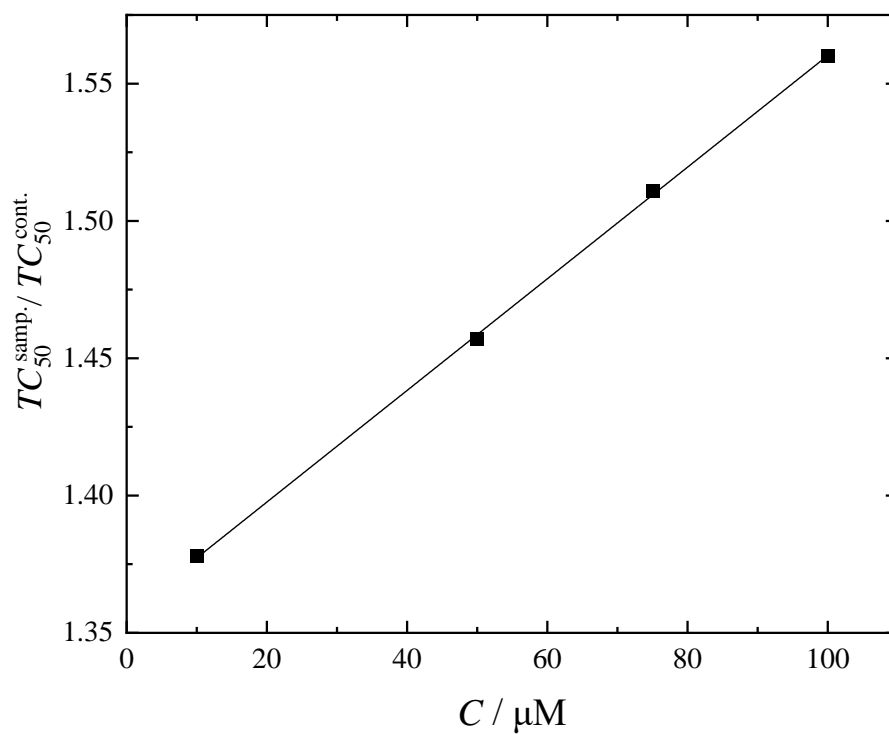
3 and 3 h (dark grey) of incubation. C is the molar concentration of $C_{60}(OH)_{24}$.

4 * $p < 0.05$ relative to control (1 h).

5 ** $p < 0.05$ relative to negative control (3 h).

6 *** $p < 0.01$ relative to control (3 h).

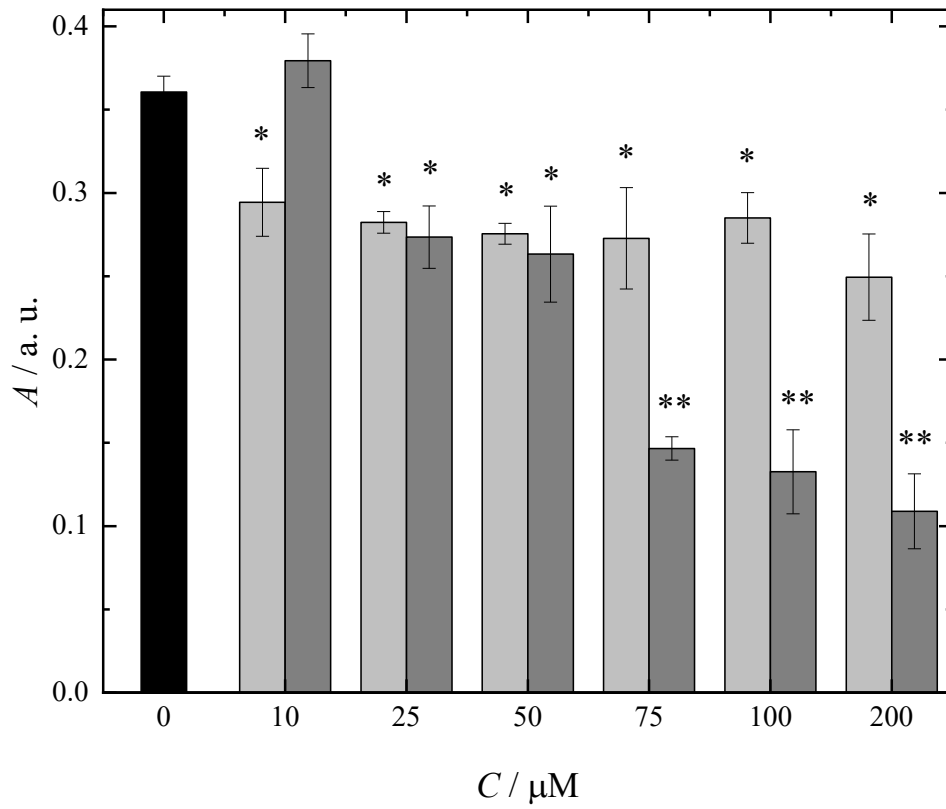
7



1

2 Fig. 4. The concentration dependence of the degree of photo-induced haemolysis in the
 3 presence of $C_{60}(\text{OH})_{24}$. C is molar concentration of fullerenol, $TC_{50}^{\text{samp.}}$ is the time of photo-
 4 induced haemolysis of 50 % of erythrocytes in the presence of $C_{60}(\text{OH})_{24}$, $T_{50}^{\text{cont.}}$ is the time of
 5 photo-induced haemolysis of 50 % of erythrocytes in the presence of physiological saline
 6 (control).

7



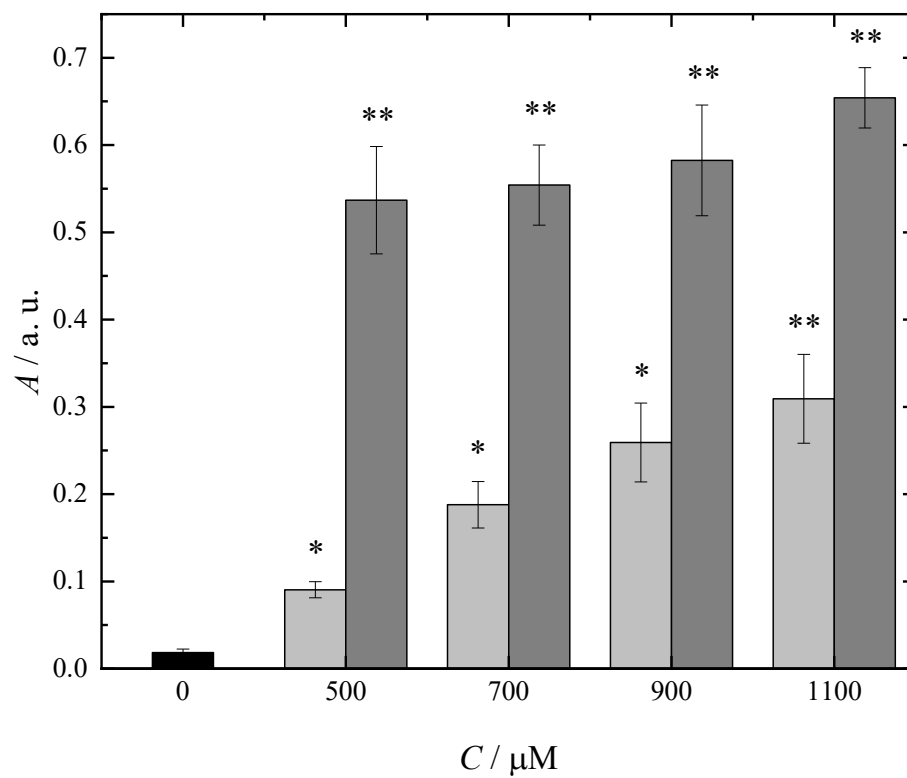
1

2 Fig. 5. Effect of C₆₀(OH)₂₄ (light grey) and sodium azide (dark grey) on NO-radical uptake.

3 **p* < 0.05 relative to control.

4 ***p* < 0.01 relative to control.

5



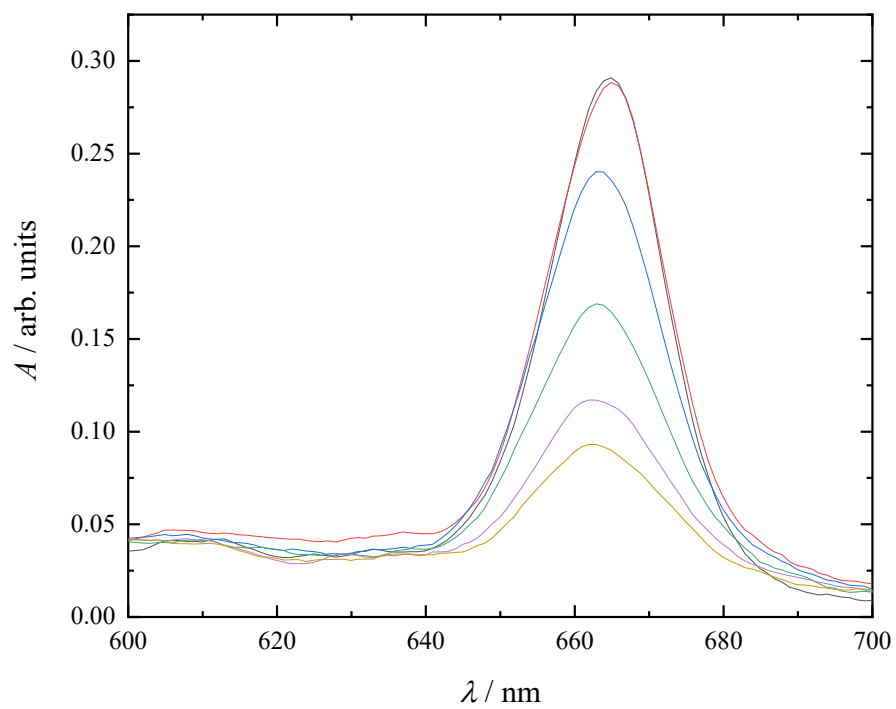
1

2 Fig. 6. The reducing capacity of $C_{60}(\text{OH})_{24}$ (light grey) and ascorbic acid (dark grey).

3 * $p < 0.05$ relative to control.

4 ** $p < 0.01$ relative to control.

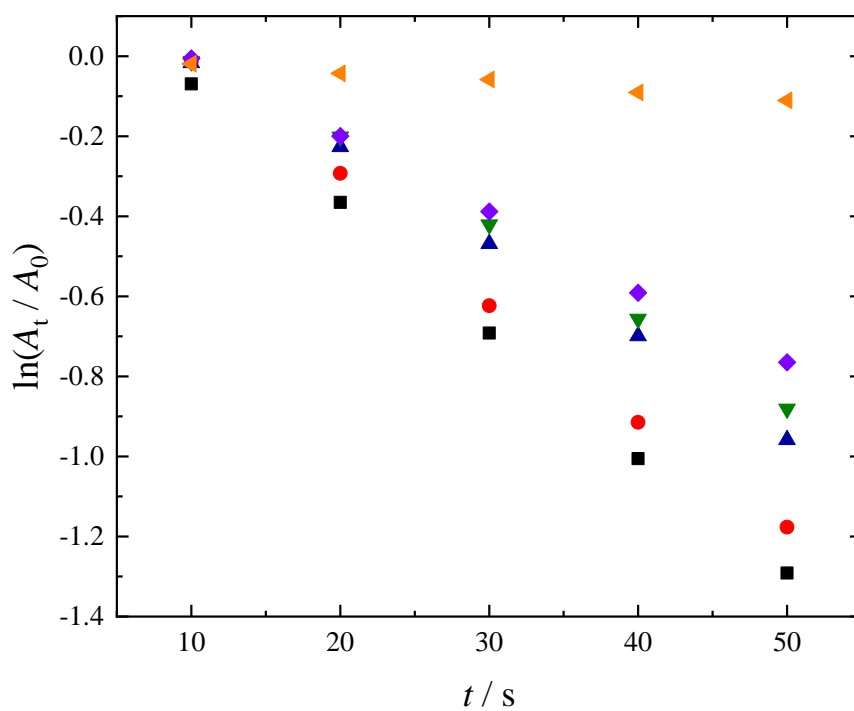
5



1

2 Fig. 7. Absorption spectra of Radachlorin + C₆₀(OH)₂₄ ($C = 2.5 \text{ mg}\cdot\text{l}^{-1}$) without irradiation (—
3) and under irradiation (— 10 s, — 20 s, — 30 s, — 40 s, — 50 s).

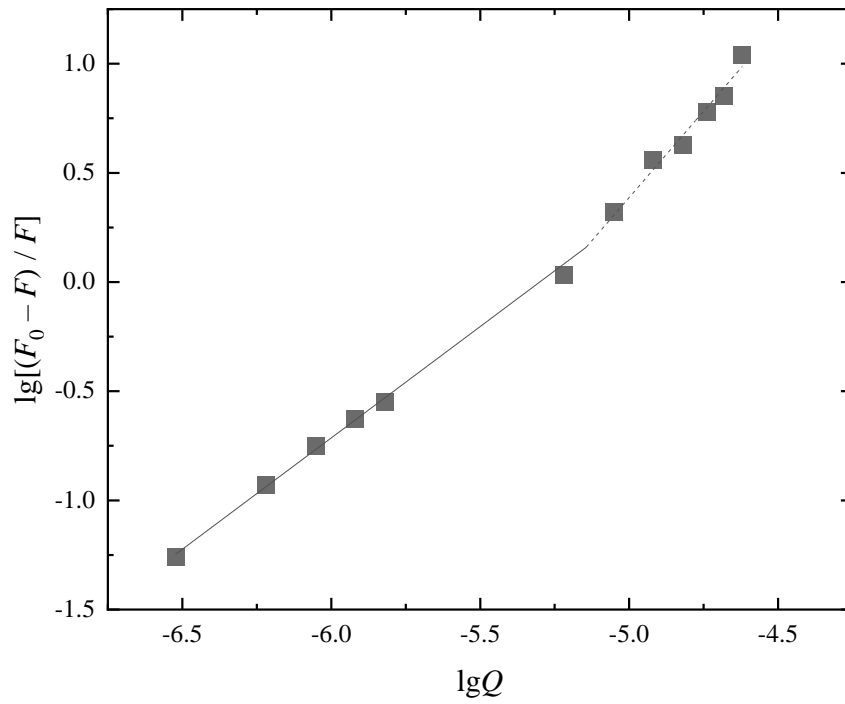
4



1

2 Fig. 8. Kinetic dependence of photobleaching of Radachlorin (■) in the presence of C₆₀(OH)₂₄
 3 (● 10 μM, ▲ 50 μM, ▼ 75 μM, ◆ 100 μM) and NaN₃ (◄ 500 μM). A_t and A₀ are the optical
 4 densities of Radachlorin solutions at 659 nm before and after irradiation.

5

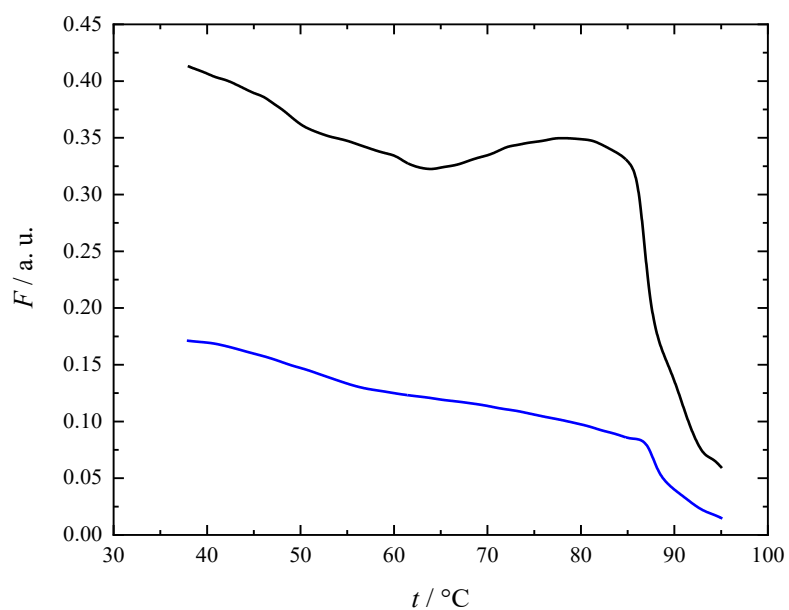


1

2 Fig. 9. Dependence of the binding process of C₆₀(OH)₂₄ to HSA at 298.15 K in the absence of
 3 binding site markers in Hill coordinates. F_0 is HSA fluorescence intensity in the absence of
 4 C₆₀(OH)₂₄, F is HSA fluorescence intensity in the presence of C₆₀(OH)₂₄, Q is the molar
 5 concentration of C₆₀(OH)₂₄.

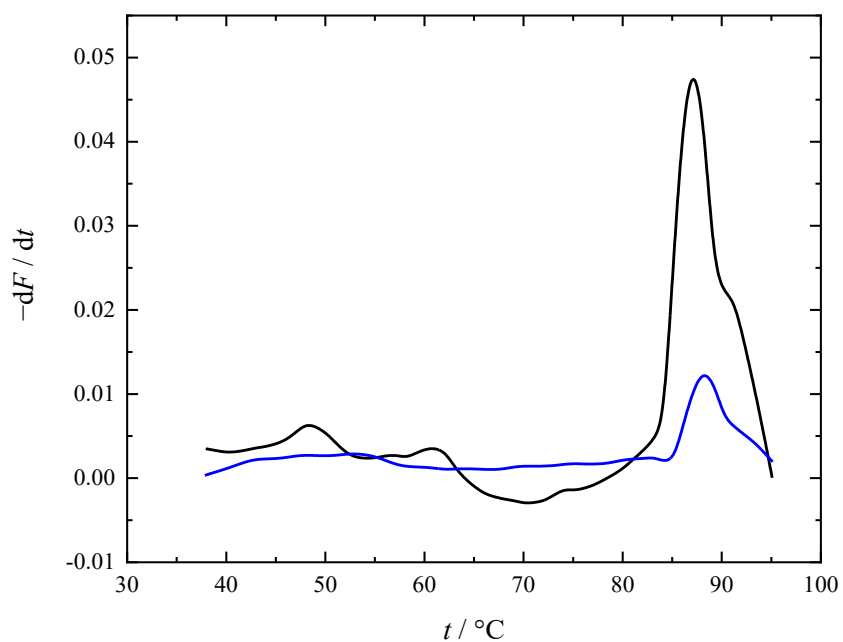
6

1 (a)



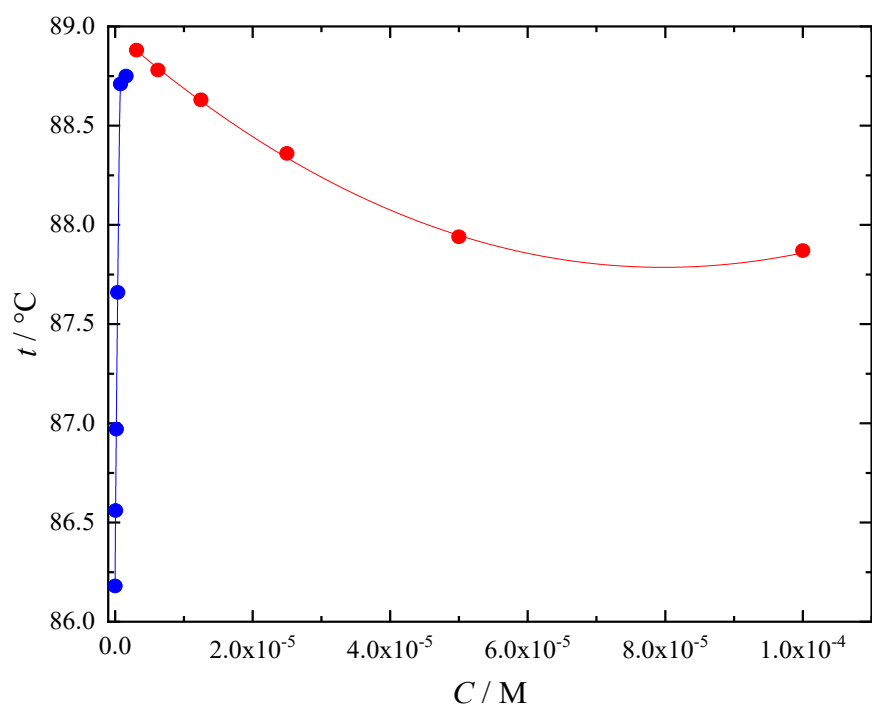
2

3 (b)



4

5 Fig. 10. Temperature dependence of fluorescence (a) and its first derivative (b) for $C_{60}(OH)_{24}^-$
6 HSA complex (blue line, $C = 10^{-4}$ M) in comparison to pure HSA (black line).

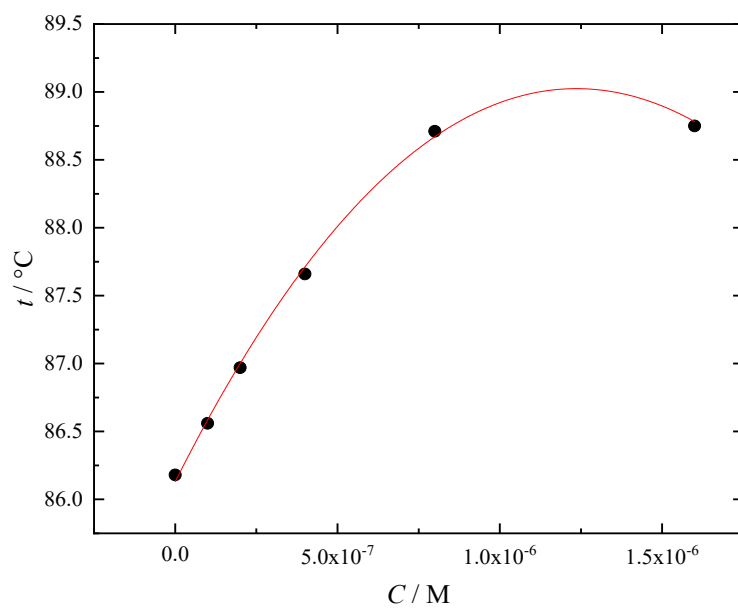


1

2 Fig. 11. Dependence of fullerene concentration on $\text{C}_{60}(\text{OH})_{24}$ -HSA complex melting point.

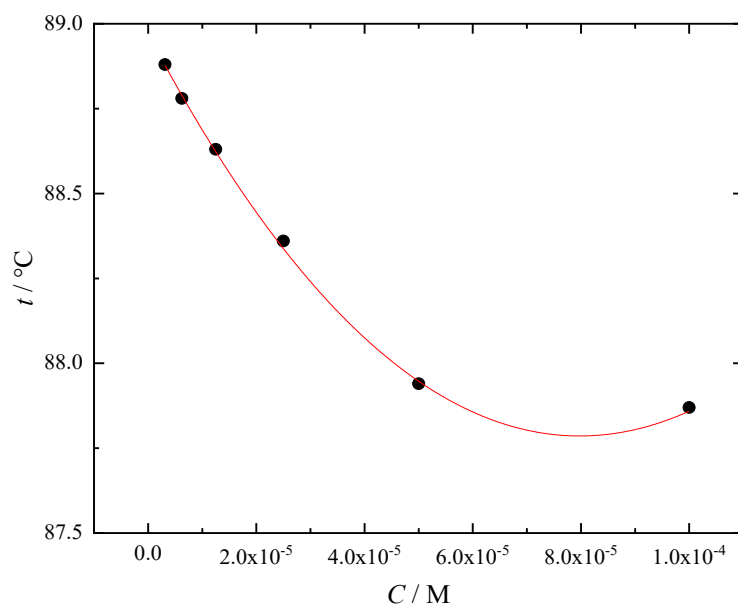
3

1 (a)



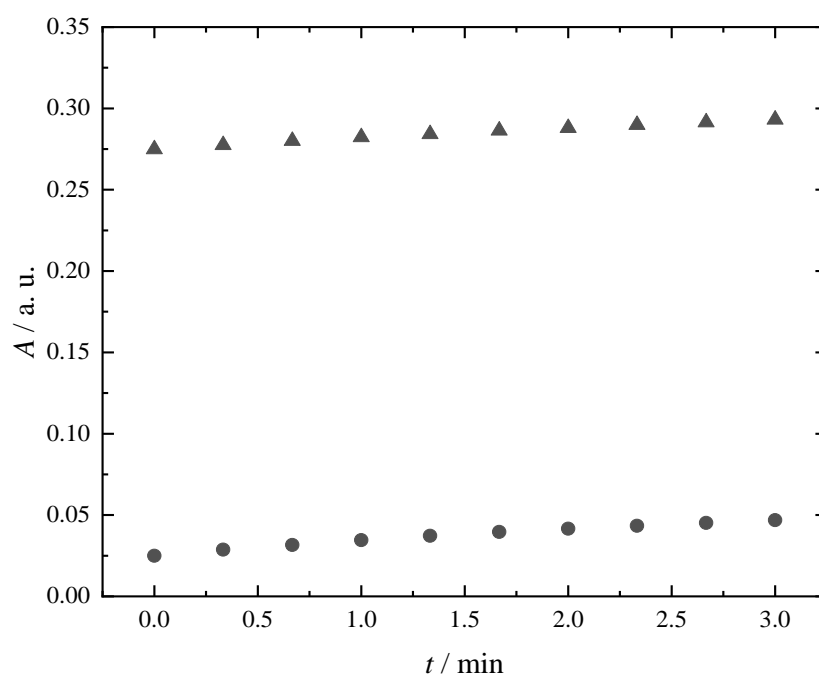
2

3 (b)



4

1 Fig. 12. The concentration dependence of the melting point of $C_{60}(OH)_{24}$ -HSA complex in the
2 concentration ranges $C = 0-1.6 \cdot 10^{-6}$ M (binding to digitonin, *a*) and $C = 3.13 \cdot 10^{-6}-10^{-4}$ M
3 (binding to ibuprofen, *b*). Dots are experimental values; lines represent the approximation by
4 Eq. 3.

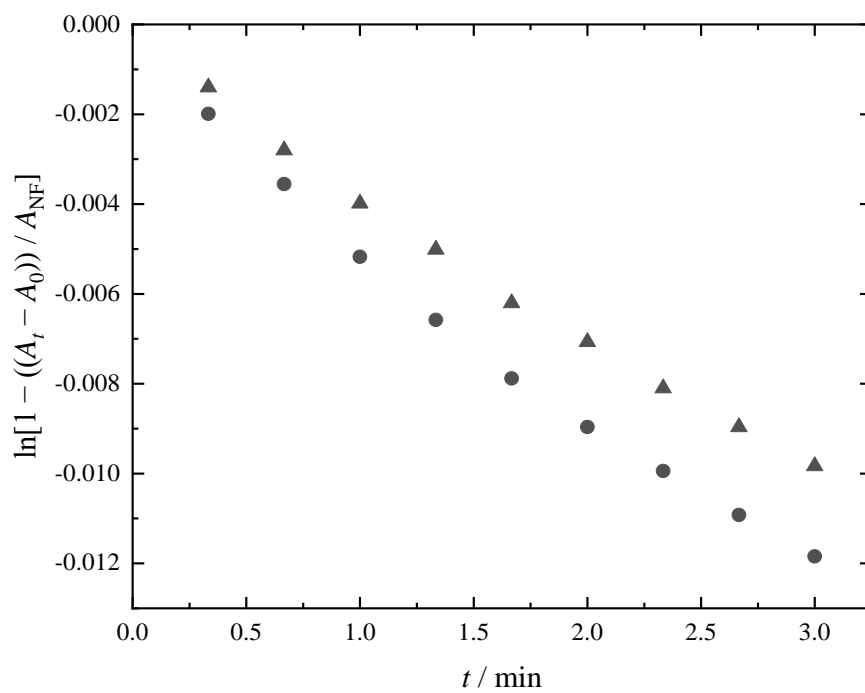


1

2 Fig. 13. Kinetic dependences of the hydrolysis reaction of NPA with HSA in the absence (●)

3 and in the presence of 24 μM $\text{C}_{60}(\text{OH})_{24}$ (▲).

4

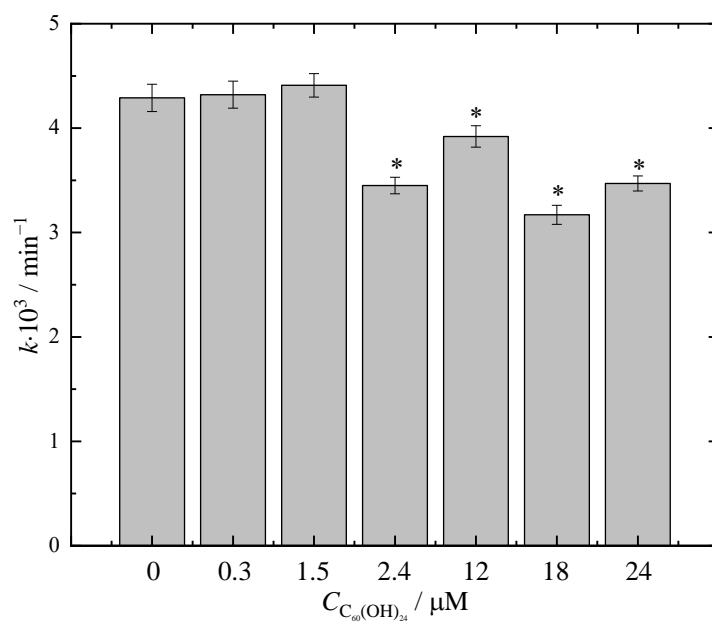


1

2 Fig. 14. Dependencies $\ln\left(1 - \frac{A_t - A_0}{A_{NF}}\right)$ on time for reaction of hydrolysis of NPA with HSA

3 in the absence (●) and in the presence of 24 μM $\text{C}_{60}(\text{OH})_{24}$ (▲).

4

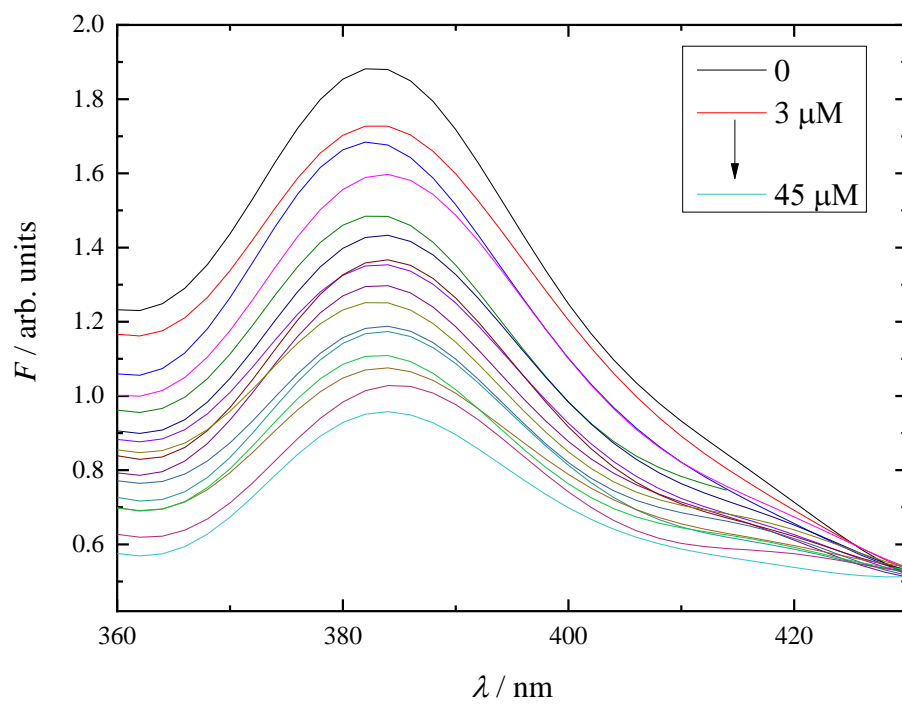


1

2 Fig. 15. Values of the rate constants of the hydrolysis reaction of NPA with HSA in the
3 concentration range of $C_{60}(OH)_{24}$ 0–24 μM .

4 * $p < 0.05$ relative to control (in the absence of $C_{60}(OH)_{24}$).

5

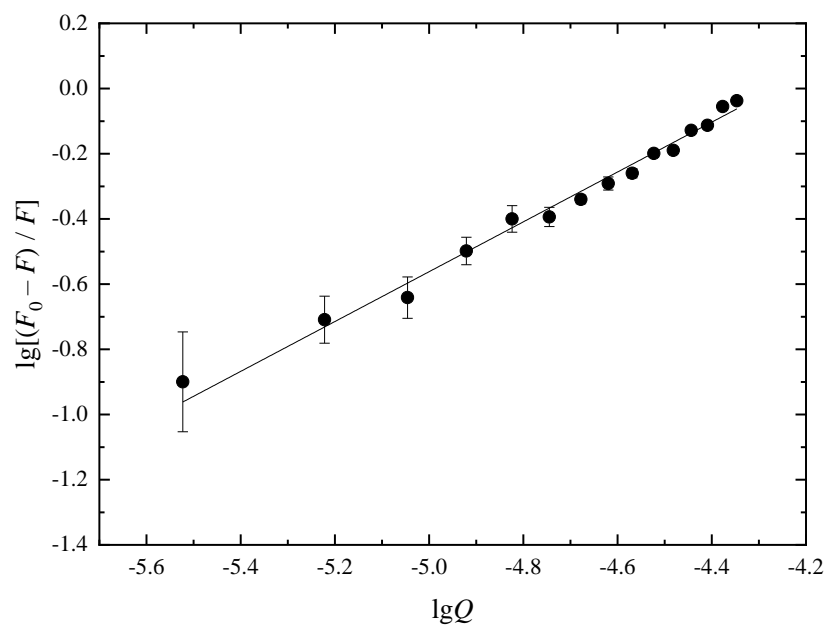


1

2 Fig. 16. DNA fluorescence spectra in the absence and presence of C₆₀(OH)₂₄ (C = 3–45 μM)

3 at 303.15 K.

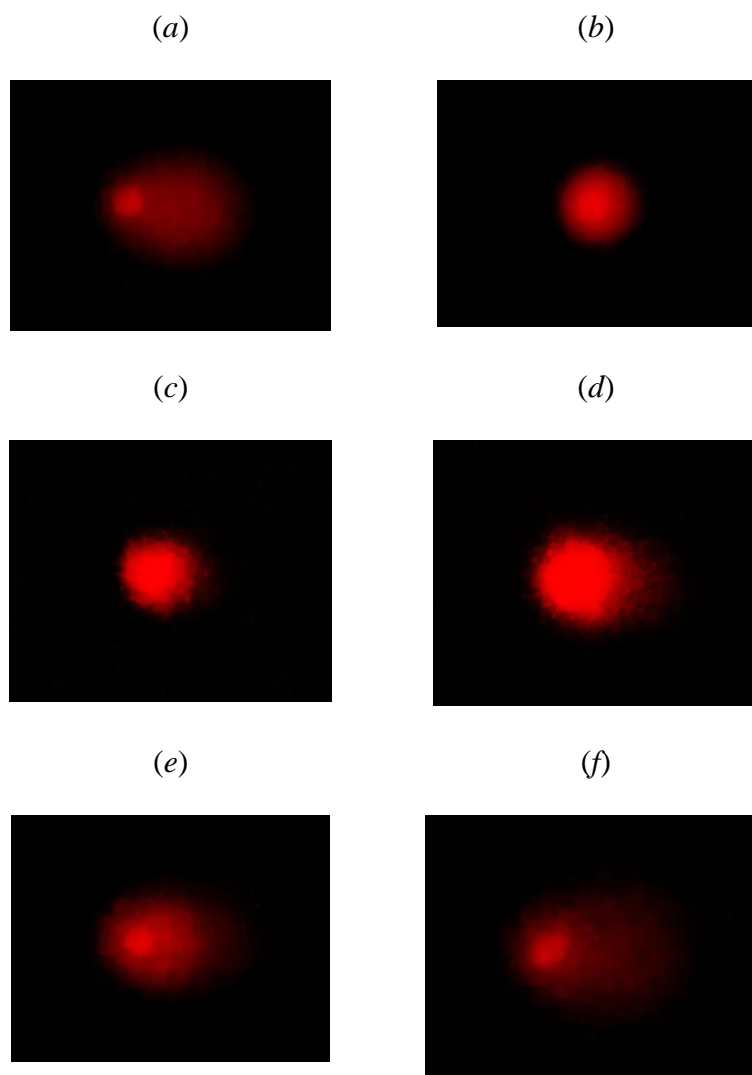
4



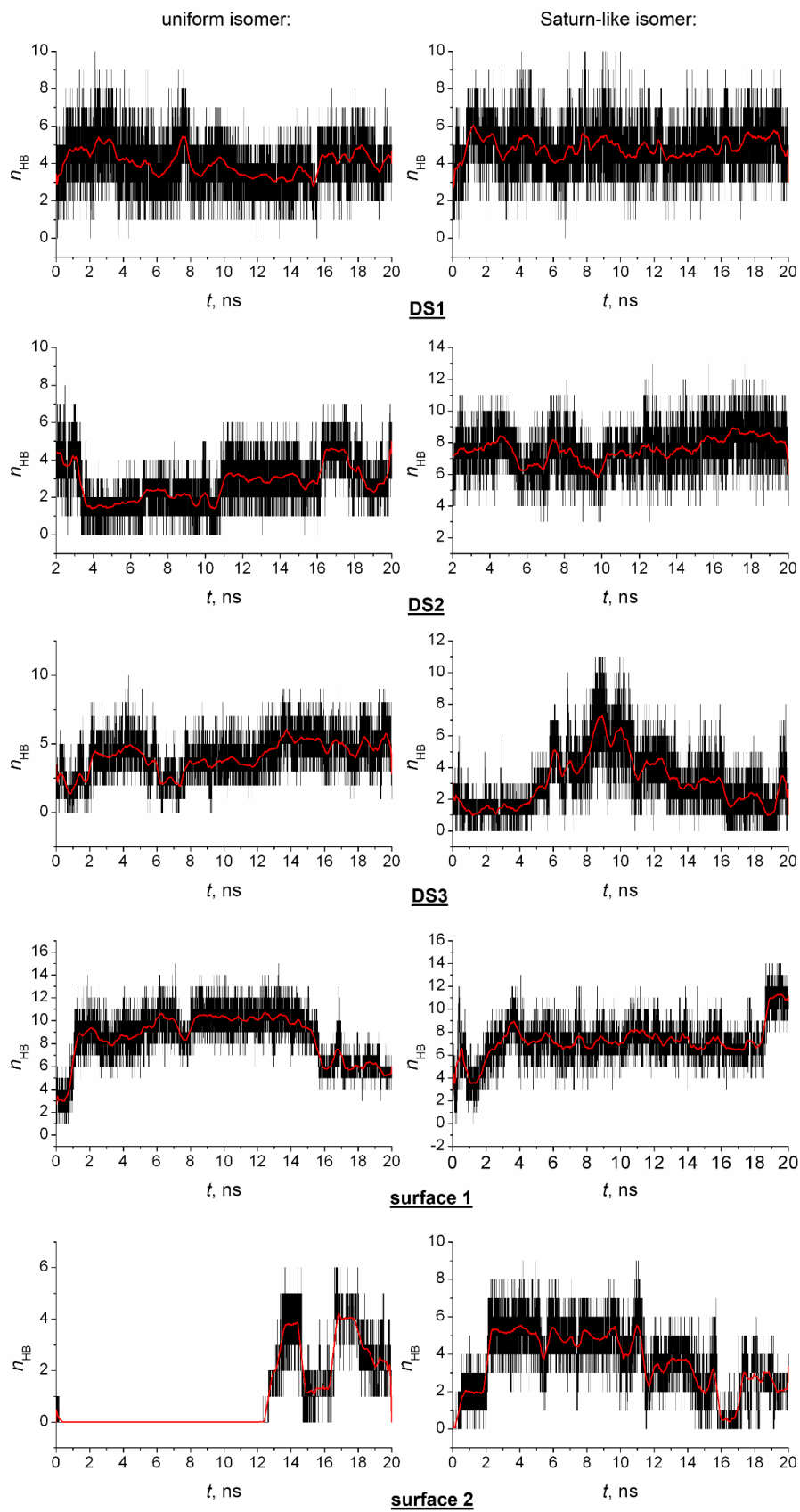
1

2 Fig. 17. Dependence of the $C_{60}(OH)_{24}$ binding process to DNA at 303.15 K in Hill coordinates.

3



1 Fig. 18. Photographs of DNA comets after electrophoresis of cells in a microgel. (a) — positive
2 control (H₂O₂), (b) — negative control (PBS), (c–f) — C₆₀(OH)₂₄ (C = 10, 50, 75 and 100 μM).
3



1

2 Fig. 19. The number of hydrogen bonds between HSA and fulleranol $C_{60}(OH)_{24}$ during
 3 simulation. Red curve is the result of smoothing.