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## **Titanium phosphate glass microspheres for bone tissue engineering**

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## **Abstract**

We have demonstrated the successful production of titanium phosphate glass microspheres in the size range of approximately 10–200  $\mu\text{m}$  using an inexpensive, efficient, easily scalable process and assessed their use in bone tissue engineering applications. Glasses of the following compositions were prepared by melt-quench techniques:  $0.5\text{P}_2\text{O}_5\text{--}0.4\text{CaO}\text{--}(0.1 - x)\text{Na}_2\text{O}\text{--}x\text{TiO}_2$  where  $x = 0.03, 0.05$  and  $0.07$  mole fraction (denoted as Ti3, Ti5 and Ti7 respectively). Several characterisation studies such as density measurement, differential thermal analysis, degradation (performed using a novel time lapse imaging technique) and pH and ion release measurements revealed significant densification of the glass structure with increased incorporation of  $\text{TiO}_2$  in the glass from 3 mol% to 5 mol%, although further  $\text{TiO}_2$  incorporation up to 7 mol% did not affect the glass structure to the same extent. Cell culture studies performed using MG63 cells over a 7-day period clearly showed the ability of the microspheres to provide a stable surface for cell attachment, growth and proliferation. Taken together, the results confirm that 5 mol%  $\text{TiO}_2$  glass microspheres, on account of their relative ease of preparation and favourable biocompatibility, are worthy candidates for use as substrate materials in bone tissue engineering applications.

**Keywords:** Titanium, phosphate glass, microsphere, bone cells, tissue engineering

## 1. Introduction

Titanium phosphate glasses have been widely researched for use in orthopaedic applications because of their highly favourable material properties and ability to elicit a positive bone cell response [1-4]. From a material science perspective, these glasses are of great interest because their physicochemical properties are highly tuneable, so that subtle changes in glass composition allow for major changes in glass structure and consequently in the degradation and ion release behaviour of these materials [5, 6]. Changes in titanium phosphate glass chemistry can be brought about by variations in the concentrations of the constituent oxides or the addition of small amounts of metal oxides other than  $\text{TiO}_2$  [7-13]. The structure of the glass network has been elucidated using diverse analytical techniques such as differential thermal analysis (DTA), Raman and Fourier transform infrared (FTIR) spectroscopies, x-ray diffraction (XRD), Solid State Nuclear Magnetic Resonance (NMR), x-ray absorption spectroscopy (XAS), Ti K-edge x-ray absorption near-edge structure (XANES) and neutron/x-ray scattering [6]. The information gained from all these analyses is beneficial to biomaterials researchers who are then able to make highly informed choices regarding the specific glass composition required for specific clinical applications.

From a biological perspective, it is now well known that titanium phosphate glasses provide a surface that is quite conducive to the attachment, growth and proliferation of bone cells [14-16]. The fact that oxides of phosphorus, sodium and calcium, which constitute the major components of most phosphate glass compositions, are also found in the mineral phase of bone is a major contributing factor to the bioactivity of these glasses, particularly considering that the ions released from these glasses can exert positive effects on bone cells [17-20]. A range of *in vitro* and *in vivo* studies have been conducted on titanium phosphate glasses and highly promising results have been obtained that offer exciting possibilities for using titanium phosphate glasses in various therapeutic applications to combat bone loss [8, 13, 14, 21-23]. In order to realise viable commercial applications of these glasses, some form of glass processing is essential, for which it is necessary to develop glass processing methodologies that are efficient, cost-effective and easily scalable. However, relatively little research has

been published thus far on processing routes that would be suitable for titanium phosphate glasses. To some extent, this can be explained by the difficulties involved in processing these glasses. Glass microfibres have been commonly produced by drawing glass melt on to a rotating steel drum at high temperature. This method has been used to produce iron phosphate glass fibres that have demonstrated their efficacy in the tissue engineering of muscle cells and neuronal cells [24-27]. However, only one report in the literature exists on the use of this method to produce titanium phosphate glass fibres [28].

In this study, we propose the use of flame spheroidisation as a method to produce microspheres from melt-derived titanium phosphate glasses. Microspheres can be produced very quickly by this method since the particle residence time in the flame is of the order of milliseconds, which makes this method feasible for commercial synthesis of titanium phosphate glass microspheres for use in biomedicine, particularly as a substrate for scalable tissue engineering approaches.

## **2. Materials and methods**

*2.1. Glass manufacture:* The glasses (total 3 compositions; see Table 1) were manufactured according to the methods of Abou Neel et al. [7] using stoichiometric quantities of the following precursors (all with purities of >98% and obtained from VWR-BDH, Poole, UK) without further purification: phosphorus pentoxide ( $P_2O_5$ ), calcium carbonate ( $CaCO_3$ ), sodium dihydrogen orthophosphate ( $NaH_2PO_4$ ) and titanium oxide ( $TiO_2$ ). After preheating at 700°C for 30 min to remove  $CO_2$  and  $H_2O$ , the precursor mixture was then melted according to the conditions listed in Table 1. After melting for the required period, the glass was rapidly quenched by pouring on to a steel plate at room temperature and then allowed to cool overnight.

*2.2. Preparation of glass microspheres:* The glasses obtained from the melt quench step were broken into fragments and the fragments were crushed to form microparticles using a Retsch MM301 milling machine (Retsch, Germany). The microparticles were then passed through a flame spheroidisation apparatus to produce microspheres in the approximate size range of 10–200  $\mu m$ . The flame spheroidisation apparatus comprises the following

component assemblies: (1) blow torch connected to a MAPP gas cylinder, (2) feed and (3) collectors (see Figure 1). During operation, glass microparticles placed at one end of the trough travel to the other end under the influence of vibratory forces exerted by the DC motor. At the other end, the particles pass into the flame and then travel along the flame axis (or at varying angles to the flame axis). As they pass through the flame, they undergo spheroidisation due to surface tension forces and are then collected in the glass boxes placed one after the other below the flame (Figure 1).

The microspheres from each collector were separately visualised using by light microscopy. The material present in the collector immediately below the torch outlet was discarded since it usually contained a mixture of glass microspheres along with a significant proportion of non-spherical particles; the material in the remaining glass boxes contained very few non-spherical particles, if any, and was therefore collected and stored for further studies.

*2.3. Particle size distribution:* For determining the particle size distribution of the obtained microspheres, the material from all four glass boxes was collected and a small quantity of the material was then added to a drop of Fractoil synthetic immersion oil (VWR, Poole, UK) placed on a microscope slide and the material was manually dispersed in the oil. A cover slip was placed on top of the slide and the slides were then imaged on an Olympus BX50 microscope (Olympus Corporation, Japan) using a CoolSNAP-Pro cf camera (Photometrics, USA). Image analysis and microsphere diameter measurements were carried out using Image-Pro Plus software (Media Cybernetics, USA).

Based on the results of the particle size distribution experiments, microspheres in the size range 63–106  $\mu\text{m}$  were used in subsequent experiments involving microspheres. These microspheres were obtained by passing the feed particles through 63  $\mu\text{m}$  and 106  $\mu\text{m}$  sieves (Endecotts Ltd., London, UK) on a Fritsch Spartan sieve shaker (Fritsch GmbH, Germany).

*2.4. Density measurements:* Density measurements were carried out on the basis of Archimedes' principle using triplicate samples of glass fragments. An analytical balance (Mettler Toledo, UK) with a density measurement kit was used for this purpose. Absolute

ethanol was used instead of water as the immersion liquid since the glasses are water-soluble in nature. The following formula was used to calculate the glass density ( $\rho_{\text{glass}}$ ):

$$\rho_{\text{glass}} = [M_{\text{air}} / (M_{\text{air}} - M_{\text{ethanol}})] \times \rho_{\text{ethanol}} \quad (1)$$

where  $M_{\text{air}}$  and  $M_{\text{ethanol}}$  are the masses of the sample in air and ethanol (g), respectively, and  $\rho_{\text{ethanol}}$  is the density of ethanol at ambient temperature ( $\text{g}\cdot\text{cm}^{-3}$ ).

*2.5. Differential thermal analysis:* DTA studies were performed on glass microspheres using a Setaram differential thermal analyser (Setaram, France). The samples were heated from room temperature to 1000°C at a heating rate of 20°C.min<sup>-1</sup> using air as the purge gas; an empty platinum crucible was used as a reference. The parameters measured in DTA were the glass transition temperature ( $T_g$ ), crystallisation temperature ( $T_c$ ) and melting temperature ( $T_m$ ).

*2.6. Degradation study:* Degradation studies on the glass microspheres were carried out using a time lapse imaging method. Approximately 40 mg of glass microspheres was added to a cell culture flask containing 10 ml of ultrapure high-purity deionised water (resistivity = 18.2 MΩ.cm<sup>-1</sup>) obtained from a PURELAB UHQ-PS (Elga Labwater, Marlow, UK). Prior to the addition of microspheres and water, the bottom inner surface of the flask had been scraped with a brush in order to provide surface roughness so that the microspheres would remain reasonably stationary during the experiment. The flask was then placed on the stage of a Leica DMIRB microscope (Leica Microsystems CMS GmbH, Germany) fitted with a Solent Scientific incubator system (Solent Scientific Ltd., Segensworth, UK). Time lapse images of the microspheres were acquired at intervals of 1 hour over an 80-hour period using a Tucsen TCA-10.0-N camera (Tucsen Image Technology Inc., China) running on  $\mu$ Manager microscopy open source software (Ron Vale Lab, University of California San Francisco, USA); subsequent image analysis and diameter measurements were carried out using ImageJ [29]. For each glass composition, the diameters of six spheres were measured and the mass of the sphere was obtained by the equation

$$m_{\text{sphere}} = \rho_{\text{glass}} \times V_{\text{sphere}} = \rho_{\text{glass}} \times 4/3 \times \pi(r_{\text{sphere}})^3 \quad (2)$$

where  $m_{\text{sphere}}$  is the mass of the sphere ( $\mu\text{g}$ );  $\rho_{\text{glass}}$ , the density of the glass obtained from the previous density measurement ( $\mu\text{g}\cdot\mu\text{m}^{-3}$ );  $v_{\text{sphere}}$ , the volume of the sphere ( $\mu\text{m}^3$ ); and  $r_{\text{sphere}}$ , the radius of the sphere ( $\mu\text{m}$ ).

The percentage weight loss per unit surface area of the sphere at each time point was then calculated by the following equation:

$$[(m_{\text{sphere}(0)} - m_{\text{sphere}(t)})/m_{\text{sphere}(0)}A_t] \times 100 \quad (3)$$

where  $m_{\text{sphere}(0)}$  is the mass of the microsphere at time  $t = 0$  ( $\mu\text{g}$ );  $m_{\text{sphere}(t)}$ , the mass of the microsphere at time  $t$  ( $\mu\text{g}$ ); and  $A_t$ , the surface area of the microsphere at time  $t$  ( $\mu\text{m}^2$ ).

*2.7. pH and ion release measurements:* The pH and ion release measurements were carried out in triplicate at the following time points: 0, 24, 72, 168, 336 and 504 hours. Prior to the measurements, approximately 250 mg of microspheres were placed in closed plastic containers containing 25 ml of deionised water. The pH of this deionised water had been previously adjusted to  $7 \pm 0.1$  using  $\text{NH}_4\text{OH}$  or  $\text{HCl}$ . At the above time points, the solution from each container was removed and stored while the microspheres were dried and reintroduced into fresh medium. The pH of the solution was measured using an Orion pH meter (Orion, UK) that was fitted with a pH glass electrode (BDH, UK). The cation and anion release measurements were carried out by ion chromatography techniques [8]. The release of polyphosphate anions from the glass discs was analysed using a Dionex ICS-2500 ion chromatography system (Dionex, Surrey, UK) without prior purification, while  $\text{Na}^+$  and  $\text{Ca}^{2+}$  cation release were measured using a Dionex ICS-1000 ion chromatography system after passing the solution through a Dionex OnGuard IIA cartridge to eliminate anions that bind to the cation column.

*2.8. X-ray diffraction:* XRD analysis was performed using methods similar to those used in a previous study [8] on microsphere samples placed in simulated biological fluid (SBF) at  $37^\circ\text{C}$ . For preparation of SBF, the protocol provided by Kokubo and Takadama was followed [30]. The samples were analysed on a Bruker D8 Advance Diffractometer (Bruker, UK) in flat plate geometry using Ni-filtered  $\text{Cu } K\alpha$  radiation. Data was collected at  $2\theta$  values from  $10^\circ$  to  $100^\circ$  with a step size of  $0.02^\circ$  and a count time of 12 s. Sample analysis was first carried out



before immersing the microsphere sample in the medium (i.e. at day 0), and at time points of 3, 7 and 14 days post immersion, the microspheres were removed from the medium, dried and then analysed.

*2.9. Nuclear magnetic resonance:* Solid state  $^{31}\text{P}$  magic angle spinning (MAS) NMR experiments were undertaken at 9.4 T using a Bruker DSX-400 spectrometer operating at a Larmor frequency of 161.92 MHz. All measurements were facilitated using a Bruker 4 mm dual channel probe in which MAS frequencies of 12.5 kHz were implemented. All  $^{31}\text{P}$  MAS NMR data were acquired using single pulse experiments, where pulses of 2.5  $\mu\text{s}$  duration (corresponding to  $\pi/4$  flip angles) were employed with recycle delays of 240 s to achieve a quantitative survey of the P speciation.  $^{31}\text{P}$  chemical shifts were referenced against the primary IUPAC standard of 85%  $\text{H}_3\text{PO}_4$  ( $\delta$  0.0 ppm) via a secondary solid reference of  $(\text{NH}_4)[\text{H}_2\text{PO}_4]$  ( $\delta$  1.0 ppm). Each spectrum was processed with Bruker TOPSPIN software, with the spectral deconvolutions performed using the DmFit software package [31].

*2.10. Ti K-edge X-ray near edge absorption:* The Ti K-edge XANES data were collected in fluorescence mode using the micro-focus beam-line I18 at the Diamond Light Source, UK. Spectra were collected from 80 eV below the edge to 220 eV above the edge in order to allow an accurate background subtraction. The spectra were collected in three step sizes; a 5-eV step size was used for the pre-edge (4900–4940 eV), a 0.25-eV step size was used over the pre-peak and edge (4940–5000 eV) and a 2-eV step size was used after the edge (5000–5200 eV). All measurements were conducted at room temperature. The spectra were normalized to have an edge step of one.

*2.11. Cell culture:* Cell culture studies were conducted on the basis of Chen et al.'s methods using MG63 osteoblast-type cells [32]. For seeding of cells on the glass microspheres, approximately 40 mg of glass microspheres were weighed and placed in small glass vials for sterilisation under dry heat at a temperature of 180°C for 1 hour. The microspheres were then carefully transferred to Transwell® cell culture inserts (Corning, USA) placed in 24-well plates such that the entire surface of the insert mesh was covered by a thin layer of microspheres. Subsequently, the MG63 cells were seeded on the microspheres at a seeding

density of 10,000 cells per well followed by incubation at 37°C in an atmosphere of 95% air and 5% CO<sub>2</sub>.

Scanning electron microscopy (SEM) images were obtained at 7 days post seeding. Fixation in 3% glutaraldehyde, dehydration through a graded series of ethanol (50, 70, 90, and 100%) and drying in hexamethyldisilazane (Aldrich, UK) were carried out *in situ* in the inserts, after which each insert was taken out of the well and the entire insert mesh was carefully cut out from the insert along the edge using a scalpel. The meshes with the cell-cultured spheres on them were mounted onto aluminium stubs. The mounted samples were sputter-coated with gold/palladium and observed with a scanning electron microscope (model JSM 5410LV, JEOL, Japan) using various magnifications at an operating voltage of 10 kV.

Scanning laser confocal microscopy (SLCM) images were also obtained at 7 days after seeding using Alexa Flour 488 phalloidin (Invitrogen, UK) to stain the actin filaments of the cytoskeleton and propidium iodide (BD Biosciences, UK) to stain the nucleus. Prior to imaging, the samples were processed by first fixing in 4% paraformaldehyde until required for imaging. The fixed samples were then washed twice with phosphate buffered saline (PBS) and permeabilised using a solution of 0.1 vol% Triton-X in PBS for 3–5 min. A solution of 2.5 vol% phalloidin methanolic stock solution in PBS was then added to each sample well and the samples were maintained for 20 min in a dark atmosphere to minimise evaporation and photobleaching. After washing again with PBS, the samples were counterstained with 1 µg/ml of propidium iodide for 10 min. The stained samples were visualised by confocal microscopy (Biorad, USA).

The cell proliferation assay was conducted after 1, 4 and 7 days in culture. The control comprised the mesh of the cell culture insert with cells seeded on it. The MG63 cells were seeded on the glass microspheres and control mesh at a seeding density of 10,000 cells per well, followed by incubation at 37°C in an atmosphere of 95% air and 5% CO<sub>2</sub>. Cell proliferation at each time point was determined using the AlamarBlue™ assay (AbD Serotec, UK) as described previously [32]. Fluorescence detection was accomplished by means of a

Fluoroskan fluorimeter (Thermo Scientific, UK) with absorption and emission values set to 530 nm and 590 nm, respectively. The fluorimeter provided absorbance data, so to plot the data in terms of the number of cells, a standard calibration curve was measured separately. For the standard curve, cell populations of 0, 10000, 20000, 50000 and 100000 cells were cultured over a 1-day period in a 24-well plate and fluorescence measurements were carried out using the same fluorimeter.

### **3. Results**

*3.1. Particle size distribution:* Glass microspheres were successfully obtained for all the glass compositions over an approximate size range of between 10  $\mu\text{m}$  and 200  $\mu\text{m}$  (Figure 2). For all the compositions, up to 85% of the microspheres had sizes of 120  $\mu\text{m}$  or less. There was no significant difference between the particle size distributions for the different glass compositions, thereby indicating that the microsphere production process was independent of the glass composition and therefore influenced by the parameters of the flame spheroidisation process, e.g. flame temperature and particle residence time in the flame.

The results obtained from the particle size distribution were further confirmed by light microscopy images of the microspheres obtained for particles of different size fractions. Taking the Ti7 microspheres as a representative example, it was observed that at particle sizes of 45–63  $\mu\text{m}$ , very few microspheres were obtained (Figure 3). The feed particles tended to aggregate together on the feed trough and it was difficult to ensure adequate particle separation on the trough before the particles entered the flame; inside the flame, the particle aggregates tended to break up into the constituent particles without significant microsphere formation. At particle sizes of 106–150  $\mu\text{m}$ , a significant number of particles were too large and the particle residence time in the flame was too short for the particles to undergo spheroidisation; consequently, microsphere samples in this size range tended to contain large numbers of non-spherical particles. The proportion of non-spherical particles was minimal at particle sizes of 63–75 and 75–106  $\mu\text{m}$ . Therefore, in all subsequent experiments involving microspheres, a size range of 63–106  $\mu\text{m}$  was adopted.

3.2. *Density measurements:* The density of the investigated glass compositions increased with the Ti content from  $2.635 \pm 0.004 \text{ g/cm}^3$  for Ti3 to  $2.672 \pm 0.002 \text{ g/cm}^3$  for Ti7 (Table 1). The results indicated significant structural densification with the increase in the  $\text{TiO}_2$  content of the glass.

3.3. *Differential thermal analysis:* The density results were further confirmed by the increase in the  $T_g$  value of the glass from  $489^\circ\text{C}$  for Ti3 to  $529^\circ\text{C}$  for Ti7 (see Table 1 for  $T_g$ ,  $T_c$  and  $T_m$  values). In all the glass compositions, two overlapping crystallisation peaks were observed, with the extent of overlap being greater for Ti3 than for Ti5 and Ti7. As with the  $T_g$  values, the  $T_c$  values for the first crystallisation peak increased with the Ti content from  $689^\circ\text{C}$  for Ti3 to  $739^\circ\text{C}$  for Ti7. All three compositions showed a single broad melting peak with  $T_m$  values ranging from  $878^\circ\text{C}$  for Ti3 to approximately  $904\text{--}905^\circ\text{C}$  for Ti5 and Ti7.

3.4. *Degradation study:* Figure 4 shows the percentage cumulative weight loss per unit surface area of the microspheres as a function of the degradation time for the investigated titanium phosphate glass microspheres. The plot shows that the degradation rate of the microspheres appeared to increase with time. With regard to Ti3 and Ti5, a clear correlation between the  $\text{TiO}_2$  content and the degradation rate was observed, whereby as the  $\text{TiO}_2$  content increased, the degradation rate of the glass microspheres decreased. At 80 hours, the percentage cumulative weight loss per unit surface area was  $0.0092 \text{ \%}\cdot\mu\text{m}^{-2}$  for Ti3 which was approximately 3 times that for Ti5 ( $0.0032 \text{ \%}\cdot\mu\text{m}^{-2}$ ). However, the difference between the weight loss values of the Ti5 and Ti7 microspheres was not as marked ( $0.0032 \text{ \%}\cdot\mu\text{m}^{-2}$  for Ti5 versus  $0.0024 \text{ \%}\cdot\mu\text{m}^{-2}$  for Ti7). Thus, while the trend in the degradation rate at 80 hours could be represented as  $\text{Ti3} > \text{Ti5} > \text{Ti7}$ , the effect of  $\text{TiO}_2$  addition on the degradation rate was appreciable only when the  $\text{TiO}_2$  content was increased from 3 to 5 mol%. It is worth noting that the error bars of all the data points in the graph were small, which indicated the reliability of the methodology.

3.5. *pH measurements:* Microspheres of all the investigated glass compositions caused a decrease in pH when immersed in deionised water over the 21-day study period (Figure 5). A significantly strong decrease in pH was observed from day 0 to day 1; however, the pH

decrease became progressively more gradual over the rest of the immersion time. The measured pH values ranged from 2.8–4.5 for Ti3 to 3.4–5.5 for Ti5 and Ti7. Thus, the deionised water solution containing Ti3 microspheres was more acidic than those containing Ti5 and Ti7 microspheres. The pH trend was broadly similar to the trend observed in the degradation rate; thus, while Ti3 showed a greater pH decrease than Ti5, the pH decrease shown by Ti5 and Ti7 was not significantly different. The decrease in pH for all the glasses was attributed to the release of phosphate ions which formed phosphoric acid in the solution.

*3.6. Ion release measurements:* As in the degradation study, the ion release studies revealed an increase in the release of all the measured ionic species with time over the entire study period. The rates of ion release shown in Figure 6 for the  $\text{Ca}^{2+}$  ions and in Table 2 for the remaining ions are obtained by calculating the slope of the linear fit of ion release over time. For both cationic ( $\text{Na}^+$  and  $\text{Ca}^{2+}$ ) and anionic ( $\text{PO}_4^{3-}$ ,  $\text{P}_3\text{O}_9^{3-}$ ,  $\text{P}_2\text{O}_7^{4-}$  and  $\text{P}_3\text{O}_{10}^{5-}$ ) sets of species, the ion release of Ti3 was significantly greater than that of Ti5 which in turn was greater than that of Ti7 but by a much lesser degree (Table 2).

*3.7. X-ray diffraction:* As shown in Figure 7 for Ti5, no apatite formation could be discerned as evidenced by the lack of crystalline peaks in the XRD spectra at all the specified time points. Similar results were obtained for Ti3 and Ti7 (data not shown).

*3.8. Nuclear magnetic resonance:* The  $^{31}\text{P}$  NMR MAS spectra revealed that with increasing  $\text{TiO}_2$  incorporation, no apparent significant change in Q species could be observed, although there was a monotonic upfield movement of both  $Q^1$  and  $Q^2$  chemical shifts towards more negative values (see Table 1), and a concomitant increase in the line widths of both  $Q^1$  and  $Q^2$  resonances. As a result, the  $Q^2/Q^1$  ratio remained essentially constant for all three compositions.

*3.9. Ti K-edge X-ray near edge absorption:* The Ti K-edge XANES spectra (not shown) revealed that the pre-edge, for all of the samples, consisted of two small peaks at 4968 and 4970 eV with normalized intensities of 0.08 and 0.05, respectively. These results are consistent with Ti occupying a six-fold coordinated ( $\text{TiO}_6$ ) environment.

*3.10. Scanning electron microscopy and confocal microscopy:* The SEM images (Figure 8) and SLCM images (Figure 9) results reveal that by day 7, microspheres of all the compositions were covered with a significant number of cells. Most of the microspheres appeared to be covered with a finite countable number of cells that enveloped the microsphere surface. The majority of the cells covering the spheres showed a flattened morphology. In many cases, cells on different microspheres appeared to bridge across to each other by means of cell processes. Thus, the investigated titanium phosphate glass microspheres clearly supported osteoblastic cell attachment and proliferation on their surface.

*3.11. Cell proliferation assay:* Cell proliferation using the AlamarBlue™ cell proliferation assay was determined over time points of 1, 4 and 7 days on the investigated titanium phosphate glass microspheres (Figure 10). The results revealed that for all the compositions studied, MG63 cells were capable of sustained expansion over the culture period. At day 1, the cell numbers for microspheres of all the compositions were similar to those on the control. On day 4, the Ti-containing phosphate glass microspheres showed comparable cell numbers, while, as expected, that of the mesh insert control was noticeably higher. By day 7, a considerable increase in cell number in comparison with days 1 and 4 was observed for all three compositions, thereby confirming not only the biocompatibility of the investigated microspheres with respect to favourable cell attachment, but also suitability as a substrate that actively supports osteoblastic cell proliferation.

#### **4. Discussion**

The present study is the first to demonstrate the successful production of melt derived phosphate glass microspheres. Several interesting results from this study suggest that the produced glass microspheres possess favourable properties and biocompatibility for use in biomedical applications.

The particle size distribution experiment was carried out to investigate whether the glass composition can affect the size of microspheres obtained from the flame spheroidisation apparatus. The microsphere size was found to be independent of the glass composition; this is a favourable result since it implies that a wider range of microsphere sizes can be

obtained by suitably modifying the flame spheroidisation set up. The present set up yielded microspheres in the size range of ~10–210  $\mu\text{m}$ . At the lower end of this range, particle agglomeration in the feed apparatus and subsequent dispersal of the agglomerates in the flame considerably restricted the number of glass microspheres with sizes of  $<30 \mu\text{m}$ . This problem can possibly be overcome by dispersing the feed particles in a suitable liquid dispersant prior to introduction in the flame. On the other hand, at the upper end of the range, microsphere numbers were limited because the residence time of the particles in the flame was inadequate for achieving complete spheroidisation. This problem can be resolved by generating a flame of greater length and higher temperature to provide a longer residence under hotter conditions. A larger blow torch connected to a gas–oxygen source may be used for this purpose, as has been implemented in several previous glass microsphere studies [33-35]. As such, the flame spheroidisation apparatus used in the present study was found to yield maximum proportion of spherical particles over a size range of 63–105  $\mu\text{m}$ ; as a result, all microsphere-related experiments were conducted using spheres within this size range.

The characterisation studies yielded several sets of closely related results that clearly demonstrate the increased densification of the glass structure with the incorporation of increasing amounts of  $\text{TiO}_2$ , especially from 3 mol% to 5 mol%  $\text{TiO}_2$ . Thus, the increase in density from Ti3 to Ti5 was observed in conjunction with the increase in  $T_g$  and  $T_c$  values in the DTA and the decrease in the degradation rate, pH and ion release. It has already been explained that the increase in structural densification is associated with the formation of  $\text{TiO}_5$  and  $\text{TiO}_6$  units that enter the glass structure to form P–O–Ti bonds; at the same time, more  $Q^1$  units are introduced at the expense of  $Q^2$  units [9]. Between Ti5 and Ti7, however, the differences in degradation, pH and ion release were not as pronounced. It is possible that the addition of 5 mol%  $\text{TiO}_2$  to the glass serves to saturate the glass structure, and any further  $\text{TiO}_2$  that may be added has a reduced effect on the glass network. Any evidence of secondary phases is lacking as these would show evidence of 4- and 5-fold coordination.

The characterisation results are broadly in agreement with those of previous studies on  $\text{TiO}_2$ -containing quaternary phosphate glasses [2, 3, 7-9, 11, 36]. Yet, there are some

important differences that merit further discussion. Differences exist between the DTA profiles of the present study and those obtained in the previous study by Abou Neel et al. [9], particularly in terms of the presence of additional crystallisation or melting peaks. These differences may be dependent on the particle sizes of the samples being analysed. The present study utilised glass microspheres in the size range 63–106  $\mu\text{m}$ , whereas it is probable that powdered samples containing particles of smaller sizes were used for DTA analyses in the previous study. The differences in the particle sizes may have preferentially promoted surface nucleated phases during the course of the experiment.

An important difference is noted between the shape of the degradation profiles in the present study and that in previous studies on  $\text{TiO}_2$ -containing phosphate glass [7-9, 11]. In previous studies, degradation experiments were conducted on glass discs and the results showed either quite linear degradation or higher degradation rates at the beginning of the experiment followed by lower rates as time progresses, leading to an overall plateau-like profile shape. On the other hand, the present study investigated the degradation of spheres and the results revealed an exponential curve. Here, it is worth noting that to the best of our knowledge, the use of a time lapse imaging technique to obtain degradation data for glass microspheres has not been reported previously; thus, this novel technique allows us to understand more accurately how glass microspheres degrade when immersed in a liquid. The degradation profile obtained in the present study has important implications for the development of microsphere-based biomedical applications, since degradation of the microspheres *in vivo* would be considered to follow a similar profile. For equivalent weights of glass microsphere and glass disc samples, the microsphere samples would possess a much larger surface area, which would lead to differences in degradation rates as well as in the local environments of the samples undergoing degradation.

The NMR and XANES results reveal very little change in either the Q speciation or in the Ti coordination in all three compositions. The reason for this lack of change particularly for  $\text{TiO}_2$  contents of 7 mol% is connected to these glasses being in the metaphosphate region [37]. With regard to the XANES results, previous studies have shown that the relative height of



the pre-peak is  $\sim 0.9(1)$  for 4-fold Ti and  $\sim 0.4$  to  $0.7$  for 5-fold Ti [38]. The absence of this sharp pre-edge feature at  $\sim 4970$  eV therefore excludes the possibility of a significant proportion of Ti occupying either a 4- or 5-fold coordinated environment in the investigated compositions.

With regard to the XRD results, the absence of an apatite layer on the surface of the titanium phosphate glass microspheres as revealed by XRD experiments is an interesting and important result. Immersion of the biomaterial under investigation in SBF for specific time periods has been used frequently in previous studies in order to confirm the biocompatibility of the material, but it has also been argued that the lack of apatite-forming ability need not necessarily imply lack of bioactivity [6, 30]. The XRD results in this study are in agreement with those of previous studies on titanium phosphate glasses which have shown the absence of apatite formation on the glass surface upon SBF immersion even as the glasses have demonstrated a high level of bioactivity from both *in vitro* and *in vivo* tests [7-9, 14]. Furthermore, the absence of an apatite layer on the microsphere surface may even have beneficial effects on cell attachment and proliferation on account of the absence of debris formation, which allows the microspheres to offer a stable surface for cell growth. This is an important factor if developing the beads for stem cell scale up as it offers a clean methodology for expansion.

Promising results have been obtained from the cell culture experiments on the titanium phosphate glass microspheres. Both SEM and SLCM images show the attachment and spreading of MG63 osteoblastic cells on the surface of the microspheres by day 7, indicating the favourable biocompatibility of the microspheres. Furthermore, the AlamarBlue<sup>TM</sup> results provide quantitative confirmation of the ability of the microspheres to provide a stable substrate for osteoblastic cell proliferation. The mesh insert control exhibits superior cell proliferation than microspheres of all compositions on day 4 and particularly on day 7, but this is to be expected, as, like tissue culture plastics, the mesh insert has been specifically developed to be highly biocompatible for multiple cell types. Specifically they are specially designed to facilitate high levels of cell attachment, growth and migration. Taking these

factors into consideration, a more suitable control for this study would be commercially available silica glass microspheres of sizes similar to those of the phosphate glass microspheres.

## 5. Conclusions

In summary, this study demonstrates the successful production of titanium phosphate glass microspheres in the size range of approximately 10–200  $\mu\text{m}$  from glasses of compositions  $0.5\text{P}_2\text{O}_5-0.4\text{CaO}-(0.1-x)\text{Na}_2\text{O}-x\text{TiO}_2$  where  $x = 0.03, 0.05$  and  $0.07$  mole fraction. The flame spheroidisation process used for this purpose is inexpensive, efficient and easily scalable, all of which are highly desirable attributes from the viewpoint of developing viable commercial applications. Glass characterisation studies show that increasing the glass  $\text{TiO}_2$  content from 3 mol% to 5 mol% results in significant structural densification but further increase in the  $\text{TiO}_2$  content to 7 mol% does not change the glass properties to the same extent. Cell culture studies reveal that microspheres of all the investigated compositions provide a surface that is conducive to the attachment, growth and proliferation of MG63 cells, with significant increase in cell numbers observed over a 7-day culture period. Considering the relative ease of production of 5 mol%  $\text{TiO}_2$  glass microspheres (particularly in comparison with those containing 7 mol%  $\text{TiO}_2$  in terms of melting time and temperature) and their optimal properties with respect to degradation, ion release and biocompatibility, we plan to use the 5 mol%  $\text{TiO}_2$  microspheres to explore the development of clinical applications in the orthopaedic domain.

Work is now underway on the primary end application of the investigated titanium phosphate glass microspheres as a bioreactor substrate for the scale up and possible guided differentiation of human mesenchymal stem cells (hMSCs). Bioreactors offer dynamic 3D *in vitro* environments that can closely mimic *in vivo* conditions and are therefore an important tool not only for the *in vitro* growth of tissue substitutes, which is indeed the goal of all tissue engineering approaches, but also for researching the responses of cells and tissues to various stimuli of mechanical and biochemical origin. It is envisaged that two types of bioreactors might be used in order to develop viable bone tissue from hMSCs. Initial cell

growth will be carried out in spinner flasks, after which it will be necessary to further culture the cells in perfusion bioreactor systems in order to ensure proper tissue growth and encourage cell differentiation. It is anticipated that the end product of these approaches will be the development of viable small-sized bone tissue that can be used for the treatment of bone loss caused by congenital abnormalities, traumatic injuries or disease.

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Figure 1  
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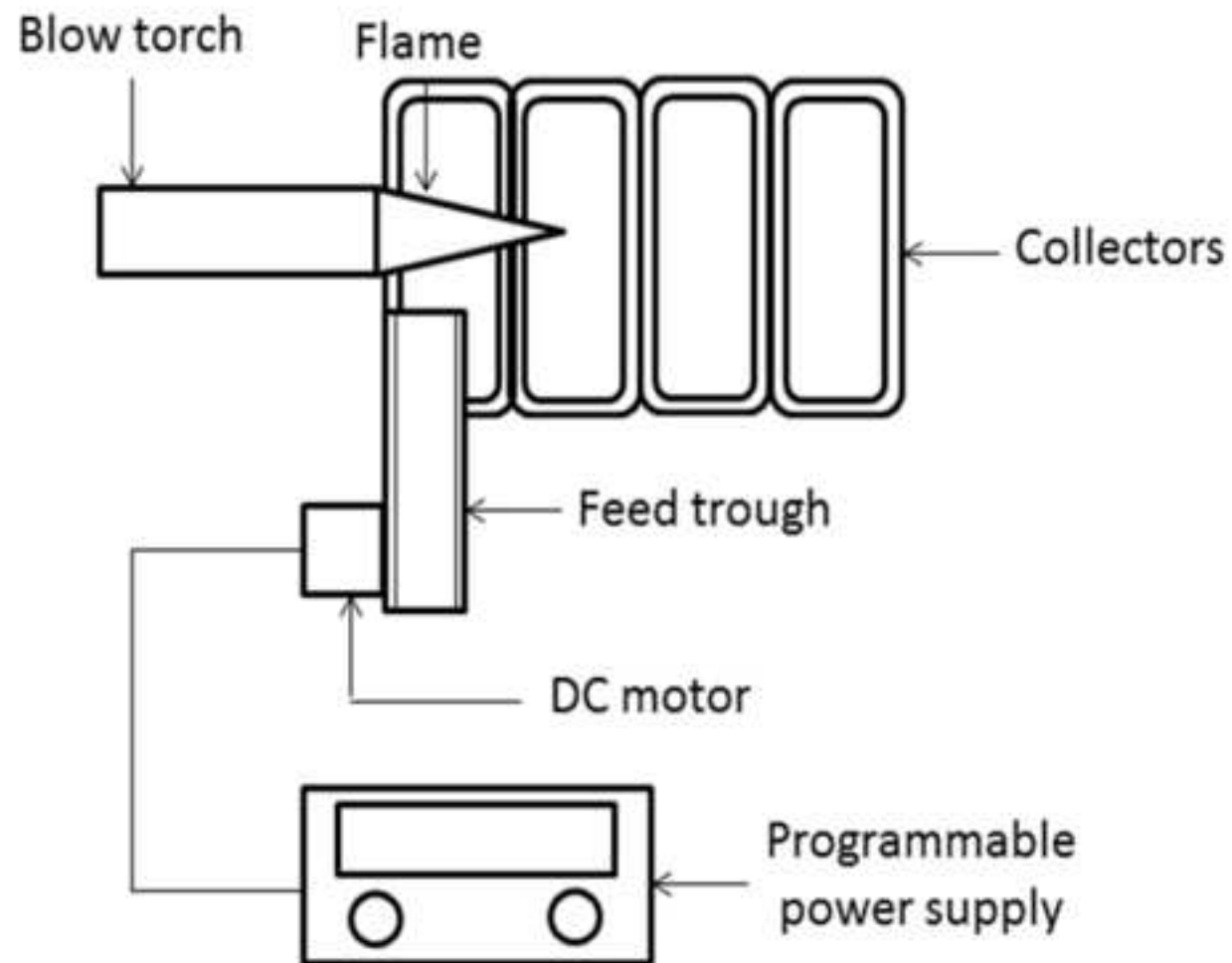


Figure 1: Schematic diagram of flame spheroidisation apparatus

Figure 2  
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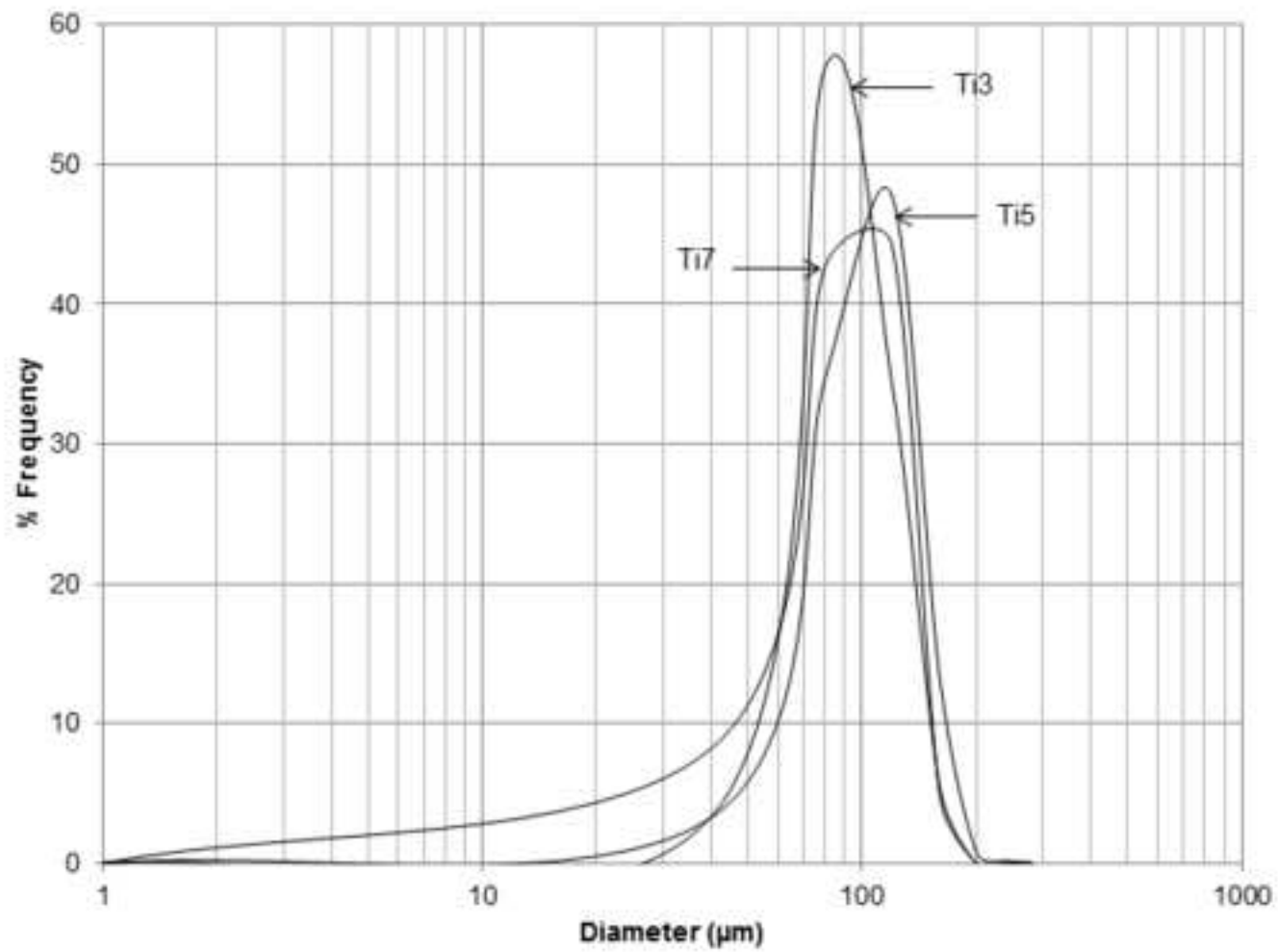


Figure 2: Particle size distribution of microspheres obtained from the investigated glass compositions

Figure 3  
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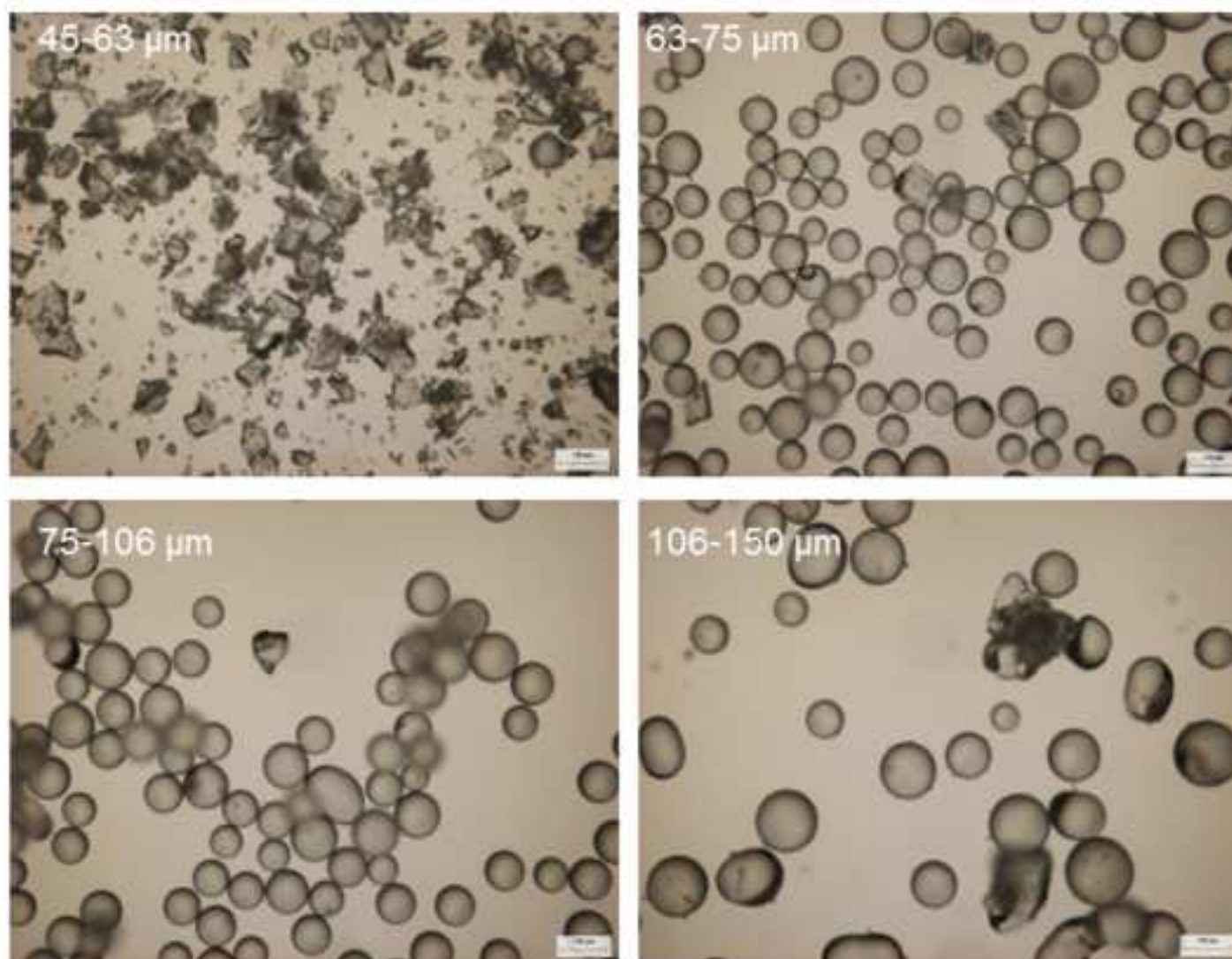


Figure 3: Light microscopy images of Ti7 microspheres for different size ranges



Figure 4  
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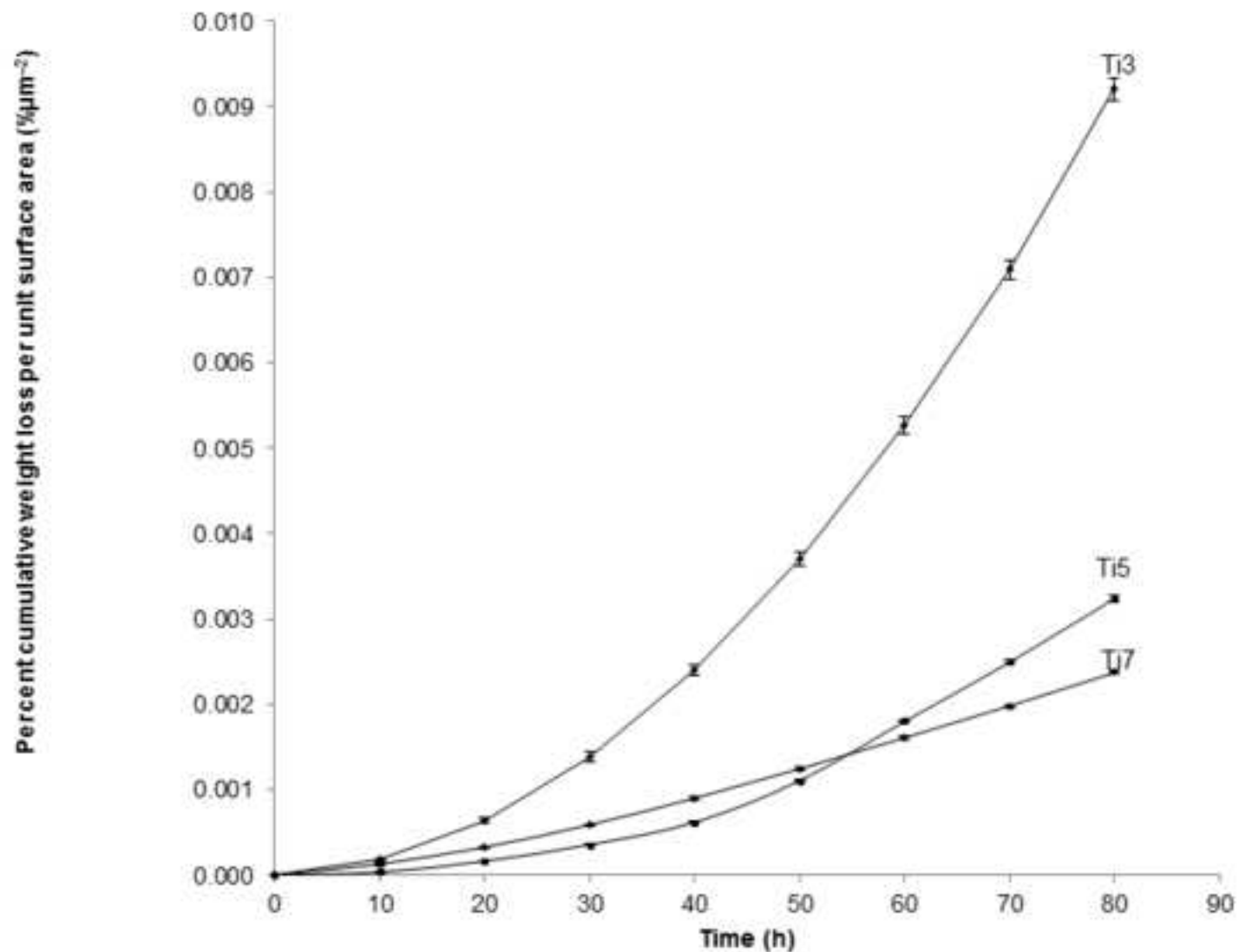


Figure 4: Degradation presented as percent cumulative weight loss per unit surface area ( $\% \mu\text{m}^{-2}$ ) as a function of time for the investigated titanium phosphate glass microspheres

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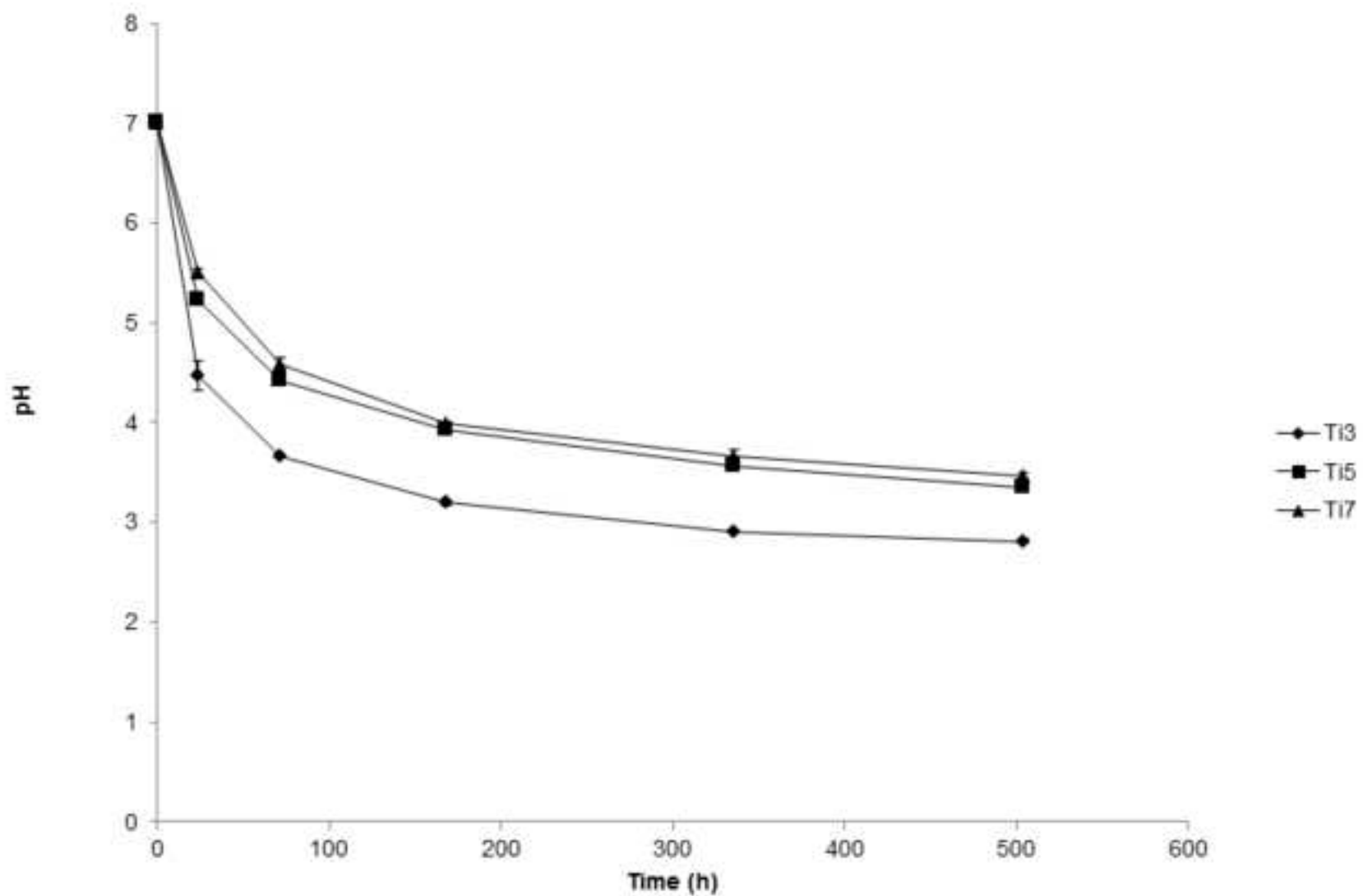


Figure 5: Variation in pH for microsphere samples immersed in deionised water as a function of time

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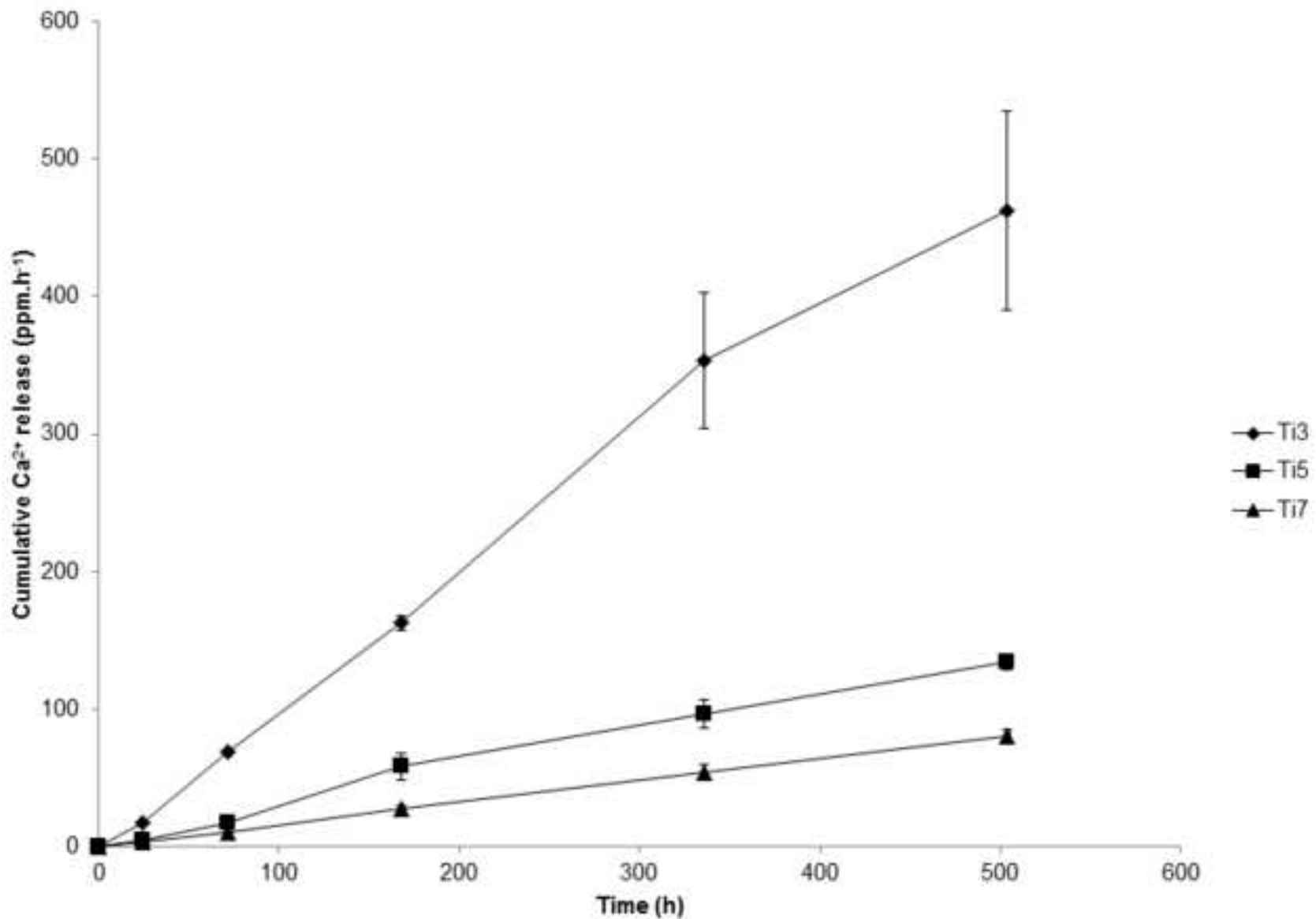


Figure 6: Cumulative release (ppm) of Ca<sup>2+</sup> ions as a function of time for phosphate glass microspheres with different titanium contents

Figure 7  
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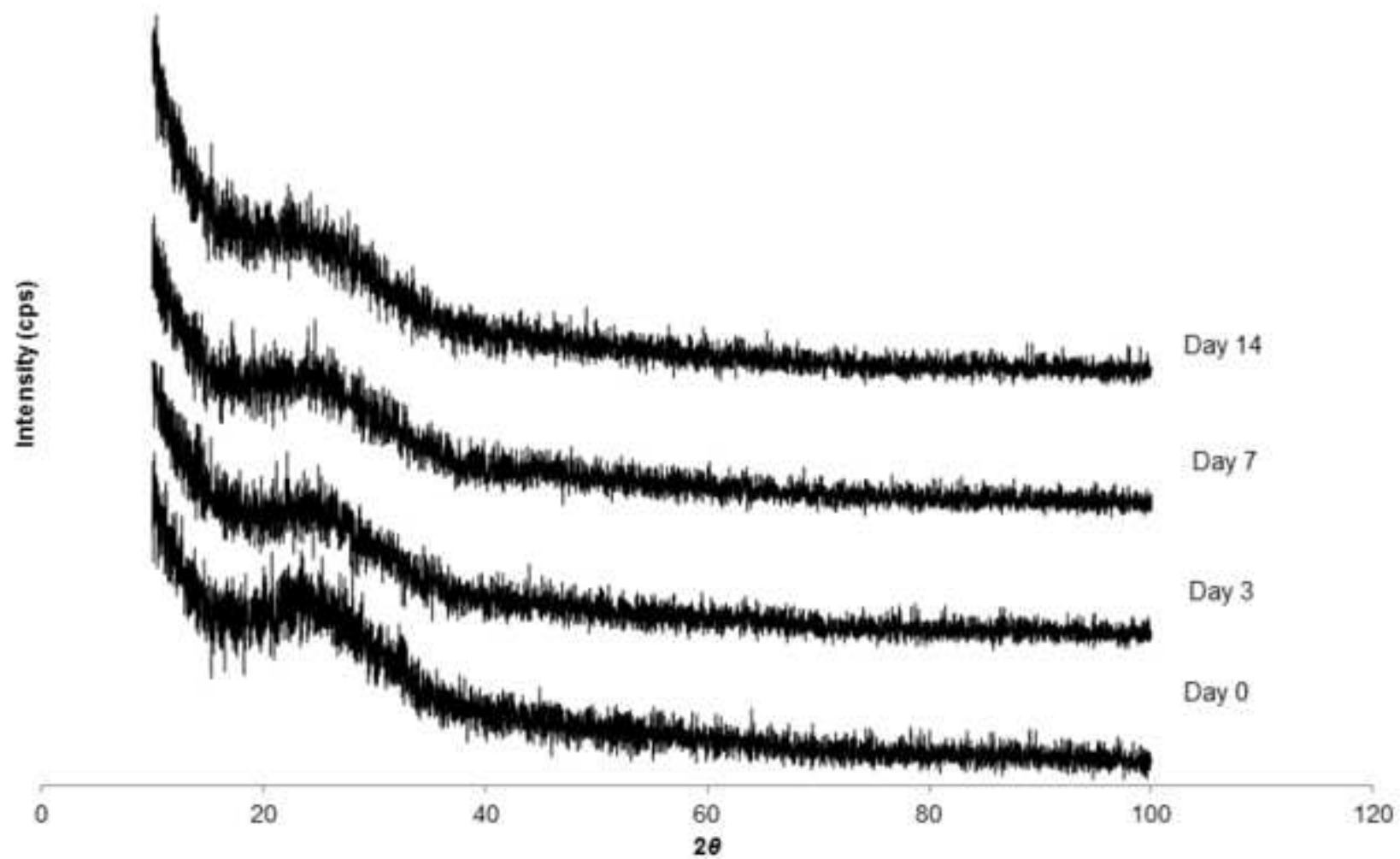


Figure 7: XRD patterns obtained for Ti5 microspheres when soaked in SBF for various periods

Figure 8

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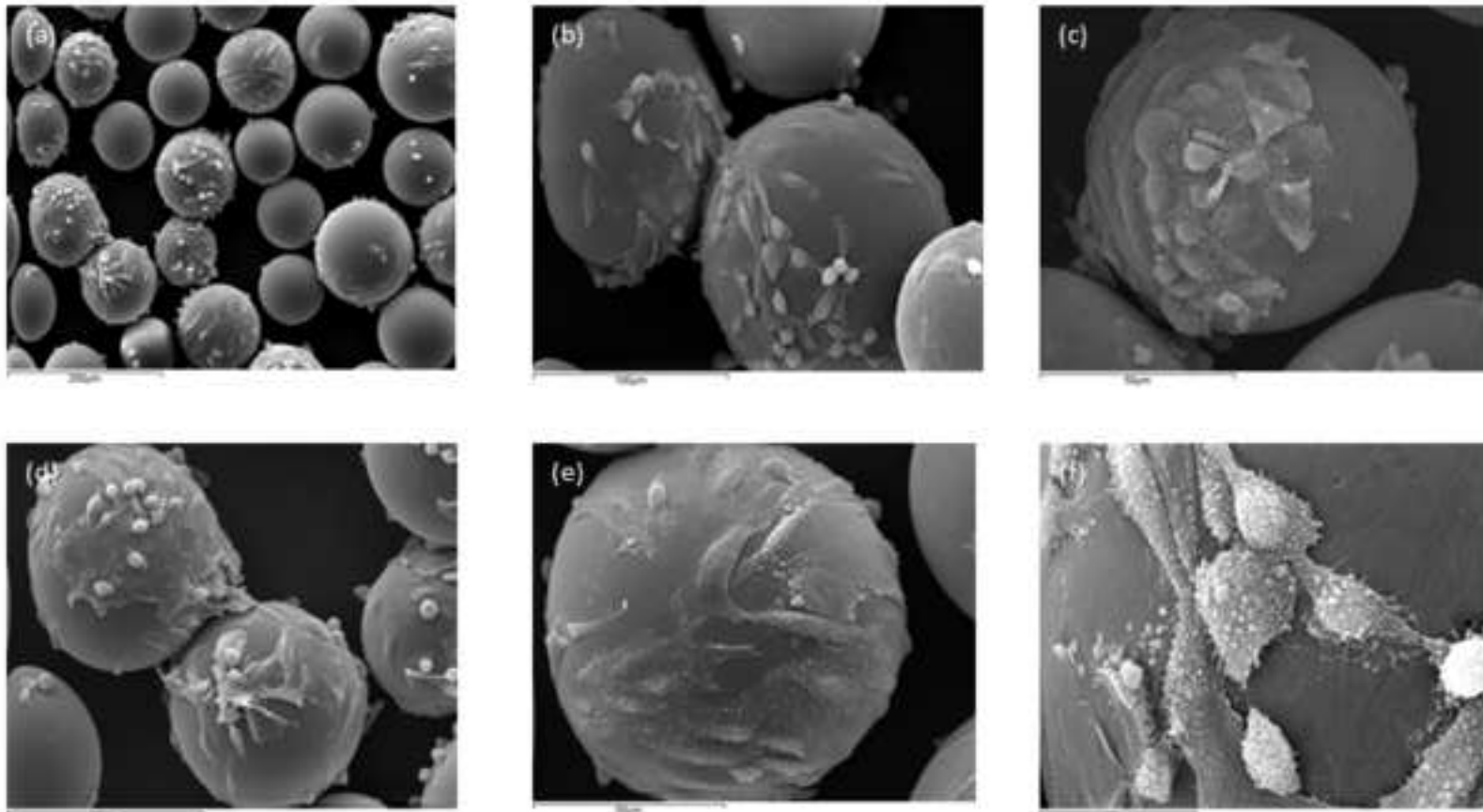


Figure 8: SEM images of titanium phosphate glass microspheres cultured with MG63 cells at day 7. (a) Ti3 microspheres; (b, c) Ti7 microspheres; (d-f) Ti5 microspheres.

Figure 9

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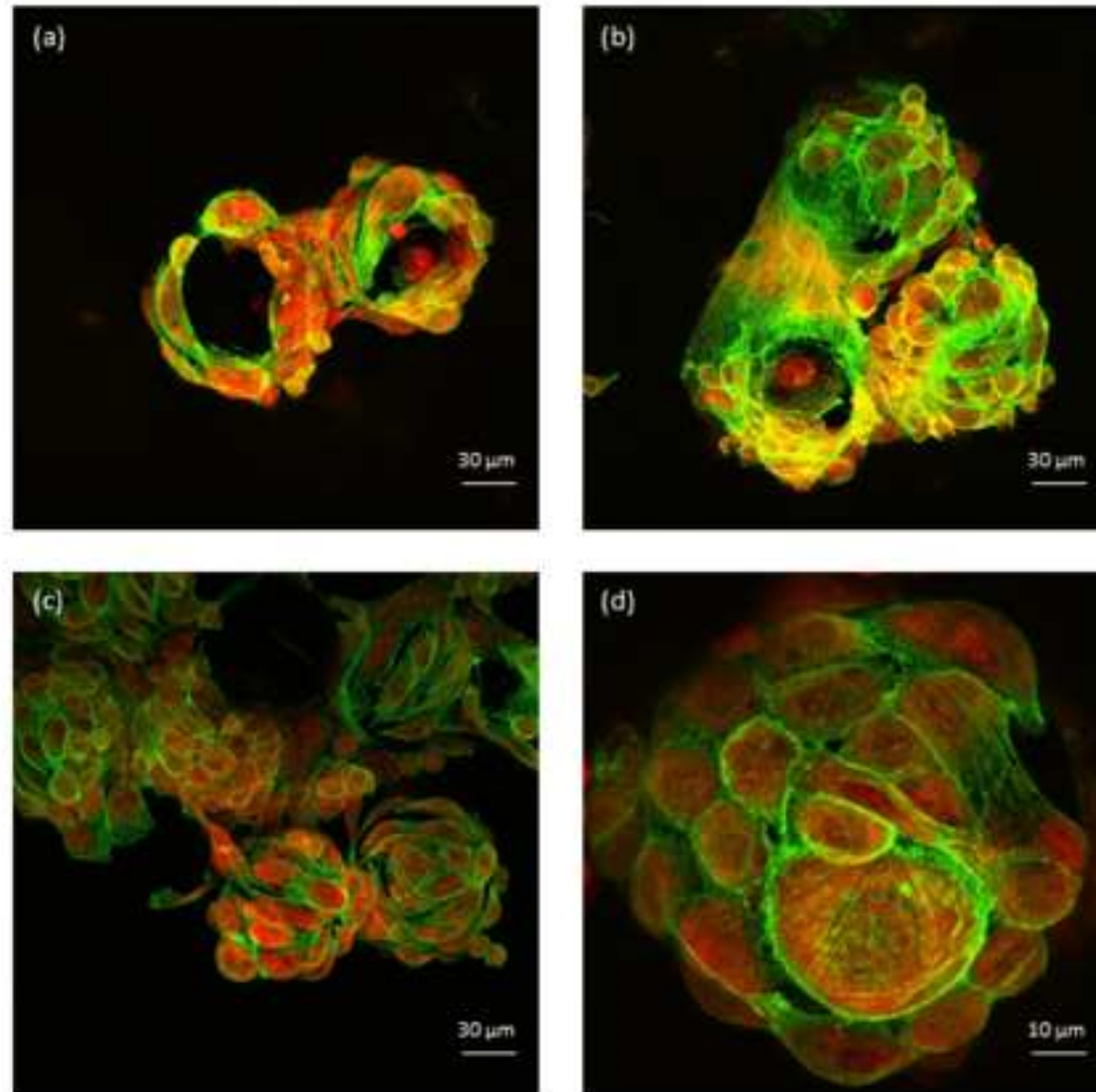


Figure 9: SLCM images of microspheres of MG63 cells attached to the investigated microspheres at 7 days post culture. (a) Ti3 microspheres, (b) Ti7 microspheres (c,d) Ti5 microspheres.

Figure 10

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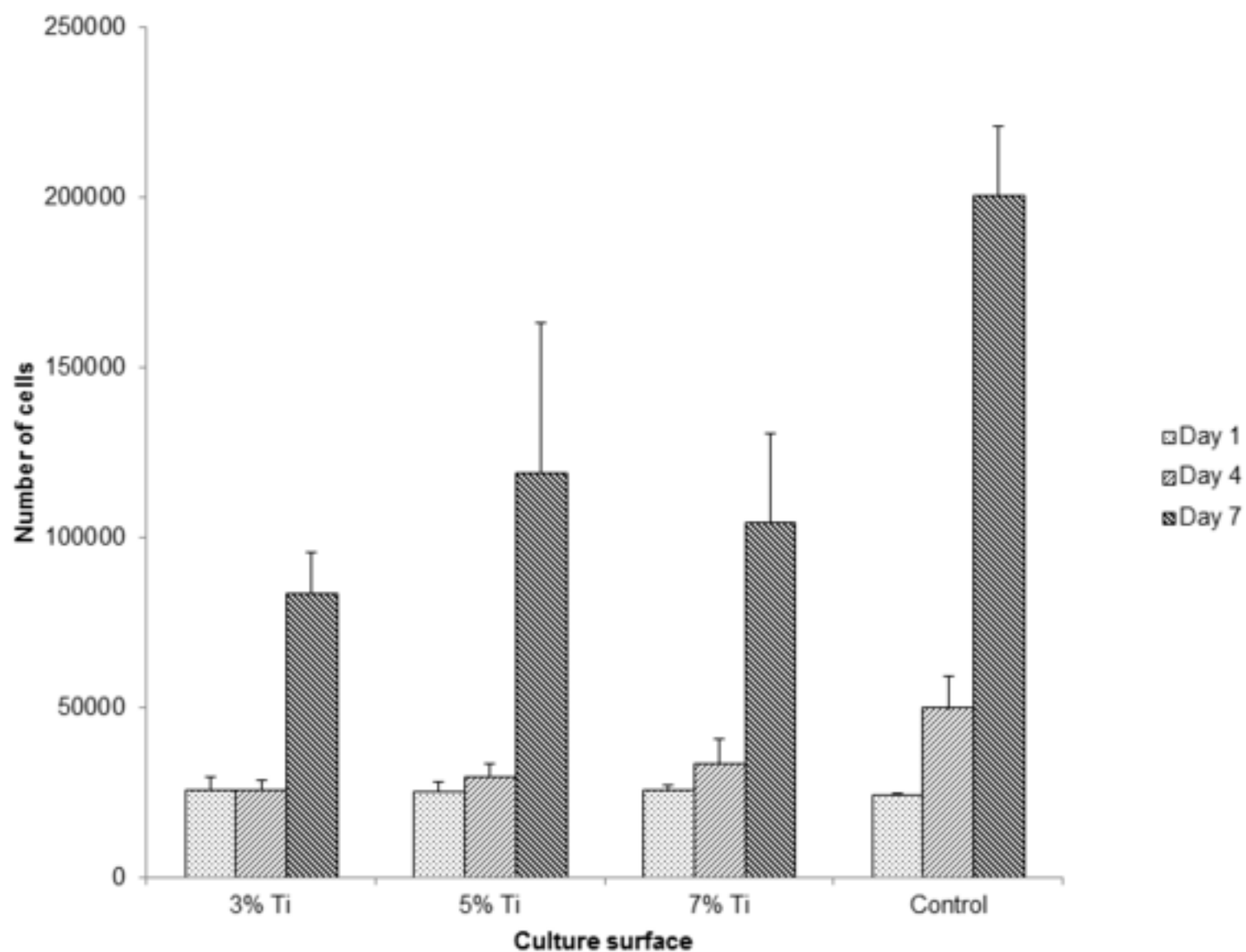


Figure 10: Results of AlamarBlue™ assay carried out for MG63 cells cultured on Ti3, Ti5 and Ti7 glass microspheres over time points of 1, 4 and 7 days.

Table 1

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Table 1

Glass code	Glass composition (mol%)				Melting temperature (°C)	Melting time (h)	Density (g.cm <sup>-3</sup> )	T <sub>g</sub> (° C)	T <sub>c</sub> (° C)	T <sub>m</sub> (° C)	Q <sup>1*</sup> chemical shift (ppm)	Q <sup>2</sup> chemical shift (ppm)	Q <sup>1**</sup> (%)	Q <sup>2</sup> (%)
	P <sub>2</sub> O <sub>5</sub>	CaO	Na <sub>2</sub> O	TiO <sub>2</sub>										
Ti3	50	40	7	3	1300	3	2.635 ± 0.004	489	689	878	-9.4	-26.3	0.3	99.7
Ti5	50	40	5	5	1300	3	2.653 ± 0.001	510	720	904	-9.6	-26.5	0.5	99.5
Ti7	50	40	3	7	1350	5.5	2.671 ± 0.002	529	739	905	-10.1	-26.8	1.1	98.9

\* Errors in Q<sup>1</sup> and Q<sup>2</sup> chemical shifts are 0.5 ppm for all compositions

\*\* Errors in Q<sup>1</sup> and Q<sup>2</sup> percentage values are 1% for all compositions



Table 2

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Table 2

Glass code		Ti3	Ti5	Ti7
Anion (ppm.h <sup>-1</sup> )	PO <sub>4</sub> <sup>3-</sup>	37.921	5.2563	3.6023
	P <sub>3</sub> O <sub>9</sub> <sup>3-</sup>	46.864	13.304	7.4739
	P <sub>2</sub> O <sub>7</sub> <sup>4-</sup>	15.084	3.2237	2.2045
	P <sub>3</sub> O <sub>10</sub> <sup>5-</sup>	18.761	8.1531	5.5788
Cation (ppm.h <sup>-1</sup> )	Ca <sup>2+</sup>	45.778	15.202	7.462
	Na <sup>+</sup>	15.571	1.9666	0.772